

Senior School Co-Curricular



Be More and Discover your passion

So Much More at Nottingham High School

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The Co-Curriculum “Find where you **Belong**”

At Nottingham High School we aim to provide more than academic excellence, giving our students opportunities to gain skills that prepare them for life. Our aim is to provide an inclusive rewarding Co-Curriculum programme that develops life skills & experiences that build character and a sense of belonging.

One of the three fundamental pillars of a Nottingham High School's education, the Co-Curricular provision sits at the very heart of any great school.

The Co-Curriculum is everything that we run alongside our Academic Curriculum, and is a tremendously important part of what we offer here at Nottingham High School. We provide a wealth of opportunities and encourage each student to develop their current interests and explore new ones.

As a School we are incredibly proud of the quality and variety of activities offered to our students and the incredible benefits we see through their involvement in this programme.

Tutors provide help and guidance to encourage tutees to take opportunities to develop as both students and people. These Clubs encourage growth in the 'soft' skills so talked about in the 21st century and help build the child's character as they navigate their way to adulthood.

The vast array of activities link together to promote:

Resilience, Confidence, Creativity, Teamwork, Leadership, Physical Health, Problem solving, Well-being & Mindfulness

Our House system provides further opportunity for students to take part in cultural, sporting and charitable activities. From involvement in the Performing Arts and Sports, to participation in Clubs, societies and charity events. With our provision of termly School Activities Days, there is an absolute wealth of amazing experiences here at Nottingham High School.

It is not just enough to offer these experiences to our current students and through our Partnership programme we provide Outreach to local schools and Charities ensuring that as many people/communities as possible can benefit from the School and its incredible facilities and students.

This booklet provides information about the Clubs and activities currently running this academic year. The information may be subject to change, so students should continue to look out for notices in Form time, Tutor Sets, Assemblies and check the School's website for updates of any new Clubs being offered.

We live in an ever-changing world and we will continue to change and evolve the Co-Curricular programme ensuring the leaders of tomorrow are equipped with the skills and humanity to lead society.

Richard Alexander OLY
Assistant Head Co-Curricular

Adventurous Training

Teacher: KH, JB, AJP, GEW

Club Description: Co-Curricular, Monday night group. Various outdoor activities including kayaking, climbing, archery etc. Activity day events camping, hiking etc.

Year Groups: 9, 10, 11, 12, 13

Location: School Grounds - various

When: Monday, 16.00-18.00, Afterschool, Week A&B

Skills this Club Promotes: Respect, Curiosity, Individuality, Excellence, Empathy, Problem Solving, Creativity, Resilience, Wellbeing, Leadership, Listening and Speaking, Teamwork

Archery

Teacher: AT Team

Club Description: Try your hand at Archery

Year Groups: 7, 8

Location: Old Gym

When: Thursday, 12.40-13.30, Lunchtime, Week A&B

Skills this Club Promotes: Respect, Curiosity, Excellence, Resilience, Wellbeing, Teamwork

Art Club (Year 7 & 8)

Teacher: CAL

Club Description: This is a small friendly Club continuing from last year with up to a maximum of 12 pupils. They will have the opportunity to do both individual and small collaborative projects such as mosaic, paper sculpture, textiles and printmaking.

Year Groups: 7, 8

Location: Art Studio 2

When: Thursday, 13.15-13.50, Lunchtime, Week A&B

Skills this Club Promotes: Respect, Curiosity, Individuality, Creativity, Teamwork

Art Club - Animation and Digital Art

Teacher: GH

Club Description: The Autumn term will be Animation Club, the Spring Term will be ProCreate Club. The theme for the Club will change each term.

Year Groups: 8, 9

Location: Art 1

When: Friday, 13.15-13.50, Lunchtime, Week A&B

Skills this Club Promotes: Curiosity, Excellence, Creativity

Art Drop In and Homework (KS3)

Teacher: GCR

Club Description: A chance to use the Art Department's wide range of materials and specialised staff to produce your own projects.

Year Groups: 7, 8, 9

Location: Art 3

When: Wednesday, 12.45-13.50, Lunchtime, Week A&B

Skills this Club Promotes: Curiosity, Individuality, Excellence, Creativity, Resilience, Wellbeing

Art Intervention (Year 11)

Teacher: Cat

Club Description: Art intervention for Year 11. Students are able to improve and finish their artwork.

Year Groups: 11, 12

Location: Art 1

When: Thursday, Lunchtime, Week A&B

Skills this Club Promotes: Curiosity, Individuality, Excellence, Problem Solving, Creativity, Resilience

Barbershop (Year 9)

Teacher: TL

Club Description: A chance to be involved in our first rate music programme

Year Groups: 9

Location: Mu8

When: Thursday, 1.20 – 1.50pm, Lunchtime, Week A&B

Skills this Club Promotes: Individuality, Excellence, Creativity, Resilience, Wellbeing, Listening and Speaking, Teamwork

Barbershop (Year 10)

Teacher: TL

Club Description: A chance to be involved in our first rate music programme

Year Groups: 10

Location: Mu6

When: Monday, 1.20 – 1.50pm, Lunchtime, Week A&B

Skills this Club Promotes: Individuality, Excellence, Creativity, Resilience, Wellbeing, Listening and Speaking, Teamwork

Barbershop (Year 11)

Teacher: TL

Club Description: A chance to be involved in our first rate music programme

Year Groups: 11

Location: Mu13

When: Monday, 08.40 – 09.10, Before School, Week A&B

Skills this Club Promotes: Individuality, Excellence, Creativity, Resilience, Wellbeing, Listening and Speaking, Teamwork

Barbershop (Sixth Form)

Teacher: KY, PJW

Club Description: A chance to be involved in our first rate music programme

Year Groups: 12, 13

Location: tbc

When: Tuesday, 1.20 – 1.50pm, Lunchtime, Week A&B

Skills this Club Promotes: Individuality, Excellence, Creativity, Resilience, Wellbeing, Listening and Speaking, Teamwork

Basketball - Social (Years 7 – 9)

Teacher: BSS

Club Description: Mixed-sex fun and social basketball sessions for students of all experience and ability to practice fundamental skills (shooting, passing, dribbling, rebounding and defending) and play games. Working towards establishing Year Group Basketball Clubs in the future. Ensure to wear your Games/P.E. kit and bring a bottle of water with you.

Year Groups: 7, 8, 9

Location: Sports Hall

When: Friday, 12.40-13.20, Lunchtime, Week A&B

Skills this Club Promotes: Respect, Curiosity, Individuality, Excellence, Problem Solving, Resilience, Wellbeing, Teamwork

Basketball - Social (Years 10 – 13)

Teacher: BSS

Club Description: Mixed-sex fun and social basketball sessions for students of all experience and ability to practice fundamental skills (shooting, passing, dribbling, rebounding and defending) and play games. Working towards establishing Year Group Basketball Clubs in the future. Ensure to wear your Games/P.E. kit and bring a bottle of water with you.

