



THE WAVERLEY

NOTTINGHAM HIGH INFANT AND JUNIOR SCHOOL NEWSLETTER

OCTOBER 2023

Issue No: 5



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Parents, please remember **all** children have to be in **full school uniform** on **Thursday 12th October** for Whole School photograph

Please click below for the latest copy of our School Magazine:

[**NHIJS Young Nottinghamian**](#)

Please see attached for :

- IS Menu w/c 9 October
- Junior School menus are [here](#)
- After School Club October activities

The Merle

Keep up to date with The Merle (Senior School Newsletter) [here](#)

Abbreviations used throughout:

EYFS = Reception classes IS = Infant School JS = Junior School IJS = Infant & Junior School

MESSAGE FROM MRS BRUCE



Dear Parents and Friends of the School

I had the opportunity last week to attend the annual Independent Association of Prep Schools (IAPS) Heads' conference. During this conference, there are many interesting seminars and keynote speakers to enjoy but also the time to chat to other headteachers in schools similar to ours, which I find invaluable. It is always useful to discuss the changing face of education and the changing nature of headship – some Heads at conference are new to post and bring such enthusiasm and energy and some (like me) are slightly Jurassic by comparison but can bring the wisdom of years of experience!

An interesting topic of conversation this year was around selection for various opportunities within school and the inevitable management of pupils who are disappointed or feel overlooked. As a parent, I often felt that this was one of the most difficult areas to deal with because (as a parent) one was often feeling that same sense of disappointment as my child but not necessarily understanding the parameters of the selection process.

As a school, we seek to prepare children for times when they may not be 'picked', after all, there will be many times in their later life where they will not be successful in endeavours. As parents, it is important that you know how to further support and perhaps prepare your child at home.

1. **Be a Listening Ear:** When your child experiences disappointment, the most crucial thing you can do is be there to listen. Create a safe space for them to express their feelings and thoughts without judgment. Encourage them to talk about what happened and how it made them feel. Often and particularly with older children, the act of talking can help them to come to rational conclusions and understanding.

2. **Validate Their Feelings:** It's essential to validate your child's emotions and to let them know that it's natural to feel upset, sad, or frustrated. Validating their feelings helps them understand and accept their emotions. The strand, 'I am Emotionally Intelligent' from our Roadmap encourages them to be aware of other people's feelings but also to acknowledge and manage their own.

3. **Teach Resilience and Perseverance:** Disappointment can be an opportunity for growth and our pupils are aware that facing challenge enables learning. Help your child understand that setbacks are a part of life and provide valuable learning experiences. Encourage them to view disappointment as a stepping stone towards improvement and resilience and perhaps share with them your experience of managing disappointment. Crucially, encourage them not to give up on their goals and dreams, even when faced with disappointment.

4. **Encourage Problem-Solving:** Guide your child in brainstorming solutions or alternatives to address the situation that led to their disappointment. This can empower them to take control of their circumstances and find ways to improve the situation.

5. **Offer Perspective:** Sometimes, children may magnify the significance of their disappointment. It might be helpful for them to understand that in our school, we look to helping everyone 'have a chance' and while it might not be their turn this time, it might be next. Remind them of the 'I am Connected' strand of the Roadmap. Offer perspective by sharing your own experiences with disappointment and how you overcame them. This can help them see that everyone faces setbacks and that they are not alone.

6. **Model Coping Strategies:** Children often learn by observing their parents. Be a positive role model by demonstrating healthy ways to cope with disappointment. Show them how to manage stress, frustration, and disappointment constructively. The children are well practised in mindful breathing as we do this regularly at school – they might find their expertise useful here to help calm or control feelings of anger or frustration.

7. **Reinforce Self-Worth:** Remind your child that their self-worth is not determined by a single event or outcome. Highlight their strengths and achievements in other areas to boost their self-esteem. Our Roadmap promotes 'I am Me' and links into the promotion of their self-esteem and worth.

8. **Seek Help When Needed:** If your child's disappointment is causing prolonged distress or impacting their well-being, don't hesitate to seek help from their class teacher. We are here to support your child and we are committed to helping the children develop not only academically but also emotionally and socially.

By teaching them how to navigate disappointment, we equip our children with essential life skills that will serve them well in the future.

