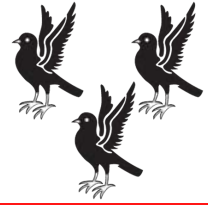




THE MERLE

NOTTINGHAM HIGH SENIOR SCHOOL NEWSLETTER



20 JANUARY 2023 - ISSUE 27

A THROWBACK TO NOTTINGHAM HIGH SCHOOL IN THE SNOW IN 2009



A MESSAGE FROM THE HEAD

Dear Parents,

If it not too late a Happy New Year to you all. I hope that you all had an excellent Christmas break and that 2023 proves to be a positive and healthy year for you. The new term has started well and particular thanks to Year 13 who came back to their mock exams for their work and positive attitude.

The School term started with the staff INSET day. In this we spent some time going through the results of our staff survey, this together with the surveys you as parents have completed as well as those filled in by our students have been a rich source of good ideas that we will feed into our next strategic development plan.

We were then visited for the day by the Independent Schools Inspectorate. They are in the process of drafting the next framework for school inspections and they chose us to come to in order to road test some of their thinking and proposed practices. It gave us an excellent opportunity to help shape the future of school inspection.

I hope that some of you will help support our student leadership team in their forthcoming Quiz night. Each year our student leaders choose a charity for the School to support and this event is designed to help them raise funds for this. Further details can be found below.

I have an exciting weekend ahead. As many of you know I am a huge Arsenal fan and am very much enjoying their current league table position. This weekend I am travelling down to the Emirates Stadium for a rare visit as the guest of the Head of Hampton School who also supports Arsenal. Strangely we are both called Kevin too! I am so looking forward one day to delivering an assembly based around Arsenal winning the league but we have to get there first! It has been a long wait. Before that I am looking forward to taking in some of the hockey on Saturday at Highfields and I wish the hockey and netball teams all the best for the coming term.

This weekend also sees our annual entrance exam. Thank you for all the recommendations that you give that encourages families to apply for the High School. We look forward to welcoming all of our visitors and to meeting the next generation of High School pupils. Mr Gillett and I have also been interviewing potential new Sixth Form students over the past fortnight and we are delighted to be offering places to many really bright and talented students.

WHAT'S INSIDE

[click on the links below](#)

[DATES FOR YOUR DIARY](#)

[page 2](#)

[YEAR GROUP UPDATES](#)

[page 3](#)

[FEATURE ARTICLE](#)

[page 4](#)

[SCHOOL NEWS & GALLERY](#)

[page 5 - 7](#)

[SPORTS HIGHLIGHTS](#)

[page 8](#)

[CAREERS UPDATE](#)

[page 9](#)

[HEALTH & WELLBEING NEWS](#)

[page 10](#)

[SUPPORT AND ADVICE](#)

[page 11](#)

[PARENT NOTICES](#)

[page 12](#)

[FEATURED VIDEO](#)

[page 13](#)

DATES FOR YOUR DIARY

Monday	Tuesday	Wednesday	Thursday	Friday
				20 TODAY
23 MUSIC WORKSHOP: MARK BIGGINS BAAO ASTRONOMICAL OLYMPIAD	24 PRO CORDA QUALIFYING ROUND Y9 HOLOCAUST DAY Y13 PARENTS EVE MATHS - BMO ROUND 2	25 GREAT DEBATE (4-6)	26 RAF FLYING DRAMA IGCSE SCRIPTED PERFORMANCE A LEVEL MUSIC MOCK RECITAL CHEMISTRY OLYMPIAD	27 MUSIC WORKSHOP: DALCROZE POLITICS TALK: LILIAN GREENWOOD
30 ENTRANCE INTERVIEWS BEGIN HOUSE CLIMBING PHYSICS: BPHO ROUND 2	31	1 LGBTQ+ HISTORY MONTH BEGINS CAREERS 10x CHALLENGE BEGINS Y9 & 10 PRODUCTION Y9 OPERA DAY	2 IJS SPRING CONCERT FOOD: FINAL Y11 PRACTICAL EXAM Y9 & 10 PRODUCTION	3 MUSIC: JAZZ & MEXICAN NIGHT DRAMA: KS3 WORKSHOP
6 MUSIC: PARENTS' EVE MUSIC: BIG/SWING BAND WORKSHOP	7 ART: Y7 WORKSHOP Y12 COMPUTING TRIP	8	9	10 POLITICS TRIP TO WESTMINSTER
13	14	15 HALF TERM	16	17
				