Year Groups: 10, 11, 12, 13

Location: Sports Hall

When: Friday, 13.20-13.50, Lunchtime, Week A&B

Skills this Club Promotes: Respect, Individuality, Excellence, Problem Solving, Creativity, Resilience, Wellbeing, Teamwork

Beast Club

Teacher: LNM

Club Description: Pupils learn about the care of exotic pets.

Year Groups: 8, 9, 10, 11, 12, 13

Location: S05

When: Friday, 12.40-13.20, Lunchtime, Week A&B

Skills this Club Promotes: Respect, Curiosity, Individuality, Excellence, Empathy, Leadership, Teamwork

Big Band

Teacher: CT

Club Description: A chance to be involved in our first rate music programme

Year Groups: 7, 8, 9, 10, 11, 12, 13

Location: LLT

When: Wednesday, 08.30–09.10, Before School, Week A&B

Skills this Club Promotes: Individuality, Excellence, Creativity, Resilience, Wellbeing, Listening and Speaking, Teamwork

Big Band (Years 7 – 10)

Teacher: CT

Club Description: A chance to be involved in our first rate music programme

Year Groups: 7, 8, 9, 10, 11, 12, 13

Location: LLT

When: Wednesday, 13.20–13.50, Lunchtime, Week A&B

Skills this Club Promotes: Individuality, Excellence, Creativity, Resilience, Wellbeing, Listening and Speaking, Teamwork

Biology Clinic (A Level)

Teacher: AMD

Club Description: Drop-in clinic for support with A Level Biology. Available for Y12 and Y13 Biologists

Year Groups: 13

Location: S06

When: Friday, 13.15-13.50, Lunchtime, Week A&B

Skills this Club Promotes: Excellence, Problem Solving, Resilience, Wellbeing

Biology Clinic (GCSE)

Teacher: AMD

Club Description: Drop-in clinic for support with GCSE Biology. Available for yr10 and yr11 Biologists

Year Groups: 10, 11, 12

Location: S06

When: Tuesday, 13.15-13.50, Lunchtime, Week A&B

Skills this Club Promotes: Excellence, Problem Solving, Resilience, Wellbeing

Biology Support Clinic

Teacher: AMD, BJV, LNM, JCP, JDH, OCH

Club Description: A drop-in clinic to support GCSE and A Level Biology students with any specific areas of difficulty (this may be content or exam technique).

Year Groups: 11, 12, 13

Location: S06

When: Tuesday, 13.15-13.50, Lunchtime, Week A&B

Skills this Club Promotes: Excellence, Problem Solving, Resilience, Wellbeing, Teamwork

Biology Club

Teacher: BJV, JDH

Club Description: In Biology Club we do Extra-Curricular biology activities which are not on the school curriculum such as dissections, DNA extractions and raising caterpillars to butterflies.

Year Groups: 7

Location: S04

When: Tuesday, 13.15-13.50, Lunchtime, Week B Only

Skills this Club Promotes: Curiosity, Problem Solving, Creativity, Leadership, Teamwork

Board Game Club

Teacher: MSG, JJT, CMJ, JDH

Club Description: Sick and tired of playing Monopoly? Board Games Club is the antidote!

Come along if you want to learn a new game or play an old favourite. Challenge your friends or work together to beat the game.

Year Groups: 7, 8, 9, 10, 11, 12, 13

Location: 6th Form Hub

When: Monday, 12.50-13.50, Lunchtime, Week A&B

Skills this Club Promotes: Respect, Curiosity, Individuality, Excellence, Empathy, Problem Solving, Creativity, Resilience, Wellbeing, Leadership, Listening and Speaking, Teamwork

CANSAT Competition

Teacher: RPB

Club Description: Design and build a working satellite which will be fired from a rocket to measure certain conditions in the atmosphere. Work on the electronics, data collection and safe retrieval of the satellite. This national competition is run by the European Space Agency.

Year Groups: 10, 11, 12, 13

Location: Design and Technology Department

When: Friday, 12.40-13.50, Lunchtime, Week A&B

Skills this Club Promotes: Curiosity, Excellence, Problem Solving, Creativity, Resilience, Leadership, Listening and Speaking

Card Club

Teacher: ML

Club Description: A fun opportunity to play cards with friends learn new games and how to read your apponents, will you call their bluff?

Year Groups: 7, 8, 9

Location: M13

When: Friday, 12.40-13.20, Lunchtime, Week A&B

Skills this Club Promotes: Problem Solving, Resilience, Wellbeing

Careers Ambassadors

Teacher: RXA

Club Description: Supporting Careers with projects throughout the year

Year Groups: 7, 8, 9, 10, 11, 12, 13

Location: Library

When: Tuesday, 08.00-08.30, Before School, Week B Only

Skills this Club Promotes: Respect, Curiosity, Individuality, Excellence, Empathy, Problem Solving, Creativity, Resilience, Wellbeing, Leadership, Listening and Speaking, Teamwork



CCF Army

Teacher: CCf Staff

Club Description: Nottingham High School Combined Cadet Force (CCF) is a tri-service youth organisation within the school, sponsored by the Ministry of Defence (MOD), and normally includes Army, Royal Navy and Royal Air Force sections. Its aim is to provide a disciplined organisation in a school so that pupils may develop powers of leadership by means of training to promote the qualities of responsibility, self reliance, resourcefulness, endurance and perseverance. This is achieved by conducting numerous activities and MoD training exercises throughout the year that also supports the development of life skills including teamwork, problem solving and communication skills.

Year Groups: 10, 11, 12, 13

Location: Whole School/Yard

When: Monday, 16.00-18.00, Afterschool, Week A&B

Skills this Club Promotes: Respect, Individuality, Excellence, Problem Solving, Creativity, Resilience, Wellbeing, Leadership, Listening and Speaking, Teamwork

CCF RAF Air Cadets

Teacher: SGW, AMD, HXT, RPB

Club Description: The Royal Air Force Air Cadets' aims are to:

Membership of the CCF (RAF) is exciting, rewarding and above all fun. You'll discover skills you never knew you had, do things and visit places you never thought you would, and meet lots of like-minded people who will become your team-mates and friends.

You'll also have the opportunity to challenge yourself with adventurous training, be selected to represent your country or school on the International Air Cadet Exchange programme, or develop your potential on the Air Cadet Leadership Course. You can really shine as a cadet.

Year Groups: 10, 11, 12, 13

Location: Whole School/W01

When: Monday, 16.00-18.00, Afterschool, Week A&B

Skills this Club Promotes: Respect, Excellence, Problem Solving, Resilience, Leadership, Listening and Speaking, Teamwork

CCF RAF Air Cadets

Teacher: SGW, AMD, HXT, RPB

Club Description: The Royal Air Force Air Cadets (RAFAC) is a volunteer-military youth organisation sponsored by the Royal Air Force that manages RAF Sections of the Combined Cadet Force.

Activities undertaken by RAFAC include sport, adventure training (such as walking and paddle-sports), ceremonial drill, rifle shooting, fieldcraft, air experience flights in both powered aircraft and sail-plane gliders, and other outdoor activities, as well as educational classification training. Week-long trips, or 'camps' to RAF stations, along with other camps offering adventure training or music, allow the opportunity for cadets to gain a taste of military life, and often some flying experience in RAF gliders and RAF training aircraft such as the Grob G 115, an aerobatic-capable elementary flying training aircraft, known in UK military service as the Tutor T1.

