



THE MERLE

NOTTINGHAM HIGH SENIOR SCHOOL NEWSLETTER



12TH MAY 2023 - ISSUE 33

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YEAR 13 CLASS OF 2023



A MESSAGE FROM THE HEAD

Dear Parents,

With Year 13 and Year 11 now on study leave we are very much into this year's exam season. I wish all of our candidates all the very best for their exams and urge them to stay in touch with us as they work their way through the coming weeks so that we can provide any support required. I delivered a final assembly to Year 13 earlier in the week and a central theme of this was around finding ways to build personal resilience to cope with all that life has in store.

Work on our Wellbeing Centre is continuing and I am looking forward to putting on a hard hat and touring around it for the first time since the work began. The plan is that it will be complete in late September and so far all is on schedule for that. There will be much more on this in the weeks to come.

I need to ask you all please to stop parking in the Sainsbury's car park next to school to pick children up from school unless you are shopping in the store. This week there have been issues with cars blocking the tram and this snarls up all the traffic around the School at the busiest time. We are very keen to be good neighbours so please find somewhere else to pick up or come a few minutes later when there will be plenty of space around the School.

A reminder that this year's Founder's Day is on Saturday 17th June and this is a compulsory session for all those in Years 7-12. We ask for your support in ensuring that your children attend as it is an important school occasion where we remember all those who have endowed the School over the years and who have helped to provide the facilities and bursaries that our current students benefit from.

There are many other events to look forward to in the weeks ahead and there are booking forms for drama and music below so please sign up if you are interested in either of these. I am looking forward to going down to Valley Road tomorrow to watch some cricket.

This week saw our annual governors' strategy day and the governors undertook some training provided by the School's lawyers on safeguarding and also on charity law as well as looking in detail at our strategy with respect to the provision of bursaries to which the School is so committed.

I hope that you all have an enjoyable weekend,

Kevin Fear (Headmaster)

DATES FOR YOUR DIARY

Monday	Tuesday	Wednesday	Thursday	Friday
				12 TODAY
15 EPQ MARKETPLACE FIRST A LEVEL EXAM	16 EPQ PRESENTATION DAY	17 EPQ PRESENTATION DAY	18 Y10 HOLDERNESS	19
22 COOPERS HOUSE BAKE SALE	23	24	25 DOFE GOLD FINAL LEAVES 4PM	26 Y10 BIOLOGY FIELD TRIP LAST DAY OF HALF TERM (ENDS 4PM)
29 BANK HOLIDAY DOFE GOLD CANOE FINAL RETURN	30 ←	31 HALF TERM DOFE GOLD SNOWDONIA LEAVE	1 →	2 DOFE GOLD SNOWDONIA RETURN SUNDAY 4TH JUNE
5 SCHOOL EXAMS START	6	7	8 EXAMS END (Y7 AND Y8)	9 EXAMS END (Y9)

Please see our School Website for the most up to date information via our online calendar [here](#)

Term Dates 2022/23

The term dates for 2022/2023 are live on our website and you can view them [here](#).

Sports Fixtures and Results

You can access all the latest sports information, including team information, on the [sports website](#)

YEAR GROUP UPDATES

Head of Year 7 - Mrs Hollie Neale

This week we had our first Taster Day for Year 5 students which some of our Year 7 students will remember coming on 2 years ago. 7A, 7B and 7E helped us by being chaperones for the Year 5 students and running tours for prospective parents. The feedback from the parents and children visiting was very positive and many commented on how welcoming, mature and enthusiastic the Year 7 students were. Thank you to those who helped.

Hattie S & Sophie led an excellent assembly on the importance of sport last week. This is particularly important at this time of year when students might be tempted to focus solely on revision for the end of year exams. They should be encouraged to get outside, exercise and be with friends in order to maintain a healthy balance and look after their wellbeing.

In our assembly this week, we talked about Eurovision. Whilst it isn't everyone's cup of tea, we discussed that it was started back in 1956 as a way of uniting countries after World War II. This year's message is 'united in music' and I hope the assembly has encouraged the students to think about how they can show empathy, support each other and the importance of music in bringing people together.