SUPPORT STAFF ARE AVAILABLE TO CONTACT				

Please see our School Website for the most up to date information via our online calendar [here](#)

Term Dates 2022/23

The term dates for 2022/2023 are live on our website and you can view them [here](#).

Sports Fixtures and Results

You can access all the latest sports information, including team information, on the [sports website](#)

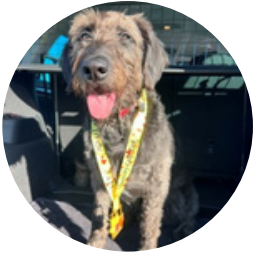
YEAR GROUP UPDATES

Head of Year 7 - Mrs Hollie Neale

Year 7 have started a new rotation of PSHE lessons this half-term which includes:

- Family life
- Challenging stereotypes
- Age and disability discrimination
- Saving, spending and budgeting money
- Making ethical financial decisions.

They seem very engaged so far and have been asking lots of interesting questions. Mrs Andrews and the PSHE group led an assembly on Monday on Blue Monday and changed it to Brew Monday. Year 7 enjoyed taking full advantage of the free cups of tea at breaktime and chatting with their peers. They also had an assembly from me on two dogs called Spitfire and Reggie and I asked them to think about lessons we could learn from them including not worrying about not being the best at something and instead focusing on giving it 100% effort and do the things you enjoy. Do ask them about the 2 dogs as they both have very exciting lives and stories!



Head of Year 8 - Dr Matthew Lakin

The Year 8s have made a purposeful return to school this term. Miss Davis and I are impressed as ever by their enthusiasm and determination, and it has been great to follow their many achievements in and out of the classroom. This term we are continuing our programme to help students develop their reading skills and enjoyment, ensuring that form times are better protected for reading. Students are then able to discuss the text, plot and characters in more detail because they understand the whole story, rather than just a small part of it. So far, Year 8 have enjoyed assemblies on the importance of focus (and the reasons why we increasingly lose it), and on 'Blue Monday'.



Head of Year 9 - Mr Simon Barr Smith

The Year 9s have settled back into school following the winter break. They have all now started their co-curricular activities and have made an excellent start. They have impressed the various members of staff who lead on them. We hope they continue to participate with the same enthusiasm as the year goes on. We would also like to congratulate the U14A Hockey team for their participation in the County Cup, they came second on goal difference, which means they have qualified for The Regional Competition. This is a superb effort and we wish them the best of luck. Well done to: Roman, Om, Isaac, Charlie, Charles, Lucas, Oren, James, Max, Kieran, Jay, Arush, Ben, Nathan and Gautham.



Head of Year 10 - Mr Paul Allison

Year 10 returned after their Christmas break refreshed and ready for the demands of the Spring term. It has been nice to hear how the students enjoyed the family time and a period of rest away from school. Equally pleasing are the favourable comments made by staff regarding individual students success in many subject areas on their return.

Mathematics – Nabil Z – Impressive performance in class

Spanish – Mariam A – Excellent Progress in class

German – Harry S, Elyssa B, Anna R – Excellent presentation on Christmas in Germany

Physical Education – Robin K, Sasmeet S – Excellent work in HRF

Hockey – Noah G – Man of the match performance and scoring 2 goals

DofE – Sam G, Henna Q, Sanvi S – Excellent progress in their Silver DofE award

Congratulations to the Year 10 rugby team that made it to the area final of the RFU plate competition. The Year 10 ambassador scheme is providing students with leadership experience and a new group of students are about to start work at Lovell House, supervising break time and organising games during play.