Year Groups: 9, 10, 11, 12, 13

Location: W01&Yard

When: Monday, 16.00-18.00, Afterschool, Week A&B

Skills this Club Promotes: Respect, Excellence, Problem Solving, Resilience, Leadership, Listening and Speaking, Teamwork

CCF Rifle Shooting Club

Teacher: AM

Club Description: Shooting Club (CCF only)

Year Groups: 10, 11, 12, 13

Location: Shooting Range

When: Monday, Tuesday, 1.10 – 1.50pm, Lunchtime, Week A&B

Skills this Club Promotes: Respect, Individuality, Excellence, Problem Solving, Creativity, Resilience, Wellbeing, Leadership, Listening and Speaking, Teamwork

CCF Royal Navy

Teacher: CCF Staff

Club Description: Nottingham High School Combined Cadet Force (CCF) is a tri-service youth organisation within the school, sponsored by the Ministry of Defence (MOD), and normally includes Army, Royal Navy and Royal Air Force sections. Its aim is to provide a disciplined organisation in a school so that pupils may develop powers of leadership by means of training to promote the qualities of responsibility, self reliance, resourcefulness, endurance and perseverance. This is achieved by conducting numerous activities and MoD training exercises throughout the year that also supports the development of life skills including teamwork, problem solving and communication skills.

Year Groups: 10, 11, 12, 13

Location: Whole School/Swimming Pool

When: Monday, 16.00-18.00, Afterschool, Week A&B

Skills this Club Promotes: Respect, Individuality, Excellence, Problem Solving, Creativity, Resilience, Wellbeing, Leadership, Listening and Speaking, Teamwork

Chamber Choir (Years 9 – 13)

Teacher: ERS

Club Description: A chance to be involved in our first rate music programme

Year Groups: 9, 10, 11, 12, 13

Location: Mu8

When: Friday, 13.10–13.50, Lunchtime, Week A&B

Skills this Club Promotes: Individuality, Excellence, Creativity, Resilience, Wellbeing, Listening and Speaking, Teamwork

Chamber Choir Sectionals (Years 9 – 13: by invitation)

Teacher: ERS

Club Description: A chance to be involved in our first rate music programme

Year Groups: 9, 10, 11, 12, 13

Location: Mu8

When: Wednesday, 08.30–09.10, Before School, Week A&B

Skills this Club Promotes: Individuality, Excellence, Creativity, Resilience, Wellbeing, Listening and Speaking, Teamwork

Chamber Ensemble (Year 11)

Teacher: OH

Club Description: A chance to be involved in our first rate music programme

Year Groups: 11

Location: SFSC

When: Monday, 08.30 –09.10, Before School, Week A&B

Skills this Club Promotes: Individuality, Excellence, Creativity, Resilience, Wellbeing, Listening and Speaking, Teamwork

Cheerleading Dance

Teacher: RC

Club Description: Cheerleading dance uses principles from both dance, and cheerleading. We will work to learn new skills, turns, and jumps and create routines using poms.

Year Groups: 7, 8, 9, 10, 11

Location: Flexible Space

When: Wednesday, 16.00-17.00, Afterschool, Week A&B

Skills this Club Promotes: Individuality, Excellence, Creativity, Teamwork

Chemistry Club

Teacher: HBW

Club Description: An opportunity to try experiments you won't get to do during lessons!

Year Groups: 7, 8

Location: S15

When: Wednesday, 12.40-13.20, Lunchtime, Week A Only

Skills this Club Promotes: Problem Solving, Listening and Speaking, Teamwork

Chemistry Clinic (GCSE)

Teacher: ICA

Club Description: Opportunity for Y11 Chemistry students to get help with any area of study for their GCSE Chemistry exams or just the opportunity to get on with some Chemistry revision

Year Groups: 11, 12

Location: S13

When: Friday, 12.40-13.20, Lunchtime, Week A&B

Skills this Club Promotes: Excellence, Resilience

Chemistry Reading Group

Teacher: JJT

Club Description: This is a group we have run for Y12s who are interested in expanding their knowledge of Chemistry beyond the syllabus through the reading and discussion of a chemistry title. We will meet once a week to discuss a couple chapters of the book we have read previously.

Year Groups:

Location: S17

When: Friday, 13.15-13.50, Lunchtime, Week A&B

Skills this Club Promotes: Respect, Curiosity, Excellence, Creativity Listening and Speaking

Clarinet Ensemble

Teacher: CT

Club Description: A chance to be involved in our first rate music programme

Year Groups: 7, 8, 9, 10, 11, 12, 13

Location: Mu6

When: Thursday, 13.15–13.45, Lunchtime, Week A&B

Skills this Club Promotes: Individuality, Excellence, Creativity, Resilience, Wellbeing, Listening and Speaking, Teamwork

Classics Club

Teacher: TKS

Club Description: Come and find out about Greek and Roman Mythology and Culture!

Year Groups: 7, 8

Location: E21

When: Monday, 12.45-13.50, Lunchtime, Week A&B

Skills this Club Promotes: Curiosity, Creativity, Wellbeing, Listening and Speaking

Classics Club (Year 9)

Teacher: JWM

Club Description: Learning about a variety of Classical topics including mythology, epic poetry, art and architecture, and archaeology. A full lunchtime slot every week.

Year Groups: 9

Location: M02

When: Tuesday, 12.40-13.20, Lunchtime, Week A&B

Skills this Club Promotes: Curiosity, Excellence, Empathy, Creativity, Listening and Speaking

Clay Club

Teacher: MK

Club Description: Clay Club is all about making with clay and learning about it's amazing properties. We will be making a variety of seasonally themed object. Exploring hand building. slab construction and throwing on the wheel.

Year Groups: 7, 8, 9, 10, 11, 12, 13

Location: Studio 2

When: Monday, 13.15-13.50, Lunchtime, Week A&B

Skills this Club Promotes: Respect, Curiosity, Individuality, Excellence, Empathy, Problem Solving, Creativity, Wellbeing Listening and Speaking, Teamwork

Climbing Club (Years 7 & 8)

Teacher: PH

Club Description: Climbing and bouldering on the school outside wall, learn how to climb and boulder, how to belay your friends, it will be weather permitting though.

Year Groups: 7, 8

Location: Climbing wall

When: Wednesday, 12.45-13.50, Lunchtime, Week A&B

Skills this Club Promotes: Individuality, Resilience, Teamwork

Climbing Club (Years 9 & 10)

Teacher: PH

Club Description: Climbing and bouldering on the school outside wall, learn how to climb and boulder, how to belay your friends, it will be weather permitting though.

Year Groups: 9, 10

Location: School outside climbing wall

When: Tuesday, 12.45-13.50, Lunchtime, Week A&B

Skills this Club Promotes: Individuality, Resilience, Teamwork

Climbing Club (Years 11 – 13)

Teacher: PH

Club Description: Climbing and bouldering on the school outside wall, learn how to climb and boulder and to improve your climbing technique, how to belay your friends, it will be weather permitting though.