Head of Year 8 - Dr Matthew Lakin

The Year 8s have made a resourceful return to school this half term. Miss Davis and I are impressed as ever by their abiding enthusiasm and determination, and it has been great to follow their many achievements in and out of the classroom. The half-term started with a new rotation of PSHE lessons, which are centred around the issues of personal wellbeing: we hope that these sessions will better equip the Y8s to face the challenges and complexities of the world around them. Year 8 are focused on work hard and putting in the hard yards necessary to perform well in their end of year exams. The Year 8s received a brilliant and heartfelt assembly by Mr Johnson on the importance of efforts, integrity, and the importance of contribution: his dedication, loyalty, and fealty to his local football team is a valuable lesson to us all about the value of valuing things beyond commercial gain or narrow self-advancement.



Head of Year 9 - Mr Simon Barr Smith

This week the Y9 students received their End of Year exams timetable, to help them with revision we have provided them with a revision timetable template uploaded to their Google Classrooms. This covers the weeks leading up to half term and half term itself. The students can use this to help them be organised in the coming weeks. Many of our students will be embarking on their Duke of Edinburgh expedition this weekend and we wish them well.

It has been great to see so many of the boys and girls actively and positively attending training sessions for Cricket, Miss Bray and Mr Schofield have been very impressed. The U14A boys team have their national group stages next Thursday and the girls will have their first hardball fixtures next week too.

We would also like to congratulate Evelyn, Niamh and Olivia, who have been selected for county netball U15 and finally a huge well done to Anja, who received a Bronze medal in the Junior Inter-Regional Regatta in Scotland.



Head of Year 10 - Mr Paul Allison

I would like to focus this article on celebrating success in year 10. Year 10 have now spent a couple of weeks back in lessons after exams and they have achieved some excellent results. I would like to congratulate the following students.

Saad J & Mustafa K – Excellent work in Biology, Daisy P & Jaydee P – Excellent commitment to training in gym sessions, Imogen B & Saad J – Excellent Geography work, Mysha R & Chino N – Excellent Computer Science work, James K & Fletcher P – Excellent commitment to Athletics, Euan D & Leon G – Excellent work in Swimming

Year 10 have been rewarded for their hard work with a large number of distinctions being awarded for the past TWO weeks. Congratulations to 10A for accumulating the most so far.

1st – 10A 22

2nd – 10D 19

3rd – 10C 17

4th – 10E 16

5th – 10B 14

Congratulations to the year 10 boys and girls athletics teams for winning the City Athletics Championships at Harvey Hadden Stadium

The boys team also performed well in the English Schools Cup and have qualified for the next round.



Head of Year 11-13 - Mr David Gillett

This last fortnight has been a busy one for Y11-13. Y11 enjoyed their last day in school before study leave with shirts being signed and a year group photo on the front steps. We wish them the best of luck with their GCSE exams; they are well prepared and we are here as a team for them. Y12 are busy working on their EPQ presentations for next week's Marketplace and their Skills Challenge has been launched for next half term. We bid a fond farewell to our Y13 Leavers this week. They celebrated in a festive way in school followed by their Prom that evening at Colwick Hall. They all looked fabulous and some extremely impressive cars were on show! The very best of luck to all in Y13 for your exams. Remember there is ongoing support in school throughout the exam period and beyond.



YEAR 11 AND YEAR 13 LEAVERS

This last fortnight has been a busy one for Year 11-13. Year 11 enjoyed their last day in school before study leave with shirts being signed and a year group photo on the front steps. We wish them the best of luck with their GCSE exams; they are well prepared and we are here as a team for them.

We bid a fond farewell to our Y13 Leavers this week. They celebrated in a festive way in school followed by their Prom that evening at Colwick Hall. They all looked fabulous and some extremely impressive cars were on show! The very best of luck to all in Y13 for your exams. Remember there is ongoing support in school throughout the exam period and beyond.

To all those who are now leaving the School, please do keep in touch with us through the Development Office on development@nottinghamhigh.co.uk. We love to keep in touch, and there is a whole network of former students on Nottingham High Connect who would be happy to offer advice or just have a chat.

The Year 13 Barbecue and Art Exhibition will take place on 23rd June 2023, and Leavers Day is 27th June. We are looking forward to seeing you all again then for lots of fun.