Head of Year 11-13 - Mr David Gillett

Year 11 are starting a new topic in PSHE from Monday on Personal Finance. We will look at PAYE, Tax and National Insurance and how to read a payslip. Other areas we will look at include budgeting, managing debt, financial risk and security and looking at the future of money management using AI technology.

Congratulations to Year 13 on completing their mock exams, it was great to share your results breakfast with you on Thursday. We have had some significant achievements to celebrate in Year 12 and 13. Coy has achieved a top Gold in the Physics Olympiad, Rui has played ice hockey for the Steel Dogs, Tom has made his debut for the Leicester Tigers Rugby Academy, Ruth has had further success with her international figure skating and Charlie has secured sponsorship from Typhoon for his sailing. 'Next steps' has been launched with Year 12, they have had advice on UCAS course choice and a session on apprenticeships and alternative routes.



RUGBY SUCCESS AT NOTTINGHAM HIGH SCHOOL



BY MR HAMILTON, DIRECTOR OF RUGBY

Nottingham High School's rugby programme is developing a promising standing across the county, region and beyond. The school's reputation for excellence extends to the sports field, and the Developmental Rugby Programme is no exception. The past 5 years of the programme has been hailed as a huge success by coaches and pupils alike. Students of all ages have access to the program and the opportunity to learn and improve their Rugby skills. In addition, the program provides the perfect platform to foster team spirit, fitness and camaraderie.

The development programme continues to expand and has seen an increase in numbers in the past two years. It is encouraging more students to take on new challenges, teaching key rugby skills and showing good sportsmanship on and off the field.

Last season, the U18 team went on to win the National Bowl at the Stone X stadium. However, even though that success wasn't able to be replicated due to a narrow loss in the Last 16. There have been many individual success stories that have taken part across the school.

Tom T has been selected to take part in the U18 England Development Programme, which aims to provide him with the bases to move forward into the England U18 age group.



Alongside this, he is currently representing Leicester Tigers in their U18 league and is also Captain of the Leicester Tigers U17 team. This is an exceptional feat for Tom, as he only turned 16 in July and so is almost 2 years younger than people he is playing against. The next success story goes to Bailey M and Oli M, who both recently competed in the U18 County Championship for the Notts, Lincs, and Derbys region. Both the students played in all the games for the county culminating in Bailey being selected for the RFU Midlands U18 development squad. With this comes the chance to potentially gain an England Cap for the England Counties programme, this programme is the equivalent to the programme that Tom T is on but for non-professional team players. Oli M whilst not gaining entry to the RFU Midlands, has been selected to play for the Midlands Independent School Lambs, this programme is exclusively for the best Independent School players. As with Tom and Bailey, Oli has an opportunity to gain an international cap.

Outside of the school, we are now seeing the fruits of our labour as we have had two huge successes in recent weeks with our Old Nottinghamians. ON Alex Lewington, recently won his 100th Cap for Saracens, this is a huge feat for Alex, as this is the second time he has done this at a club, (previously London Irish). Secondly, ON Emeka Illione, after a hugely successfully year in 2022, where he captained England U20's, he has recently put in a string of performances for the Leicester Tigers' first team. He is a huge credit and an example to all the pupils at Nottingham High School.



Mr Hamilton, Director of Rugby says "We are so lucky that so many students want to take part in the programme at Nottingham High. The number of students that frequent the field is a reflection on the coaches and staff that take them. Our ultimate aim is to get students to enjoy rugby and we are proud of each individual, regardless of the standard of rugby they play. Whether you (the student) move on to the higher echelons of the game or continue to play for fun and enjoyment, we look forward to hearing what you've been up to when you come back to Valley Road."