With warm regards



Mrs Bruce



OCTOBER SNAPSHOT

MON	TUE	WED	THU	FRI
9 <ul style="list-style-type: none">• 4C Outdoor Education (onsite)	10	11	12 <ul style="list-style-type: none">• Whole School Photograph• U11 Sports Hall Athletics	13 <ul style="list-style-type: none">• Open Classrooms 8.15 - 9am• U10 and U11 Rugby vs Birkdale (away)
16 <ul style="list-style-type: none">• 4W Outdoor Education (onsite)• U9 Rugby v. Highfields (home)	17 <ul style="list-style-type: none">• R- Y6 Parents' Evening (Inschool)	18 <ul style="list-style-type: none">• U10 & U11 Rugby @ Derby Grammar	19 <ul style="list-style-type: none">• R- Y6 Parents' Evening (Online)• U11 Girls County Cup Football v. Carnarvon from 4pm @ Valley Road	20 <ul style="list-style-type: none">• IJS Non-Uniform Day

**Half Term Break
from**

Monday 23rd October - Friday 3rd November

WEEK AHEAD - W/C 2nd October

MONDAY

- 1S Computing Club, 2B Explorer's Club
- Y2 Speech & Drama
- 4C Outdoor Education

TUESDAY

- 2M Football Club
- Y1 & Y2 Choir
- Lunchtime Swim Club for Y4 (for anyone who was in Mrs Whittamore's Swimming group either this year or last year) - remember to bring a packed lunch to eat afterwards

WEDNESDAY

- RA Drawing Club, RB Dance Club, RJ Design & Construct Club, 1P Mindfulness & Yoga Club, 2W Mosaics Art Club & 1P Dance Club
-

THURSDAY

- 2B Little Wickets Cricket (3.45 - 4.25)
- 2M Lego Club
- Whole School Photograph - **ALL** children to be in **FULL SCHOOL UNIFORM**
- U11 Sports Hall Athletics

FRIDAY

- IJS Open Classrooms - 8.15 - 9.15am



As we progress through the academic year, it is inevitable that your child may develop an illness or pick up a bug.

Please consult the following NHS website for advice as to whether your child is well enough to come to School:

<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

As per the information on the NHS website and in our parent guide:

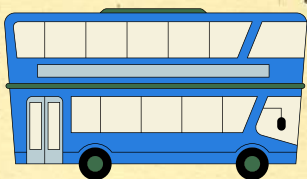


Please keep your child at home if suffering from vomiting, diarrhoea, high temperature or undiagnosed rashes until at least 48 hours after the last episode.

We thank you for your support with keeping our school a happy and healthy place. If you are unsure, please contact the School Nurse, Miss J Potter (potter.j@nottinghamhigh.co.uk).

Collection from Valley Road or the Hockey Centre

As published in the Parent Handbook, Junior School Parents who wish to collect their children from either Valley Road or Nottingham Hockey Centre should do so by **3.20pm** otherwise the buses will be leaving to return to school.



A kit reminder for pupils playing Rugby - they need to wear **shorts** and *not tracksuit bottoms* during Games. **Studded boots** are also necessary, especially now that the weather is worsening.

IJS OPEN CLASSROOMS

You are cordially invited to visit your child's classroom for Open Classrooms on **Friday 17th October from 8.15am - 9.15am.**

Your child will be able to share with you all the learning they have been doing this half term.

Please feel free to drop in anytime between 8.15am and 9.15am.

There will be very limited parking available on the Senior School yard.



FRIDAY 20TH OCTOBER

MINIMUM DONATION = £1

Infant and Junior School

You can wear anything that you are planning to wear in the holidays - whatever you are doing!

+ JUNIOR SCHOOL ONLY

SHOOTS AND HOOPS CHALLENGE @ PLAYTIME - 50P PER GO



INFANT AND JUNIOR SCHOOL
INFANT SCHOOL STAR OF THE WEEK

RA

Julian K. for trying really hard with his pencil grip work this week.

RB

Darcey D. for persevering with some super tricky subitising in Maths.

RJ

Zachary D. for trying really hard in phonics to use his robot arms to sound out and write CVC words.

1P

Max K. for using interesting vocabulary and adding detail into his retelling of the Jack and the Beanstalk story.

1S

Timothy A. for making super observations about the different versions of Jack and the Beanstalk which we have been reading.