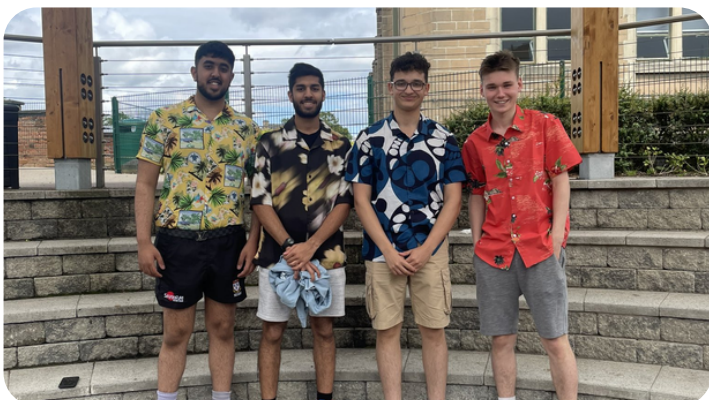
We know that you will all go on to do some incredible things, and wish those not returning in September the best of luck for the future.



Year 11 Leavers



Year 13 Leavers



Year 13 Leavers returning to the Junior School



Leavers Day 2021/22

What costumes will we see this year?

SCHOOL NEWS

Term Dates

Term Dates for 2024/25 Academic Year are now live on our [website](#).

The Waverley

Keep up to date with The Waverley (Infant and Junior School Newsletter) [here](#).

Mighty Hike for MacMillan

Our Security Lead, Simon, is taking part in the Mighty Hike for MacMillan Cancer Support.

Click [here](#) to donate



Hi...
I'm Simon, one of the Security Team here at school.

I am taking on the 26 mile Peak District Mighty Hike on July 22nd 2023, to help raise funds for MacMillan Cancer Support.

Donate

here!

MacMillan Cancer Support were a vital part in supporting my Mother from the diagnosis to palliative care, as well as the information and resources they provided to myself and my sister.

Your donation will go towards funding a Macmillan Support Worker, who could provide emotional, practical and financial advice to someone affected by cancer.

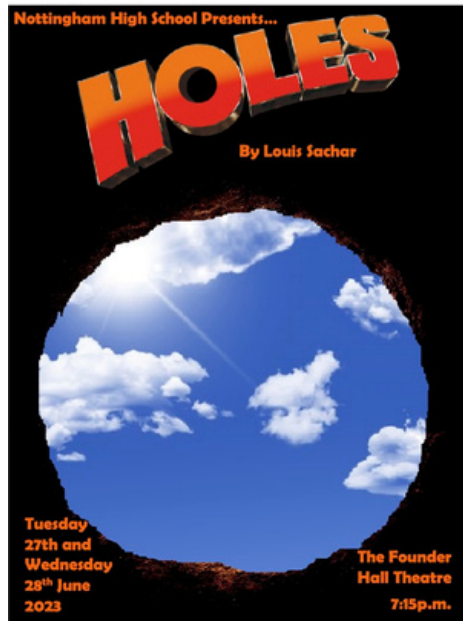


MACMILLAN
CANCER SUPPORT

2023 Lower School Production

Book your tickets now for the 2023 Lower School Production of *Holes* by Louis Sachar.

Click [here](#)!



2023 Summer Music Festival

This is an informal event with a relaxed, festival vibe to showcase many of our junior and senior music ensembles in an end of year musical celebration. You are welcome to attend the festival and enjoy the music or food is available to purchase but must be pre-booked.

Please click [here](#) to reserve your tickets on Trybooking.



SCHOOL NEWS

Music Notes

Young Composer of the Year competition 2023

It's time to launch this year's Young Composer competition. Please find a link to the information needed – the deadline for entries is Tuesday 20th June. There will be a KS3, 4 and 5 winner and runner-up, each receiving Amazon vouchers, and there will be an overall winner too. Our adjudicator is ON Peter Moorhouse. Instructions can also be found on google classroom – the code is s4hawe6 Every entry received will gain house points towards next term's Bridge Cup. The standard of composition last year was extremely high and we enjoyed listening to all of the student's pieces.

Information about the competition can be found on the Google Classroom, course code: **s4hawe6**
Good luck!

Music Achievement

Congratulations to Charles D (Y9) for passing his Grade 7 Piano ABRSM!



Gauri K (Y12) at the IEA competition

Institute of Economics Affairs Essay Prize

Congratulations go to Gauri, Year 12 Economics student who was placed runner up in the IEA essay competition with her answer to the following essay title:

'To what extent are central banks to blame for the current inflation episode?'

Here is her account of her amazing achievement.