Year Groups: 11, 12, 13

Location: School outdoor climbing wall

When: Thursday, 12.45-13.50, Lunchtime, Week A&B

Skills this Club Promotes: Individuality, Resilience, Teamwork

Climbing Club - Girls

Teacher: PH

Club Description: Climbing and bouldering on the school outside wall, learn how to climb and boulder, how to belay your friends, it will be weather permitting though.

Year Groups: 7, 8, 9, 10

Location: Outdoor climbing wall

When: Monday, 12.45-13.50, Lunchtime, Week A&B

Skills this Club Promotes: Respect, Curiosity, Individuality, Excellence, Teamwork

Climbing Team

Teacher: PH

Club Description: These sessions are aimed at those students that really want to improve their climbing technique and skill level.

My aim is that they will be competing in inter school competitions, also individually in regional and national competitions.

Students joining the team will also be taught how to lead climb, unless they only want to enter bouldering and/or top roped climbing competitions.

Year Groups: 7, 8, 9, 10, 11, 12

Location: Climbing wall

When: Wednesday, 16.00-17.30, Afterschool, Week A&B

Skills this Club Promotes: Individuality, Excellence, Resilience, Wellbeing, Teamwork

Community Action

Teacher: AMA, ISR, KJT

Club Description: Nottingham High School's Community Action group which meets every Monday after school. During the meetings we discuss upcoming projects such as community lunches, gardening in the community and supporting in local primary schools and so much more!

Year Groups: 9, 10, 11, 12, 13

Location: E02

When: Monday, 16.00-18.00, Afterschool, Week A Only

Skills this Club Promotes: Respect, Curiosity, Excellence, Empathy, Problem Solving, Creativity, Resilience, Wellbeing, Leadership, Listening and Speaking, Teamwork

Concert Band (Years 7 – 9)

Teacher: PJW

Club Description: A chance to be involved in our first rate music programme

Year Groups: 7, 8, 9

Location: Junior Music Room

When: Monday, 08.30–09.10, Before School, Week A&B

Skills this Club Promotes: Individuality, Excellence, Creativity, Resilience, Wellbeing, Listening and Speaking, Teamwork

Concert Band (Years 10 - 13)

Teacher: SP

Club Description: A chance to be involved in our first rate music programme

Year Groups: 10, 11, 12, 13

Location: LLT

When: Monday, 08.30–09.10, Before School, Week A&B

Skills this Club Promotes: Individuality, Excellence, Creativity, Resilience, Wellbeing, Listening and Speaking, Teamwork

Craft Club

Teacher: NJD

Club Description: Craft Club is set in an organised but relaxed environment designed to give young people a chance to learn and practise different crafts. We aim to encourage wellbeing and relationship-building with a range of activities on offer from glass painting to origami and knitting. Sometimes students bring their own projects and teach others new skills. Crafting is stimulating to the brain and can help children build skills they'll find useful across the curriculum. Crafting also usually involves some element of problem-solving - children may have to use maths skills, or their own creativity, to make something work or look good. Having a place for craft activities is a great way to engage kinaesthetic and visual learners, and of course, most importantly, craft Clubs are incredible fun and a wonderful way to wind-down.

Year Groups: 7, 8, 9, 10, 11, 12, 13

Location: M11

When: Thursday, 13.15-13.50, Lunchtime, Week A Only

Skills this Club Promotes: Respect, Curiosity, Individuality, Excellence, Empathy, Problem Solving, Creativity, Resilience, Wellbeing, Leadership, Listening and Speaking, Teamwork

Creative Writing Workshop

Teacher: ISR

Club Description: Did you know that a feline-loving crossword whiz once wrote a 300-page novel about the traumatic experience of the Second World War without once using the letter 'e'? Or that the 2016 Nobel Prize in Literature was awarded to a singer-songwriter (who also happens to be a painter and metal-work sculptor)? Or that a Canadian poet has been using a 'chemical alphabet' to translate a short verse into a sequence of extremophile DNA..? Our lunchtime writing workshop is designed to stir your curiosity about boundary-breaking creative practice through exploring innovative examples across a range of artistic genres as stimuli for your own writing. We will explore what it means to take a critical, experimental approach to your craft, and you will develop your ideas, techniques and listening skills through sharing work-in-progress with your peers. Students will also have their best stories/poems/songs/dramatic scripts published in a termly anthology to be shared with the school community, and receive guidance on any contests they might wish to enter.

Year Groups: 7, 8, 9, 10, 11, 12

Location: W23

When: Tuesday, 12.40-13.20, Lunchtime, Week A Only

Skills this Club Promotes: Respect, Curiosity, Excellence, Empathy, Creativity, Resilience Listening and Speaking

Cricket Nets (Year 7)

Teacher: JLS/WP

Club Description: A chance to train ahead of the summer term

Year Groups: 7

Location: Sports Hall

When: Tuesday, 07.30-08.30, Before School, Week A&B

Skills this Club Promotes: Respect, Excellence, Resilience, Wellbeing, Teamwork

Cricket Nets (Year 7)

Teacher: FLW/TE/BH

Club Description: A chance to train ahead of the summer term

Year Groups: 9

Location: Sports Hall

When: Wednesday, 07.30-08.30, Before School, Week A&B

Skills this Club Promotes: Respect, Excellence, Resilience, Wellbeing, Leadership, Teamwork

Cricket Nets (Year 8)

Teacher: JLS

Club Description: A chance to train ahead of the summer term

Year Groups: 8

Location: Sports Hall

When: Thursday, 12.40-13.30, Lunchtime, Week A&B

Skills this Club Promotes: Respect, Excellence, Resilience, Wellbeing, Leadership, Teamwork

Cricket Nets (Year 9)

Teacher: JLS/WP

Club Description: A chance to train ahead of the summer term

Year Groups: 9

Location: Sports Hall

When: Monday, 07.30-08.30, Before School, Week A&B

Skills this Club Promotes: Respect, Excellence, Resilience, Wellbeing, Leadership, Teamwork



Cricket Nets (Year 9)

Teacher: JLS/WP

Club Description: A chance to train ahead of the summer term

Year Groups: 9

Location: Sports Hall

When: Wednesday, 12.40-13.30, Lunchtime

Skills this Club Promotes: Respect, Excellence, Resilience, Wellbeing, Leadership, Teamwork

Cricket Nets (Year 10)

Teacher: JLS/CW

Club Description: A chance to train ahead of the summer term

Year Groups: 10

Location: Sports Hall

When: Thursday, 07.30-08.30, Before School, Week A&B

Skills this Club Promotes: Respect, Excellence, Resilience, Wellbeing, Leadership, Teamwork

Cricket Nets (Seniors)

Teacher: SM/Bhog

Club Description: A chance to train ahead of the summer term

Year Groups: 11, 12, 13

Location: Sports Hall

When: Friday, 16.00-17.30, Afterschool, Week A&B

Skills this Club Promotes: Respect, Excellence, Resilience, Wellbeing, Teamwork

Cryptic Crosswords (Sixth Form)

Teacher: TAS

Club Description: Learn how to do cryptic crosswords and collaborate on problems together

Year Groups: 13

Location: tbc

When: Monday, 13.15-13.50, Lunchtime, Week A&B

Skills this Club Promotes: Curiosity, Excellence, Problem Solving, Creativity, Resilience, Listening and Speaking, Teamwork

Cubing Club

Teacher: LM

Club Description: Can you solve a rubix cube? Cubing is the next level, When speed and precision meet a cool head to make the fastest cubers in the school.