2B

Jacob L. for creating an excellent golden ticket using persuasive language.

2M

Emma RR. for giving clear explanations about the importance of exercise in Science.

2W

Leah B. for her fantastic Maths work and focus when counting in steps of 2,3,5 and 10.

INFANT AND JUNIOR SCHOOL

INFANT SCHOOL SQUIRREL OF THE WEEK



Eleanor R. (RJ) for always being ready to learn on the carpet with huge enthusiasm and being helpful around the classroom.

Monte L. (2M) for demonstrating of good understanding in Maths when counting in 2s,3s,5s & 10s from a given number.

Harry S. (2W) for always being ready to learn, listening carefully and making good choices in the classroom.



Joshua B. (1P) for showing improved confidence in sharing his ideas with the class.

Ajai S. (2B) for being resilient and not giving up when he didn't complete the slack-line the first time.



Zayn B. (RA) for being such a kind friend to everyone in RA and always including everyone.

Verity L. (RB) for helping her friends by showing them how to cut out their pictures.



Nyah M. (1S) for making connections between our learning about Anansi the Spider in art and books she has read at home.

3G

Hillary J., Ibrahim M., Darcey T., Dilan U. and Ni Ni Y. for their well-reasoned essays predicting outcome of the Battle of Watling Street.

3M

Makari L. for overcoming his fears, jumping into deeper water and getting his head wet in Swimming!

Benedict C., Samuel G., Alex W. and Sai G. for producing a truly outstanding piece of writing within Humanities describing reasons for both Boudicca and Paulinus to win the famous battle of Watling Street. It was truly a pleasure to mark!

4C

Kerem B. for demonstrating superb diving skills in Swimming.

Hansie R-G. for a fantastic written recount of the recent Y4 Ancient Egyptian Day!

Rosie MM. for showing precision and creativity in her wonderful Egyptian style papyrus scroll making in Art!

Tom C-H. for showing great care and precision in his artwork and selecting very authentic colours in his Egyptian scroll design!

4W

Amelie V. for fantastic descriptive writing homework and excellent use of expanded noun phrases.

5D

Aryan B, Milan A., Aamir M. and Sofia S. for excellent work in Humanities, producing an informative and enjoyable poem about the impact of the River Severn Fish Pass.



Teddy C. (3G) for always working hard on his personal organisation skills.

Rajan L. (3G) for his excellent attitude to learning, never giving up when the going gets tough.



Louis S. (5D) for always bringing his whole (happy and smiley) self to school and for being a positive role model to others in his class.



Erin S. (6C) for being extremely supportive of both her teachers and peers. She is always looking for ways to help others.

Ryan L. (6H) for being an excellent help to his talk partner during Maths lessons.



Alexander F. (4W) for thinking about ways he can make other members of the school community happy.

Amelie V. (4W) for thinking of the needs and feelings of others within our school community.



Raul A. (4C) for going the extra mile to help keep his classroom organised and tidy and taking the initiative to enter a Science competition to design his own species.

Edward L. (4C) for producing an excellent homework task for STEAM club all about Architecture.

Wanfei X. (5D) for taking the initiative to produce an extra piece of work on Forces.

Safa M. (6C) for always working hard and being an excellent role model to others.

INFANT AND JUNIOR SCHOOL OTHER ACHIEVEMENTS TO CELEBRATE

Indiana Y. (1P) although only being asked to swim 5m, Indiana carried on swimming all the way to the end of the pool, completing her 25m in the process!



Alaina J. (1P) and Araiuis J. (6C) were really pleased to pass their most recent grading in Taekwondo. Alaina moved onto her yellow stripe belt and Araiuis onto his Green belt.



Joshua F. (2B) and Alexander F. (4W) recently completed the Robin Hood Mini Marathon.



INFANT AND JUNIOR SCHOOL OTHER ACHIEVEMENTS TO CELEBRATE

Samuel G. (3M) won player of the match this weekend for his football team Woodthorpe Community FC



Aniket M. (5A) completed 1000 m rainbow distance for Swim England.



Anoushka P-T (5A) was involved in The Nottinghamshire Golf Sixes Tournament; her team of 6 played 8 games over 6 months. The final game was last Sunday and her team, Sherwood Forest, came 2nd overall.



Lara S-S (5D) has achieved her 400m swimming badge and certificate over the summer and also her level 6 swim badge and certificate.