Over the Christmas holidays, I submitted an essay for the Institute of Economic Affairs (IEA) Monetary Policy Essay Prize about the extent of central banks' culpability for the current inflation episode. I was excited to be invited to London for the final of the competition in March, which involved delivering a ten-minute presentation on my essay before a panel of judges, followed by questions and answers surrounding my approach. From sixth-form students to university undergraduates, It was fantastic to be up against people who shared my enthusiasm for researching monetary policy. The judging panel, which included the IEA's Head of Education and the directors of the Institute of International Monetary Research, acknowledged the varying levels of expertise among us and challenged us with questions based on the arguments we put forth in our presentations. Ultimately, I was awarded joint runner-up with a student from the London School of Economics, a prize of £250 and a place on the IEA's summer programme for sixth-formers. The experience was a great opportunity for me to research an area of interest in macroeconomics and develop my writing and speaking skills. Most of all, I had the opportunity to learn from other contestants' perspectives and research on the topic, and I left the day eager to read more about monetary policy in my economics lessons and beyond.

SCHOOL NEWS

Music Notes

Community Choir for Founders Day

Invitation to Parents

I'd like to invite parents to perform as part of a massed choir in our annual Founders Day Service on Saturday 17th June. This takes place in St. Mary's Church, Lace Market, starting at 11am. No singing experience is required! If you fancy having a go but haven't sung in a choir for a while (or ever), please do come along. The main anthem is 'Gloria', by John Rutter which you can find [here](#).

I will be running rehearsals on the following dates – come to whatever you are able to: -

Wednesday 24th May: 4.15 – 5.30pm in the Recital Hall

Wednesday 7th June: 4.15 – 5.30pm in the Recital Hall

Thursday 15th June: 4.15 – 5.30pm in the Recital Hall

Friday 16th June: 2 – 3.30pm in the Recital Hall (with students)

Saturday 17th June: 9am at St. Mary's Church

If you would like to take part please complete the [form](#).

Mrs Soulsby, Director of Music

Year 7 and 8 Food Club

Every Wednesday, 12:45-1:30pm

Year 7 and 8 Food students are enjoying some cross curricular links with other subjects and departments around school this term. Last week, we enjoyed celebrating Eid and made some lovely Galub Jamun with Mr Shabir and Mrs Marshall. Galub Jamun is one of India's most cherished festival desserts and are delicious little dumplings which are scented with cardamom and steeped in rose and saffron syrup. This weeks club was delivered in Spanish by Mrs Pidgeon and students enjoyed making traditional Tostada Con Tomate which translates as "toast with tomatoes" in Spanish. Recipes were followed in Spanish and students enjoyed eating their delicacies with café style conversations to develop their Spanish speaking skills.

If you are interested in joining this terms food club, please see Mrs Turnbull or Mrs Marshall for further information.

Manchester Half Marathon

Will and Otto (Y12) are running for their respective house charities, Mellers and Maples, for Nottingham High School. They are aiming to complete a half marathon on 21 May as participants in the Great Manchester Run.

Will is raising money for Operation Orphan. Click [here](#) to donate!

Otto is running for Refugee Roots. Click [here](#) to donate!

Music Notes

Teatime Concert 21st June

Senior students can now sign up for the last Teatime Concert of the year. The sign-up sheet is on the notice-board in the music school foyer.

SCHOOL NEWS

Physics Olympiad

On Thursday 27th June Coy Z attended the British Physics Olympiad Awards at The Royal Society in London. Coy has been selected to compete for Great Britain at the 53rd International Physics Olympiad in Tokyo, Japan in July 2023.

In addition to receiving a prize for this outstanding achievement, Coy was also given The National Physical Laboratory Theoretical Physics Prize for Outstanding Performance.

Coy is pictured here with ON Anna Sleigh, who was also in attendance to receive her prize for competing in the 15th International Olympiad on Astronomy and Astrophysics in Kutaisi, Georgia in August 2022.

NAM



Anna Sleigh (ON) and Coy Z

News from the Development Office

On Sunday 18th June 2023 we will be celebrating 150 Years of Cricket at Nottingham High School. This historic occasion will be held at Valley Road.

Roy Dexter (ON 1966-1974) sent us this message recently:

'I was interested to see that the School is celebrating 150 years of cricket. I was at the School when the century was celebrated. Indeed, I have in front of me a book that was issued back then entitled "A Century of Cricket 1871-1970". I assume the 150th anniversary celebrations were delayed by COVID. I was the captain of the cricket 1st eleven back in 1973 and have a ball from 1974 from a match against Ratcliffe College where I scored a century and took 8 wickets'

If you're interesting in playing in the ON match, being an umpire, taking part in the walking cricket or cheering on the players as a spectator, please sign up [here](#)

We look forward to seeing you there!