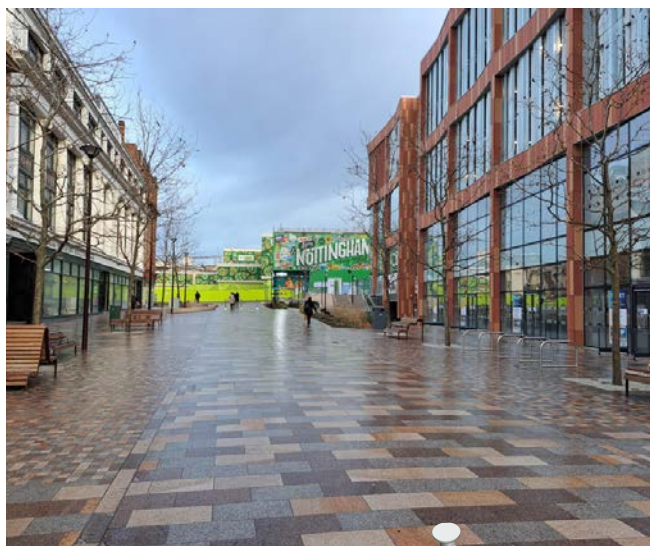
SCHOOL NEWS

Yearbook 2021/22

We are delighted to share the Senior School Yearbook for 2021/22, please take time to reflect on the last academic year [HERE](#). We know how important the environment is to our school community and so this year we have opted for a much smaller print run to prevent waste. Whilst we do encourage our community to think about their carbon footprint, we appreciate that a printed Yearbook can hold sentimental value - if you would like a printed copy of the Yearbook, please get in touch by emailing marketing@nottinghamhigh.co.uk.

Concert Band Win Gold!

A massive well done to our fabulous Concert Band. They competed in the National Concert Band Festival on Sunday 15th January and achieved a Gold award, as well as securing a place in the Finals in April at the Royal Northern College of Music. Thanks to Mr Pepper too for coaching them for the event.



Y10 Geography Fieldwork

The Year 10 Geography students have recently completed their urban studies fieldwork. The half day excursion involved them completing a transect across the city collecting data on land use, building height and the local environment. Finally students spread out across the city and counted the number of pedestrians before enjoying a well earned lunch. The weather although cold was pretty good for the time of year. The students are now well underway with writing up their project and analysing the data they have collected. Well done to all those that took part and I look forward to hearing about your findings.

Sports Nutrition Session

The Food and Nutrition department joined up with the senior netballers on Thursday 12th January using part of the training session to explore good food to help improve sports performance. Team members made a 'Fruity Yoghurt Bar' which is a very healthy version of flap jack, rich in carbohydrate, fibre, protein & calcium. Students examined the nutritional content and discussed the benefits of being well fuelled and hydrated before matches for optimum performance. Students calculated how many calories are generally burned during a match and what type of food is good to eat pre and post-match.



NTU Christmas Performance

Congratulations to Evan A-Y who sang the solo for Walking in the Air with the NTU Orchestra in their Christmas Extravaganza concert at the end of last term. Evan auditioned for the role against several other singers, and sang brilliantly, accompanied by the University Orchestra. Take a look at Evan's performance [here](#) or scroll down to [video of the week!](#)

SCHOOL NEWS

Christmas Concert

Thank you to all the students in the Chamber Choir, Lower School Choir and Upper School Choirs who took part in the Carol Service at the end of last term at St. Mary's church. You sang your hearts out, and were very ably accompanied by the Brass group. It was a lovely evening of music and thoroughly enjoyed by the audience, many of whom stayed around afterwards to catch up over a mulled wine and mince pie. The photos for the Carol Service can be viewed by clicking on this [link](#).



Computer Science

We've been very busy with lots of exciting competitions in Computer Science. In December we had 10 students take part in the British algorithmic Olympiad, and we recently found out that Freddie M has got through to final. Well done Freddie! We then had around 15 students participating in the British Informatics Olympiad which is an advanced programming challenge. Results are expected any day soon. This week we've had more students than ever taking part in round two of BEBRAS - otherwise known as the Oxford University Computing Challenge. We wish all of our students, the best of luck with their results!

Dear Parents,

SLT Charity Quiz Night

Do you know which country's flag is the only one to have five horizontal stripes? Or do you know what the most popular girls name was in 2021? Or what the old name for a Snickers bar is? Think you do? Come and put your quiz skills to the test to see if you can be crowned winner of the Nottingham High School Charity Quiz! (or winner of infamous wooden spoon!) It is an evening promised to be full of smiles, laughs and friendly rivalries.