Year Groups: 7, 8, 9

Location: S02

When: Wednesday, 13.15-13.50, Lunchtime, Week A&B

Skills this Club Promotes: Individuality, Excellence, Problem Solving, Resilience, Wellbeing

Culture Club

Teacher: OCH

Club Description: Would you like to make your very own kimchi? Have you ever wondered how to grow oyster mushrooms? Have you ever tasted fresh bread from yeast that you have grown yourself? Culture Club is a hands-on Club that allows you to discover and grow a range of microbial cultures, many of which can be used in cooking.

Year Groups: 8, 9, 10

Location: S12

When: Monday, 12.40-13.20, Lunchtime, Week A&B

Skills this Club Promotes: Curiosity, Problem Solving, Teamwork

Current Affairs & Economics

Teacher: ML

Club Description: **Year Groups:** 9, 10

Location: W23

When: Monday, 13.15-13.50, 13.15-13.50, Week A&B

Skills this Club Promotes: Curiosity, Individuality, Leadership

Cyber Explorers

Teacher: SLH

Club Description: KS3 coding Club, exploring fun computing challenges and games, make robots and crack ciphers!

Year Groups: 7, 8, 9

Location: IT2

When: Monday, 12.40-13.20, Lunchtime, Week A&B

Skills this Club Promotes: Curiosity, Individuality, Excellence, Problem Solving, Creativity, Leadership

Debating Society (Years 8 – 11)

Teacher: HPT

Club Description: A society for students who want to challenge ideas, themselves, and each other, with debates taking place every fortnight.

Year Groups: 8, 9, 10, 11, 12

Location: W22

When: Tuesday, 13.15-13.50, Lunchtime, Week A&B

Skills this Club Promotes: Respect, Curiosity, Individuality, Excellence, Empathy, Leadership, Listening and Speaking, Teamwork

Debating Team

Teacher: SAH, HPT

Club Description: The Debating Team is an opportunity to participate in national debating and speaking contests, such as the English Speaking Union's Mace competition. Sessions will focus on debate preparation, rhetorical skills, and showcasing debating events for the wider school.

Year Groups: 13

Location: W21/SLT

When: Friday, 13.15-13.50, Lunchtime, Week A&B

Skills this Club Promotes: Respect, Excellence, Problem Solving, Creativity, Leadership, Listening and Speaking, Teamwork

Debating Team (Sixth Form)

Teacher: SAH, HPT

Club Description: The Sixth Form Debating Team is a group that prepares for and participates in external debating competitions, such as the English Speaking Union's Debating Mace.

Year Groups: 13

Location: W21

When: Friday, 13.15-13.50, Lunchtime, Week A&B

Skills this Club Promotes: Respect, Excellence, Problem Solving, Creativity, Leadership, Listening and Speaking, Teamwork

Design and Make Club (KS4)

Teacher: LFS, SB

Club Description: This Club is for students to have time in the school workshops to develop their own design and make project. The students will need to liaise with staff to determine that the project is a suitable activity and can be appropriately resourced and supported.

The student may also like to enter their project for a Crest Award.

Year Groups: 10

Location: Workshops

When: Tuesday, Wednesday, 13.15-13.50, Lunchtime, Week A&B

Skills this Club Promotes: Curiosity, Individuality, Problem Solving, Creativity

Drama Club (Year 7 & 8)

Teacher: PR

Club Description: Come along to the Year 7&8 Drama Club and take part in a variety of fun and engaging Drama games and activities to help support your creativity and confidence.

Year Groups: 7, 8

Location: Drama Studio

When: Wednesday, 13.15-13.50, Lunchtime, Week A&B

Skills this Club Promotes: Respect, Curiosity, Individuality, Empathy, Problem Solving, Creativity, Leadership, Listening and Speaking, Teamwork

Drama Main School Production

Teacher: CVG, TMW, ES, KMY

Club Description: Rehearsals for the Main School Production of 'Chicago.'

Year Groups: 10, 11, 12, 13

Location: Founder Hall

When: Tuesday, Thursday, 13.15-13.50, Lunchtime, Week A&B

Skills this Club Promotes: Respect, Individuality, Excellence, Problem Solving, Creativity, Resilience, Leadership, Listening and Speaking, Teamwork

Drama Main School Production

Teacher: CVG, TMW

Club Description: The Main School Production for 2023 is Chicago.

Year Groups: 10, 11, 12, 13

Location: Founder Hall

When: Tuesday, Thursday, 12.40-13.50, Lunchtime, Week A&B

Skills this Club Promotes: Respect, Curiosity, Individuality, Excellence, Empathy, Problem Solving, Creativity, Resilience, Wellbeing, Leadership, Listening and Speaking, Teamwork

D&T Club (KS3)

Teacher: LFS, SB

Club Description: This Club is for students to have time in the school workshops to develop their own design and make project. The students will need to liaise with staff to determine that the project is a suitable activity and can be appropriately resourced and supported.

For example, a student who has particularly enjoyed pewter casting and like to explore jewellery making.

Year Groups: 7, 8

Location: Workshop Area

When: Friday, 13.15-13.50, Lunchtime, Week A&B

Skills this Club Promotes: Curiosity, Problem Solving, Creativity

DT NEA Support

Teacher: CVA

Club Description: An opportunity for DT groups to have supported opportunity to complete their NEA

Year Groups: 10

Location: DT1

When: Monday, Wednesday, Thursday, 13.15-13.50, Lunchtime, Week A&B

Skills this Club Promotes: Excellence, Creativity, Resilience

Eco Schools

Teacher: LNM, LAS

Club Description: Engaging with national Eco Schools and Green Flag Award in order to improve school's environmental impact, as well as looking at ways to improve the 17 UN Sustainable Goals.

Year Groups: 7, 8, 9, 10, 11, 12, 13

Location: TBC

When: TBC, 12.40-13.50, Lunchtime, Week B Only

Skills this Club Promotes: Respect, Curiosity, Individuality, Excellence, Empathy, Problem Solving, Creativity, Resilience, Wellbeing, Leadership, Listening and Speaking, Teamwork

Eco Schools

Teacher: LNM, LAS

Club Description: Engaging with national Eco Schools and Green Flag Award in order to improve school's environmental impact, as well as looking at ways to improve the 17 UN Sustainable Goals.