1900 Cricket Team with Mr Onions



SCHOOL NEWS

Theatre Holiday Camp

We are hosting a British Theatre School Holiday Camp this summer. See here for more information and details on how to sign up!



Good School Guide

We were recently visited by a reviewer from the Good School Guide. Their feedback was excellent and we are very pleased to share their review here.

Please see below links that allow non-subscribers access to read both reviews.

[Senior School](#)
[Infant and Junior School](#)

News from the Development Office

Dom Chivers (ON 2013-2020) is in the final year of his music degree at Birmingham University.

He is very kindly re-arranging a Fanfare he composed a few years ago so it can be played at the Founders Day Service this year. He recently told us –

“I’m still doing lots of playing of both piano and trumpet; this year I have accompanied one of the university choirs, played trumpet in the jazz orchestra, and I have been playing baritone horn in brass band. I also play in another band - we released our first EP just before Christmas.

Click on the [link](#) to hear Dom’s music.



SCHOOL NEWS GALLERY



Y7 and Y8 Food Club



Winning 10X Team



Y8 House Badminton



Coy Z at the British Physics Olympiad Awards



Year 7 Taster Day



Gauri at the IEA essay competition awards



Otto and Will fundraising for their charities



Chess Club practising for their next event



Badminton Club



Law Day 2023



Rehearsals for *Holes* are well underway



Phoebe winning bronze at the Junior Inter regional regatta

SPORTS HIGHLIGHTS

Fitness Suite and Athletic Development

During Games and after-school training sessions for athletics, our student-athletes have been completing mini strength and conditioning blocks at the start of each of their sessions. They have been progressing through resisted sprinting and various speed drills, alongside different jumping, hopping, and bounding exercises. The bespoke strength and conditioning programme has been designed to complement the various track and field events, but also to enhance general athletic performance. Congratulations to the Year 10 Athletics Team who came 1st overall in the recent City Championships. The athletes have been a pleasure to coach both in the gym and down at Valley Road and surely have more sporting success ahead of them.

We are well into the DofE Assessor report season and we have had many students utilise the Fitness Suite as part of their physical section for all of the different levels over the last year. The Bronze award tends to see individuals with general goals of improving strength and fitness, whereas the extensive Silver and Gold often see students training for more specific tailored goals and/or events such as half marathons and actual DofE expeditions. We are more than happy to continue to act as assessors for the physical sections in the future.



Mr Drummond

Conover Hall Trip 2023

The Conover hall trip for Year 6/7 that took place 24th March to the 26th March was a great success with the Year 7 team coming 3rd overall. The trip really developed the girl's Netball skills and a great improvement was seen all round. The girls had two full mornings of netball consisting of multiple netball matches, combined with a jam-packed afternoon and evening of activities. The three teams that took part really excelled and showed their hard work paying off with all the practice.

Athletics

Congratulations to the Year 10 Athletics Team. The boys won their individual title and the team won the overall city championship. Outstanding results.



U13 Girls County Netball – Third

On Tuesday 25th April The U13 Girls competed in the County Schools Netball Tournament. After some success last year, the team was looking to capitalize on this. They were successful in the pool stages winning their group and going through into the semi-final against Rushcliffe (the previous years winners).

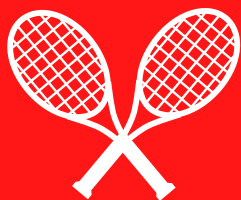
After a well fought semi- final the girls lost against Rushcliffe and went into the 3rd place play-offs.

The girls worked extremely hard and after the scores being tied going into the second half, The team executed some great pieces of play to win 9-5 and come in 3rd place overall in the County with th winning team being Rushcliffe. Well Done Girls!



U13 Tennis Championship

Congratulations to all of our competitors on this morning's Under 13 tennis championships. A great contest played in great spirit. This year's champion, Ferko.



Careers Update - May 2023

HighFliers recently quoted twice as many graduates as graduate jobs available, for the class of 2020.

The full recording and latest insights are online until the end of May (click the logo to view), but it is clear that those who have done their research and actively sought opportunities for work experience and internships stand a significantly better chance of securing the available positions. In addition, if the average graduate role receives 39 applications, then those with the resilience to keep applying and improving their applications on successive tries will be best placed to secure opportunities. Students can't assume they will be successful first time.