Find some friends and come along in teams of 6-8. Tickets are available on Wisepay (link to Wisepay) at £12.50 including delicious nachos and chilli (vegan + gf options available). We will also be running a cash bar and raffle - remember any money raised will go to our fantastic two school charities Base 51 and First Steps so dig deep.

Get your tickets now to secure an evening of entertainment you don't want to miss out on.

Many thanks,
The Student Leadership Team

QUIZ NIGHT

NHS QUIZ NIGHT

FRIDAY 27 JAN

NHS DOORS OPEN AT 19:00

FOOD
CHILLI, RICE, AND NACHOS

CASH BAR

RAFFLE

TEAMS OF 6-8
£12.50 EACH
TICKETS ON WISEPAY

All proceeds go towards our school charities:

BASE 51 **First Steps**

NIGHT

SCHOOL NEWS

Sports Kit and Second Hand Sales

Wednesday 8th February 2023, 4.00pm to 6.00pm

We are opening for parents and students to come in to Nottingham High School to try on and purchase new and second hand sports kit items. Second hand uniform items will also be available to try on and purchase. Payments will be accepted on the day in cash or, preferably by card.

Donations for the second hand stocks are accepted all year round through the Student Services Office. All proceeds go towards our School Bursary scheme.

For queries, please contact operations@nottinghamhigh.co.uk



Catering News

Congratulations to our Catering Team for another successful Environmental Health visit and retention of five stars for Food Hygiene at Valley Road. The team provide on average around 150 meals each Saturday plus a range of cakes and sandwiches for parents and visitors. This recognition of the teams hard work and diligence is much appreciated!


Shoebox Appeal

We were delighted to receive a letter of thanks following our Shoebox Appeal! Thank you to all Students and Parents who helped along the way.


Charity Work

Hukam S, Year 9, has been working hard to help his family launch a charity to raise money and awareness for those with Parkinson's disease, in memory of his Grandad.

Hukam has been designing and building the website for the charity in his own time and it looks fantastic! Take a look and show your support [here](#).



sewaday.org
eastmidlands@sewaday.org
Charity No: 1146848



communitiesworkingtogether@gmail.com

2nd January 2023

Thank you for supporting our Shoebox Appeal!

Dear staff, parents and children at Nottingham High Year 8,

We hope this letter finds you safe and well.


We would like to offer you our sincere thanks for your support for our shoebox appeal. Because of your generosity, the teams at Sewa Day Nottingham and Communities Working Together were able to distribute more than 1200 shoeboxes. These shoeboxes full of gifts were given to vulnerable members of our community who otherwise might not have had much this Christmas. We've had some lovely feedback and we know that the shoeboxes were really appreciated by their recipients.

In total, more than 100 volunteers helped to collect, wrap, pack and distribute the shoeboxes. On 11th December, many of these volunteers came together to sort and pack the gifts at Edwalton Church Hall. This event received plenty of media attention and we were featured on BBC East Midlands and Notts TV. Former England cricketer Graeme Swann came along to boost morale and help us pack the shoeboxes! An article about the impact of the project is available on the [West Bridgford Wire](#).

None of this would have been possible without the support of members of the community like yourselves. Together we have made a huge difference to those in need. We are planning to run this appeal again next Christmas and we hope that you will consider supporting us again. For updates please follow us on Facebook: [Christmas Gifts in a Shoebox](#).

Thank you for helping us to make a difference.

Yours sincerely,



Hetvi Parekh (on behalf of the whole volunteer team)

SCHOOL NEWS GALLERY



Concert Band



Concert Band



Y9 try out the new kayaks



Y7 Netball get off to a great start



Last year's A Level Students return to collect their certificates



1st XI won their first away match!



Olympiad success for Freddie



White's House winning badminton team



The Player Hall in 1936



Y7 drawing practise



Bike maintenance at AT Club



Y8 Netball team work hard in the gym



Students win first prize at the North of England STEM Challenge.