Year Groups: 7, 8, 9, 10, 11, 12, 13

Location: Science Block

When: TBC, 16.00-18.00, Afterschool, Week B Only

Skills this Club Promotes: Respect, Curiosity, Individuality, Excellence, Empathy, Problem Solving, Creativity, Resilience, Wellbeing, Leadership, Listening and Speaking, Teamwork

Electronics and DT Club

Teacher: CVA

Club Description: An opportunity to make a range of circuits and if you choose casings, alternatively you can choose to use CAD and the 3D printers or come with a practical project you'd like to make. This is a relaxed, independent Club where I will facilitate your choice of practical project

Year Groups: 8, 9

Location: DT1

When: Thursday, 13.15-13.50, Lunchtime, Week A&B

Skills this Club Promotes: Curiosity, Excellence, Problem Solving, Creativity, Resilience, Teamwork

English Intervention (Year 11)

Teacher: HPT

Club Description: Session offering support to Y11 students in both English Language and English Literature.

Year Groups: 11, 12

Location: W22

When: Monday, 12.40-13.20, Lunchtime, Week A&B

Skills this Club Promotes: Excellence, Resilience

English Society

Teacher: BPB

Club Description: The English Society meets fortnightly in W24 to discuss texts beyond the classroom, and experiment with some creative writing of our own! This is a great opportunity to discover new authors and share your ideas.

Year Groups: 10, 11, 12, 13

Location: W24

When: Friday, 13.15-13.50, Lunchtime, Week B Only

Skills this Club Promotes: Curiosity, Creativity, Listening and Speaking

ESports

Teacher: SLH, KT

Club Description: Esports, Rocket League Club, as well as after school team matches as part of the British ESports champs

Year Groups: 8, 9, 10

Location: E01

When: Wednesday, 13.15-13.50, Lunchtime, Week A&B

Skills this Club Promotes: Respect, Excellence, Creativity, Listening and Speaking, Teamwork

Fitness Open Session (Year 8)

Teacher: ADD

Club Description: Supervised year group gym based strength and fitness sessions - suitable for all. Individual and group training plans are provided upon request.

Year Groups: 8

Location: Fitness Suite

When: Thursday, 12.40-13.30, Lunchtime, Week A&B

Skills this Club Promotes: Individuality, Excellence, Resilience, Wellbeing

Fitness Open Session (Year 9)

Teacher: ADD

Club Description: Supervised year group gym based strength and fitness sessions - suitable for all. Individual and group training plans are provided upon request.

Year Groups: 9

Location: Fitness Suite

When: Tuesday, 12.40-13.30, Lunchtime, Week A&B

Skills this Club Promotes: Individuality, Excellence, Resilience, Wellbeing

Fitness Open Session (Year 9)

Teacher: ADD

Club Description: Supervised year group gym based strength and fitness sessions - suitable for all. Individual and group training plans are provided upon request.

Year Groups: 9

Location: Fitness Suite

When: Thursday, 07.30-08.30, Before School, Week A&B

Skills this Club Promotes: Individuality, Excellence, Resilience, Wellbeing

Fitness Open Session (Year 10)

Teacher: ADD

Club Description: Supervised year group gym based strength and fitness sessions - suitable for all. Individual and group training plans are provided upon request.

Year Groups: 10

Location: Fitness Suite

When: Friday, 12.40-13.30, Lunchtime, Week A&B

Skills this Club Promotes: Individuality, Excellence, Resilience, Wellbeing

Fitness Open Session (Year 10)

Teacher: ADD

Club Description: Supervised year group gym based strength and fitness sessions - suitable for all. Individual and group training plans are provided upon request.

Year Groups: 10

Location: Fitness Suite

When: Tuesday, 07.30-08.30, Before School, Week A&B

Skills this Club Promotes: Individuality, Excellence, Resilience, Wellbeing

Fitness Open Session (Year 11)

Teacher: ADD

Club Description: Supervised year group gym based strength and fitness sessions - suitable for all. Individual and group training plans are provided upon request.

Year Groups: 11

Location: Fitness Suite

When: Monday, 12.40-13.30, Lunchtime, Week A&B

Skills this Club Promotes: Individuality, Excellence, Resilience, Wellbeing

Fitness Open Session (Year 11)

Teacher: ADD

Club Description: Supervised year group gym based strength and fitness sessions - suitable for all. Individual and group training plans are provided upon request.

Year Groups: 11

Location: Fitness Suite

When: Wednesday, 07.30-08.30, Before School, Week A&B

Skills this Club Promotes: Individuality, Excellence, Resilience, Wellbeing

Fitness For Life Workshop

Teacher: BSS

Club Description: Weekly workshops concerning all things Physical Wellbeing. These sessions are relaxed, informative and collaborative. We'll have plenty of open discussion and engaging activities centred on the topic of the week. Workshop topics might include goal-setting, sleep and recovery, balancing activities and academics, nutrition, and more.

Year Groups: 7, 8, 9, 10, 11, 12, 13

Location: Wellbeing Centre - Flexibility Space

When: Thursday, 12.40-13.20, Lunchtime, Week A&B

Skills this Club Promotes: Respect, Curiosity, Individuality, Excellence, Problem Solving, Creativity, Resilience, Wellbeing

Fitness Session

Teacher: BSS

Club Description: These group fitness sessions are designed to focus on foundational bodyweight movements, showcase fun ways to stay moving in the middle of the day and promote positive physical wellbeing without getting sweaty or too tired for the rest of your day. Ensure to wear your Games/P.E. kit and bring a bottle of water with you.

Year Groups: 7, 8, 9, 10, 11, 12, 13

Location: Wellbeing Centre - Flexible Space

When: Tuesday, 12.40-13.20, Lunchtime, Week A&B

Skills this Club Promotes: Curiosity, Individuality, Excellence, Creativity, Resilience, Wellbeing

Flex Open Fitness Session

Teacher: ADD

Club Description: Supervised year group gym based strength and fitness sessions - suitable for all. Individual and group training plans are provided upon request.

Year Groups: 7, 8, 9, 10, 11, 12, 13

Location: Fitness Suite

When: Wednesday, 12.40-13.30, Lunchtime, Week A&B

Skills this Club Promotes: Individuality, Excellence, Resilience, Wellbeing



Flight Sim and Aviation Club

Teacher: AJP

Club Description: Ever been interested in aviation? Or what makes an aeroplane fly? Perhaps you dream of becoming a pilot someday - for a career or hobby? Come along to Flight Sim Club where we can access Flight Sim X on the computers. You can learn to fly a small plane or jet, fly around your favourite holiday destination, compete with your friends to land the perfect touchdown, gain a virtual Private Pilot License (or take this further to gain ratings or further licenses) or just learn the parts of a plane and how it all works. All welcome.

Year Groups: 7, 8, 9, 10, 11, 12, 13

Location: E01

When: Friday, 13.15-13.50, Lunchtime, Week A Only

Skills this Club Promotes: Curiosity

Flute Choir (Years 7 – 13)

Teacher: EJ

Club Description: A chance to be involved in our first rate music programme

Year Groups: 7, 8, 9, 10, 11, 12, 13

Location: Mu6

When: Tuesday, 13.20–13.50, Lunchtime, Week A&B

Skills this Club Promotes: Individuality, Excellence, Creativity, Resilience, Wellbeing, Listening and Speaking, Teamwork

Food Club (Year 7)

Teacher: RET, SLM

Club Description: Do you love nice food, cooking and baking ? Discover how to cook up lots of creative, fun and multicultural celebration dishes for you and your friends to enjoy. Then why not join one of our Food Clubs?