Many graduate roles and also degree apprenticeships require applicants to undertake multiple rounds of psychometric testing, online interviews and group assessments, so the more practice students have in these areas, the better prepared they will be. We are encouraging our Year 12s to try out online interviews and parents are also welcome to try them using this link:

<https://go.shortlister.com/marketplace/nottinghamhighschool>



Rebecca Auterson, Head of Careers

70%
of graduate jobs do not specify which degree you need to have studied - you should choose something that really interests you!

200,000
graduate level jobs in the UK each year
but
400,000
graduates

80,000
graduate level public service jobs (inc junior doctors, pharmacists, vets, teachers) per year

35,000
places on commercial graduate schemes per year in retail, engineering, professional services etc

65,000
other graduate roles offered by other organisations (without formal graduate training programmes) per year

57%
of the class of 2020 were in full time graduate level employment 15 months after graduation

How to find Work Experience



www.nottinghamhighconnect.co.uk

Sixth form students can connect with alumni - almost 1000 are offering to be mentors!



Online programmes aimed at students in years 9-13; really wide variety of sectors represented



Online programmes from top law, banking, engineering, technology, scientific and public sector organisations. Aimed at undergrads, but useful for 6th form too. Ensure your LinkedIn profile is professional and you are 'following' the firm before you start. Often used as an initial requirement before consideration for in-person opportunities.



Data Science taster courses from well known companies; aimed at students in year 7-13



One of the best places to connect with individuals who may be able to help! Make sure you have a professional account and are following relevant organisations. Then search in your area for people working at firms of interest and reach out to them. Use professional language (with correct spelling and grammar) when you message people. You can use a less formal tone once you know them better.



Another site well known to undergrads, and just starting to work with school students. 13,000 companies use this platform to help identify prospective employees.



39
applications for each graduate role, on average, at top 100 firms

3,000
degree apprenticeships offered to 18 year olds last year out of 30,000 advertised

£33,500
average graduate starting salary at top 100 firms

4 Useful Apprenticeship Websites:



Research and save opportunities of interest in your Morrisby account.



Firms must advertise any apprenticeships on this site. Morrisby etc draw their information from this. Only shows current opportunities.



Advice and reviews from current apprentices

Degree Apprenticeships are available for these roles:

In order of highest to lowest number of vacancies advertised in last 4 years:

Police Constables Accountancy/Tax/Audit Professionals Digital Technology Solutions Chartered Business Managers Software Engineers/Developers Civil Engineers Chartered Quantity Surveyors Project Managers Data Scientists/Analysts/Engineers Nurses Chartered Building/Property/Valuation Surveyors Electrical/Electronic Engineers Design & Development Engineers Nuclear Engineers Supply Chain Leaders Cyber Security Professionals Food & Drink Technologists / Production Managers Building Services Engineers Manufacturing Engineers Banking & Financial Services Professionals Digital Marketing Professionals Solicitors Sales Professionals Professional Economists Laboratory Scientists Aerospace Engineers Environmental Practitioners Retail Leaders Construction Site Managers Railway/Rail Systems Engineers Network Engineers Healthcare Science Practitioners (incl Cardiac Physiology, Nuclear Medicine, Biomedical Science, Medical Engineering, Radiation & Radiotherapy Physics, Respiratory & Sleep Physiology, Neurophysiology, Radiation & Radiotherapy Engineering, Audiology, Digital Healthcare Science, Bioinformatics, Medical Physics Technology, Rehabilitation Engineering, Renal Specialist) NHS Operating Department Practitioners Automation & Control Engineers Electro-Mechanical/Mechatronics Engineers Project Controls Professionals Digital User Experience (UX) Design Professionals Occupational Therapists Radiographers Non-Destructive Testing Engineers Materials Science Technologists/Engineers Creative Digital Design Professionals Podiatrists Building Control Surveyors Clinical Trials Specialists Town Planners Social Workers Broadcast/Communication/Media Systems Engineers Manufacturing/Production Managers Packaging Professionals Chemical Engineers Chartered Rural Surveyors / Land Agents Design & Construction Professionals Business Analysts Human Resources Professionals Weapons Munitions & Explosives Engineers Recruitment Professionals Transport Planners Environmental Health Officers Architectural Assistants Geotechnical Engineers Geospatial Mapping & Surveying Professionals Marketing/Brand Managers Public Health Practitioners Insurance Professionals Journalists Physiotherapists Fire Safety Engineers Forestry Professionals Midwives Dietitians Business Managers (Social Change) Propulsion Engineers Agricultural/Horticultural Advisers Gas Transmission Engineers Land Buyers Actuarial Professionals Sport Development Officers Chartered Legal Executives Operations Analysts Speech & Language Therapists Assistant Buyers Assistant Teachers/Learning Coaches Building Information Modelling (BIM) Specialists Digital Transformation Engineers Education Technology Specialists Fitness/Leisure Centre Managers TV Production Managers Licensed Conveyancers Pensions Professionals Tax Technologists Charity Manager Community Centre Manager Events Manager Facilities Manager Games Programmer Human Performance Engineer Lighting Designer Marine Engineer Population Health Intelligence Analyst Prosthetist & Orthotist Sonographer Youth Worker