SPORTS HIGHLIGHTS

Senior Football Success

The Sixth Form football team travelled north to Joseph Whitaker school for their first fixture of the season to take on the county cup quarter finalists and came away with a hard fought 6-2 victory.

After a closely contested first 10 minutes where the opponents had a plethora of corners and chances, we took the lead with a flowing counter attack. After that, the team never really looked back, going into the half time break with a 4-2 lead. The second half was competitive, but a hard-working defensive unit marshalled by Lamb and McKenna took the team home.

Player of the match was awarded to Vergari who scored a hat-trick and provided 1 assist, but notable performances also came from Cheeseman (2 goals, 2 assists) and Slater (3 assists). Special mention also must be given to captain and vice-captain Mellors and Richardson who worked effectively as a midfield pair. The other goal was scored by Morledge.



City Cross Country Championships - Wollaton Park

Fifty two students from years 7 to 11 competed in the Nottingham City Cross Country Championships at Wollaton Park. Twelve students have qualified for the County Schools Cross Country in February by finishing in the top 10 in their age group race.

Individual Winners

Helena C – Year 7 Girls

Sofia C – Year 8 Girls

Katie G – Year 11 Girls

Team Winners – City Champions

Year 7 Girls

Year 7 Boys

Year 8/9 Girls

Year 8/9 Boys

Year 7 Girls:

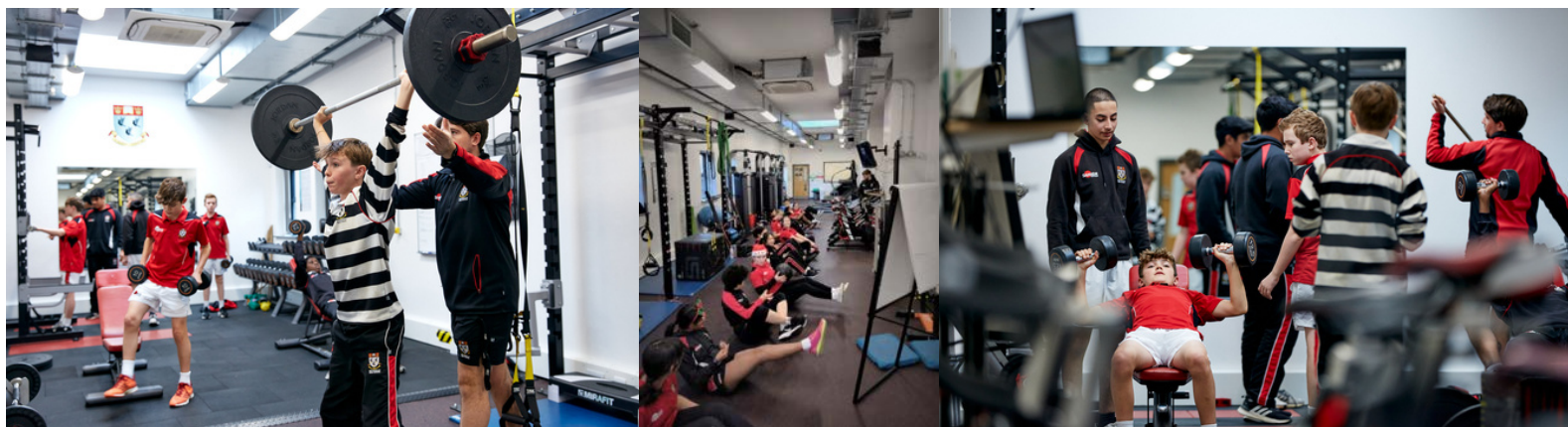
Gold–Helena C, Silver-Cora FD, Bronze – Charlotte S

News from the Fitness Suite

We have begun early preparation for the two sports tours going out this summer, and bespoke strength and conditioning (S&C) programmes for both netball and rugby have been created.