Year 7 Fun with Food Club - every Monday Week B at 12.45 in Food Room 1

Learn more about healthy eating and how using seasonal and local ingredients can help the environment. Extend your practical skills and cook up some tasty and nutritious dishes.

Places are limited so see Mrs Stafford to book your space now or email stafford.j@nottinghamhigh.co.uk

Year Groups: 7

Location: Food Room 1

When: Monday, 12.40-13.20, Lunchtime, Week B Only

Skills this Club Promotes: Respect, Curiosity, Individuality, Excellence, Problem Solving, Creativity, Resilience, Wellbeing, Listening and Speaking, Teamwork

Food Club (Year 8)

Teacher: JMS

Club Description: Do you love nice food, cooking and baking ? Discover how to cook up lots of creative, fun and multicultural celebration dishes for you and your friends to enjoy. Then why not join one of our Food Clubs?

Year 8 Fun with Food Club - every Monday Week A at 12.45 in Food Room 2

Learn more about healthy eating and how using seasonal and local ingredients can help the environment. Extend your practical skills and cook up some tasty and nutritious dishes.

Places are limited so see Mrs Stafford to book your space now or email stafford.j@nottinghamhigh.co.uk

Year Groups: 8

Location: Food Room 2

When: Monday, 12.40-13.20, Lunchtime, Week A Only

Skills this Club Promotes: Respect, Curiosity, Individuality, Excellence, Empathy, Problem Solving, Creativity, Resilience, Wellbeing, Teamwork

Food Coursework Clinic (Year 11)

Teacher: JMS

Club Description: A catch up clinic to get additional support and help with any aspects of NEA 1 and NEA2 in GCSE Food and Nutrition.

Year Groups: 11, 12

Location: Food Room 2

When: Monday, 12.40-13.20, Lunchtime, Week A&B

Skills this Club Promotes: Individuality, Excellence, Resilience

Food Coursework Clinic and Catch Up Sessions (GCSE, Year 11)

Teacher: RET

Club Description: A catch up clinic for help, advice and support on GCSE Coursework in Food Preparation and Nutrition.

Year Groups: 11, 12

Location: Food Room 1

When: Tuesday, Wednesday, 12.40-13.20, Lunchtime, Week A&B

Skills this Club Promotes: Resilience, Wellbeing

Food Catch Up Sessions (GCSE, Year 11)

Teacher: RET

Club Description: Extended cooking session for practical lessons and experiments for NEA or catch up for general GCSE work When required.

Year Groups: 11, 12

Location: Food room 1

When: Tuesday, 12.40-13.20, Lunchtime, Week A&B

Skills this Club Promotes: Respect, Curiosity, Individuality, Excellence, Empathy, Problem Solving, Creativity, Resilience, Wellbeing, Listening and Speaking

Food - Ready Steady University (Year 13)

Teacher: JMS

Club Description: Do you want to impress your new friends at University with your amazing new cooking skills. You'll learn how to cook up some simple student staples which are;

- Quick
- Tasty
- Nutritious
- Affordable
- Very impressive

Year Groups: 13

Location: Food Room 2

When: Friday, 12.40-13.20, Lunchtime, Week B Only

Skills this Club Promotes: Creativity, Wellbeing

Gardening Club

Teacher: JB, AMA

Club Description: Learning about planting and germination of seeds, looking after crops, harvesting and using the produce.

Year Groups: 7, 8, 9, 10, 11, 12, 13

Location: Greenhouse/Gardens

When: Friday, 13.00-13.50, Lunchtime, Week A&B

Skills this Club Promotes: Respect, Curiosity, Individuality, Excellence, Empathy, Problem Solving, Creativity, Resilience, Wellbeing, Leadership, Listening and Speaking, Teamwork

Gardening Club 2

Teacher: AMA, RJN

Club Description: Come to the greenhouse from 1pm on Wednesdays to help grow delicious fruit and vegetables, which are then used by the school catering team, from Field to fork!

Year Groups: 7, 8, 9

Location: Greenhouse/Gardens

When: Wednesday, 13.00-13.50, Lunchtime, Week A&B

Skills this Club Promotes: Curiosity, Individuality, Wellbeing

General Knowledge Quiz Club

Teacher: NAN JJH

Club Description: General knowledge quiz Club based on university challenge. The Schools Challenge competition is to be reinstated next year and hopefully we will compete. WE could do Years 7-9 Week A and Years 10-13 Week B.

Year Groups: 7, 8, 9, 10, 11, 12, 13

Location: Library

When: Thursday, 12.40-13.20, Lunchtime, Week A&B

Skills this Club Promotes: Respect, Curiosity, Individuality, Excellence, Empathy, Problem Solving, Resilience, Wellbeing, Leadership, Listening and Speaking, Teamwork

Geography Clinic

Teacher: RAK, AGL, NKM

Club Description: A chance for Students to ask question, extend knowledge or bring along own work to complete

Year Groups: 10, 11, 12, 13

Location: W03

When: Thursday, 12.40-13.20, Lunchtime, Week A&B

Skills this Club Promotes: Resilience

Geographers - Targeted Revision (Year 11)

Teacher: -

Club Description: Specifically invited students post mock to focus on exam technique

Year Groups: 11

Location: W07

When: Friday, 13.20-13.50, Lunchtime, Week A&B

Skills this Club Promotes: Excellence, Resilience, Wellbeing

Great Debate

Teacher: JAL, CED

Club Description: Historical Association's Great Debate competition for 2023-24 is launching. Come along to M01 on Wednesday Lunch ahead of regional heats in January.

Year Groups: 11, 12

Location: M01

When: Wednesday, 13.15-13.50, Lunchtime, Week B Only

Skills this Club Promotes: Curiosity, Individuality, Excellence, Resilience, Leadership, Listening and Speaking

Hablemos Español/Spanish Club

Teacher: FAR, CHW

Club Description: You are cordially invited to join us and learn more about Hispanic Culture, We will be exploring and learning about History, Culture, Traditions, Festivals and of course, the spoken language.

Year Groups: 7, 8, 9, 10

Location: E15

When: Wednesday, 12.45-13.50, Lunchtime, Week A&B

Skills this Club Promotes: Respect, Curiosity, Individuality, Excellence, Empathy, Problem Solving, Creativity, Resilience, Wellbeing, Leadership, Listening and Speaking, Teamwork

History Clinic (Year 11)

Teacher: CED, JAL

Club Description: History Clinic for y.11 iGCSE students to support with the revision and supported practice of GCSE content and exam questions.

Year Groups: 11, 12

Location: W02

When: Monday, 12.40-13.20, Lunchtime, Week A&B

Skills this Club Promotes: Excellence, Problem Solving, Resilience, Listening and Speaking

History Clinic (Year 11)

Teacher: JAL

Club Description: Targeted iGCSE History revision clinic by invitation.