Ishaan D. (6C) recently participated in the Hucknall Open Sprint Meet and achieved 3 personal bests out of the 5 races that he participated in, earning a medal in one of the races.





Nottinghamshire Primary Schools' Chess Association

Chess Courses

The Nottinghamshire County Chess Coaches are holding courses again to learn to play chess for children in Primary Schools.

Everyone is welcome to attend, whether you are a beginner or a more experienced player aspiring to represent Nottinghamshire in one of our primary age county teams.

Our next Chess Course is on: Saturday 14th October, Saturday 21st October and Saturday 28th October.

At Nottingham High School, Forest Road East, NG1 4HH
Start time 9.00am until 12.00.

Cost: £10 per session. If you book all three then it's £25.

All sessions will be for three hours except for the beginners which will start at 10.30am and finish at 12.00 noon.

Children should bring their own drink and a small snack.

All chess coaches are DBS checked.

For further information and advance bookings please email the chairman at
ed47jones@gmail.com

E Jones
Chairman

Nottinghamshire Primary Schools Chess Association.
Website: www.nottsprimarychess.uk



GENERAL NEWS

Please help spread the word on our upcoming Taster Days. Your support in recommending the School to your friends, family and colleagues is much appreciated. Parents can register online or email admissions@nottinghamhigh.co.uk



EYFS TASTER DAYS
Wednesday 18th October
Thursday 9th November
Thursday 16th November
Tuesday 21st November
Wednesday 29th November



YEAR 3 TASTER DAY
Friday 10th November

For external children currently in Year 2 looking to start Year 3 in September 2024



YEAR 7 TASTER DAY
Thursday 9th November

For external children currently in Year 6 looking to start Year 7 in September 2024



SIXTH FORM TASTER DAYS
Tuesday 17th October
Thursday 19th October
Monday 6th November
Thursday 9th November
Monday 13th November
Tuesday 21st November

For external students only

Music Dates for your diary

Isobel Daws, Trombonist - Monday 16th October: Isobel is a young, successful trombonist who has already earned a name for herself in the professional orchestra scene. She will spend time with our trombonists and other brass players, as well as giving a lunchtime recital in the Player Hall at 1.15pm. All students are welcome to attend her recital.

Young Musician of the Year (formerly Bridge Cup Prizewinners' Concert) – Wednesday 15th November, 7pm: This is one of the highlights of the year, where the finalists from each of the three age categories perform for the coveted top position.

Autumn Concert – Tuesday 28th November, St. Mary's Church, Lacemarket, 7pm. This is the first of our large-scale events and will feature all our Senior ensembles. No tickets are required and refreshments will be served prior to the start of the concert.

News from the Development Office



We are pleased to share the latest Nottingham High School Donor Impact Report.

Click [here](#) to read how members of the Old Nottinghamian community are supporting their old school and helping us to change lives through education.

Chardi Kala

Senior School students Bachan and Hukam Sethi and family have launched a registered charity in memory of their late grandfather who had Parkinson's. The charity gives grants to aid people living with the disease. Hukam plays a role in the charity by building and editing the website and updating social media platforms.

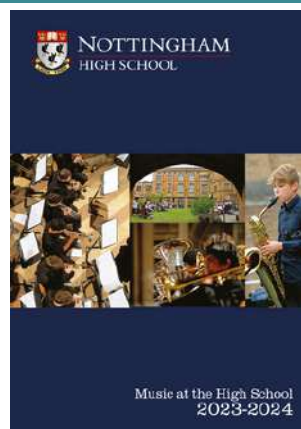
They also became Cooper's house charity for this year, and look forward to all the work they will do with the school. Visit Chardikala.org.uk for more details.

Live Vacancies

We currently have the following opportunities to join our team

Music Administrator
Mental Health Lead Practitioner
Trainee School Counsellor
Marketing & Admissions Executive
Head of Rugby and Teacher of PE & Games
Teacher of Design and Technology
Head of Cricket
Head of Drama
Teacher of Drama

[Click here for more details](#)



Music Programme

Click the image above to see all the forthcoming Music Department events & concerts for 2023/2024.



Please see our School Website for the most up to date information via our **online calendar** [here](#).

The **term dates for 2023/2024 and 2024/25** are live on our website and you can view them [here](#).