Netballers currently have S&C support during their Games and after-school training sessions, and we are looking at progressing through a range of jumps, hops and landing exercises, as well as developing whole-body strength. There is a particular focus on strength around the ankle and knees through single-leg exercises such as the split squat.

Although the school rugby season has finished, many students are still competing at club level, whilst some have transitioned to school hockey. We therefore have a few different S&C training programmes being completed at the minute to support both sports.



CAREERS UPDATE

It's been exciting to hear from so many students about their forthcoming work experience placements.

Congratulations to everyone who has already secured the chance to explore a career or industry of interest during 2023.

For those thinking about which subjects they like and where they might lead, this report (click on the right hand photo) will be of interest. The last page includes links to further reading - plenty to keep you busy during the long winter evenings and to help inform your future plans!

Do get in touch if you have any questions,
Rebecca Auterson



The latest summary of what graduates are doing 15 months after completing their degree - well worth a read!

Easter Work Experience

Free online options:



Many firms are using their online courses as a starting point for applications. Congratulations to Krrish, Will and Manav in Year 12 who have successfully completed a demanding JP Morgan course (on The Forage) and have secured summer placements as a result!

University or...?

Year 12 heard from Henry Ellis (ON 2006-13) about joining KPMG as a trainee accountant after A-levels and how this kick-started a successful career.

With recent changes to student loans, degree debt typically around £50k and the lifetime earnings advantage of just over £100k for graduates, it makes sense to explore all the options.

[Click the logos for more information](#)



Want to help ITV solve some big commercial problems? Sign up for these live online work experience programmes to learn more about the issues involved in running a successful TV company! Log on to the listed session and then you have a week to complete the "challenge". If you succeed you'll be sent a digital certificate to add to your work experience portfolio.

YEARS 7-9

Monday 30th January at 4.30pm - ITV "First Step" live online career challenge. Who should be the main sponsor of Britain's Got Talent in 2023? Register [HERE](#) to attend.

YEARS 10-13

Tuesday 31st January at 5pm - ITV "Next Step" live online career challenge - ITVX – Ads or No Ad's that is the question! Register [HERE](#) to attend

PARENTS

Thursday 2nd February at 6.30pm - ITV live online career panel - We invite students, parents, teachers and career leaders to discover more about their career and placement opportunities in data! Register [HERE](#) to attend

www.whatnext.info

HEALTH & WELLBEING NEWS

AT NOTTINGHAM HIGH SCHOOL

This week, on Monday and Thursday, Years 7-12 were invited to come together in the dining hall at break time for a cup of tea and a chat with a friend. The promise of free tea was surprisingly popular, with around 200 students taking up the offer. In doing so, students took the opportunity to mark Brew Monday an event set up as a counter-campaign to the idea that the third Monday in January, also known as Blue Monday, is the most gloomy day of the year.

What is Blue Monday - and what makes it the most depressing day of the year? | UK News | Sky News

Blue Monday falls on the third Monday of the year - in 2023, that makes it Monday 16 January. Blue Monday was originally dreamed up by psychologist Dr Cliff Arnall in 2004. - news.sky.com



BLUE MONDAY MEETS BREW MONDAY!

Year 12 PSHE student team used the theme of Blue Monday to talk about how life's pressures and factors such as shorter daylight hours and bad weather can affect our mood and motivation. They also reminded us of some of the ways we can give our mental wellbeing a boost by taking exercise, staying positive, and in particular making time to talk to friends and family.

To find out more about Brew Monday, and how to be a good listener, see this information from the Samaritans.

Brew Monday 2023 | #BrewMonday | There's always time for a cuppa and a catch-up - Samaritans Have a Brew Monday, any Monday, or a day that's good for you. You can host your own Brew Monday event, virtually or in person, however you want. You could organise a tea party and raise money for Samaritans, host an online Brew Monday at work, or even do something as simple as picking up the phone and checking in with someone you care about. - www.samaritans.org

ADDITIONAL SUPPORT

There are lots of places to go for support for someone who has been struggling with low mood. The charity Young Minds has lots of good advice for young people, parents and people working with young people on when and how to seek help.