SUPPORT AND ADVICE

It is important that you feel able to talk about things that are troubling you. Be kind to your fellow students always.

Child Bereavement UK

Child Bereavement UK provides support to families grieving the loss of a child, and advice for professionals working with bereaved families.

01494 568900

childbereavement.org.uk

ChildLine

When you lose someone, there's no right or wrong way to feel. Everyone experiences loss or bereavement differently. But you don't have to cope on your own. ChildLine are always here for you.

0800 1111

childline.org.uk

Cruse Bereavement Care

Cruse promotes the wellbeing of bereaved people and enables anyone bereaved by death to understand their grief and cope with their loss. Cruse provides support and offers information, advice, education and training services.

cruse.org.uk

Samaritans

Samaritans provides support day or night, 365 days a year.

Whatever you're facing, samaritans are there to listen.

116 123

samaritans.org

Young Minds

Whether you want to understand more about how you're feeling or you want to support someone who's struggling, Young Minds can help.

0808 8025544

youngminds.org.uk

Winston's Wish

Winston's Wish has specialist teams available to provide emotional and practical bereavement support services to children and young people up to the age of 25, their families and those who care for them.

08452 030405

winstonswish.org.uk



PARENT NOTICES

Raise donations for Nottingham High School whenever you shop online

Turn your everyday online shopping into FREE donations

Over £32m raised for good causes through easyfundraising

Easy Fundraising - Help us raise money

EasyFundraising is a brilliant platform which allows you to do your online shopping and raise money for your favourite cause at the same time. We currently have 74 registered users who have raised over £1,803.70 for the Nottingham High School Bursary Fund without it costing them a penny. The retailer makes the donation as a 'thank you' to you! Please sign up today!

Sponsor a Stone

Since its launch in 2017, our Sponsor a Stone campaign has raised almost £35,000 for the School's Bursary Fund plus another £8,000 in Gift Aid!

Waverley Walkway is lined with personalised stones - a permanent feature of the School, one which will be enjoyed by our community for many years to come. This is a great opportunity to celebrate links with Nottingham High Society as well as supporting our work to create opportunities for children who, without financial assistance, would be denied their opportunity to attend the School.



To order your stone please visit our website.

Prayer Meetings

The prayer support group meets regularly, and all are welcome. Please contact Helen Bromley (Helen.bromley@sky.com or 07816164550) for details or to join our mailing list.

Social Media

Don't forget that you can follow us on social media to keep up-to-date with what's happening at the school. Please do feel free to follow us on Facebook, Twitter, Instagram and Flickr. A full list of all Nottingham High School departmental social media accounts is available on our website.

Attendance in School

If you know in advance that your child is going to be absent from School, please apply for an Exeat by emailing exeat@nottinghamhigh.co.uk. If your child is ill or unexpectedly absent, please telephone the School Reception on 0115 978 6056 before 8.40am on every day they will not be attending and we will update our registers.

iParent and iStudent

iParent and iStudent are extensions from iSams and will give you access to important information anytime, anyplace, anywhere. Download the iParent app from your mobile phone app store for free!

Pick Up and Drop Off

Parents, please be considerate to our neighbours during collection and drop off at Valley Road.

Update your Information

Should you need to update any of your information that we hold on record, please email our Data Manager at brearley.za@nottinghamhigh.co.uk.

**If you would like to contribute a story to our newsletter, we'd love to hear from you!
Please get in touch at marketing@nottinghamhigh.co.uk**

FEATURED VIDEO