NURSE JANE'S APP OF THE MONTH

HUB OF HOPE

The Hub of Hope is the country's first nationwide mental health database, which brings help and support together in one place. The stigma associated with mental health can make it difficult to talk about, however there are services out there with people who understand and are ready to help.

The app can help you to find much needed support using your phone's location to find key services and organisations in your local area. The app either picks up your location or you input your postcode manually and it displays all the support services near you. You can also filter these by particular concerns as well

SUPPORT AND ADVICE

It is important that you feel able to talk about things that are troubling you. Be kind to your fellow students during difficult times.

Child Bereavement UK

Child Bereavement UK provides support to families grieving the loss of a child, and advice for professionals working with bereaved families.

01494 568900

childbereavement.org.uk

ChildLine

When you lose someone, there's no right or wrong way to feel. Everyone experiences loss or bereavement differently. But you don't have to cope on your own. ChildLine are always

here for you.

0800 1111

childline.org.uk

Cruse Bereavement Care

Cruse promotes the wellbeing of bereaved people and enables anyone bereaved by death to understand their grief and cope with their loss. Cruse provides support and offers information, advice, education and training services.

cruse.org.uk

Samaritans

Samaritans provides support day or night, 365 days a year.

Whatever you're facing, samaritans are there to listen.

116 123

samaritans.org

Young Minds

Whether you want to understand more about how you're feeling or you want to support someone who's struggling, Young Minds can help.

0808 8025544

youngminds.org.uk

Winston's Wish

Winston's Wish has specialist teams available to provide emotional and practical bereavement support services to children and young people up to the age of 25, their families and those who care for them.

08452 030405

winstonswish.org.uk



PARENT NOTICES

Raise donations for Nottingham High School whenever you shop online

Turn your everyday online shopping into FREE donations

Over **£32m** raised for good causes through [easyfundraising](#)

Easy Fundraising - Help us raise money

EasyFundraising is a brilliant platform which allows you to do your online shopping and raise money for your favourite cause at the same time. We currently have 74 registered users who have raised over £1,803.70 for the Nottingham High School Bursary Fund without it costing them a penny. The retailer makes the donation as a 'thank you' to you! [Please sign up today!](#)

Sponsor a Stone

Since its launch in 2017, our [Sponsor a Stone](#) campaign has raised almost £35,000 for the School's Bursary Fund plus another £8,000 in Gift Aid!

Waverley Walkway is lined with personalised stones - a permanent feature of the School, one which will be enjoyed by our community for many years to come. This is a great opportunity to celebrate links with Nottingham High Society as well as supporting our work to create opportunities for children who, without financial assistance, would be denied their opportunity to attend the School.



[To order your stone please visit our website.](#)

Prayer Meetings

The prayer support group meets regularly, and all are welcome. Please contact Helen Bromley (Helen.bromley@sky.com or 07816164550) for details or to join our mailing list.

Social Media

Don't forget that you can follow us on social media to keep up-to-date with what's happening at the school. Please do feel free to follow us on [Facebook](#), [Twitter](#), [Instagram](#) and [Flickr](#). A full list of all Nottingham High School departmental social media accounts is available on our website.

Attendance in School

If you know in advance that your child is going to be absent from School, please apply for an Exeat by emailing exeat@nottinghamhigh.co.uk. If your child is ill or unexpectedly absent, please telephone the School Reception on 0115 978 6056 before 8.40am on every day they will not be attending and we will update our registers.

iParent and iStudent

iParent and iStudent are extensions from iSams and will give you access to important information anytime, anyplace, anywhere. Download the iParent app from your mobile phone app store for free!

Pick Up and Drop Off

Parents, please be considerate to our neighbours during collection and drop off at Valley Road.

Update your Information

Should you need to update any of your information that we hold on record, please email our Data Manager at brearley.za@nottinghamhigh.co.uk.

If you would like to contribute a story to our newsletter, we'd love to hear from you!
Please get in touch at marketing@nottinghamhigh.co.uk

FEATURED VIDEO