Year Groups: 11

Location: W01

When: Thursday, 13.20-13.50, Lunchtime, Week A&B

Skills this Club Promotes: Problem Solving, Resilience, Wellbeing

History Clinic (Year 13)

Teacher: CED

Club Description: Clinic for A Level Historians to support with essay technique and content.

Year Groups: 13

Location: W01

When: Thursday, 13.15-13.50, Lunchtime, Week A&B

Skills this Club Promotes: Excellence, Problem Solving, Resilience, Listening and Speaking

History Intervention (Year 11)

Teacher: CED, JAL

Club Description: Y11 intervention for students covering both exam technique and exam skills.

Year Groups: 11, 12

Location: W02

When: Monday, 13.15-13.50, Lunchtime, Week A&B

Skills this Club Promotes: Excellence, Problem Solving, Resilience, Listening and Speaking

History Intervention (Year 13)

Teacher: CED, SGW

Club Description: Y13 Intervention to support students with revision for units Y106, Y223, Y319. Y100 intervention and support will be run separately - please speak to Mrs Daly

Year Groups: 13

Location: W01

When: Friday, 13.15-13.50, Lunchtime, Week A&B

Skills this Club Promotes: Excellence, Problem Solving, Resilience, Listening and Speaking

History Society

Teacher: CED

Club Description: Student led society to showcase areas of Historical interest, students individual research and to invite guest speakers in.

Year Groups: 10, 11, 12, 13

Location: W02

When: Thursday, 13.15-13.50, Lunchtime, Week A&B

Skills this Club Promotes: Curiosity, Individuality, Excellence, Leadership, Listening and Speaking, Teamwork

Hockey - Boys (Years 7/9/10)

Teacher: PE Staff

Club Description: Hockey team training provides invaluable time on the pitch for students to develop individual and team based skills.

Year Groups: 7, 9, 10

Location: Highfields

When: Tuesday, 16.00-18.00, Afterschool, Week A&B

Skills this Club Promotes: Respect, Excellence, Resilience, Wellbeing, Leadership, Teamwork

Hockey - Boys (Years 8/11/12/13)

Teacher: PE Staff

Club Description: Hockey team training provides invaluable time on the pitch for students to develop individual and team based skills.

Year Groups: 8, 11, 12, 13

Location: Highfields

When: Thursday, 16.00-18.00, Afterschool, Week A&B

Skills this Club Promotes: Respect, Excellence, Resilience, Wellbeing, Leadership, Teamwork

Harp Ensemble (Junior)

Teacher: JF

Club Description: A chance to be involved in our first rate music programme

Year Groups: 7, 8

Location: Mu6

When: Friday, 08.15–08.45, Before School, Week A&B

Skills this Club Promotes: Individuality, Excellence, Creativity, Resilience, Wellbeing, Listening and Speaking, Teamwork

Instrument Project - Brass (Years 7 & 8)

Teacher: SP

Club Description: A chance to be involved in our first rate music programme

Year Groups: 7, 8

Location: Mu8

When: Monday, 13.15–13.45, Lunchtime, Week A&B

Skills this Club Promotes: Individuality, Excellence, Creativity, Resilience, Wellbeing, Listening and Speaking, Teamwork

Instrument Project - Woodwind (Years 7 & 8)

Teacher: EJ

Club Description: A chance to be involved in our first rate music programme

Year Groups: 7, 8

Location: Mu8

When: Tuesday, 12.50–13.20, Lunchtime, Week A&B

Skills this Club Promotes: Individuality, Excellence, Creativity, Resilience, Wellbeing, Listening and Speaking, Teamwork

Knit and Natter

Teacher: HPT

Club Description: A group for students to come together and knit or crochet, and enjoy a casual chat with others.

Year Groups: 7, 8, 9, 10, 11, 12, 13

Location: W12

When: Thursday, 12.40-13.20, Lunchtime, Week A&B

Skills this Club Promotes: Creativity

Lego Club

Teacher: PH, RIA

Club Description: Who doesn't love lego? This Club meets everyweek to design build and explore how lego can link to the greater school community. Come along, build, chat and enjoy!

Year Groups: 8, 9, 10

Location: M12

When: Friday, 13.10-13.50, Lunchtime, Week A&B

Skills this Club Promotes: Problem Solving, Creativity, Resilience, Wellbeing, Teamwork

Life Drawing

Teacher: GR

Club Description: The opportunity to draw from a life model every week. This class would be excellent for all students taking art at GCSE level and A Level. All student will explore a range of different approaches to drawing the nude. Excellent skills activity for D of E.

Year Groups: 10, 11, 12, 13

Location: Studio 1 Art department

When: Tuesday, 16.00-17.30, Afterschool, Week A&B

Skills this Club Promotes: Respect, Curiosity, Individuality, Empathy, Creativity, Wellbeing Listening and Speaking, Teamwork

Lushtastic

Teacher: CVA

Club Description: An activity making Lush like products - soaps, bath bombs, lip scrubs, bath melts, lip balm, bath salts, bath foam and a candle. The products will then be labelled and decorated

Year Groups: 7

Location: DT1

When: Tuesday, 13.15-13.50, Lunchtime, Week A&B

Skills this Club Promotes: Respect, Curiosity, Excellence, Problem Solving, Creativity, Teamwork

Maths Booster (Year 11)

Teacher: SJA, PJH, AMA, KMY

Club Description: Curriculum, exam and revision support, give your Maths a boost!

Year Groups: 11, 12

Location: W13

When: Friday, 16.00-17.30, Afterschool, Week A&B

Skills this Club Promotes: Problem Solving, Resilience, Wellbeing

Maths Clinic

Teacher: PJH, SXA

Club Description: Homework and revision support for A Level Maths and Further Maths

Year Groups: 12, 13

Location: W13

When: Monday, 16.00-17.00, Afterschool, Week A&B

Skills this Club Promotes: Excellence, Problem Solving, Wellbeing

Maths Clinic

Teacher: PJH, SXA

Club Description: Homework and revision support for A Level Maths and Further Maths

Year Groups: 12, 13

Location: W13

When: Thursday, 13.20-13.50, Lunchtime, Week A&B

Skills this Club Promotes: Excellence, Problem Solving, Wellbeing

Maths Clinic (Sixth Form)

Teacher: PJH, SJA, KMY, AAK

Club Description: Curriculum support for those in Maths

Year Groups: 13

Location: W13

When: Monday, 16.00-17.30, Afterschool, Week A&B

Skills this Club Promotes: Curiosity, Problem Solving, Resilience, Wellbeing

Maths Clinic (Sixth Form)

Teacher: PJH

Club Description: Curriculum support for those in Maths

Year Groups: 13

Location: W13

When: Thursday, 13.15-13.50, Lunchtime, Week A&B

Skills this Club Promotes: Curiosity, Problem Solving, Resilience, Wellbeing

MDV Support Sessions

Teacher: TAS

Club Description: Support for Year 13 applicants for Medicine, Dentistry and Veterinary Medicine

Year Groups: 13

Location: SLT

When: Thursday, 12.40-13.20, Lunchtime, Week A&B

Skills this Club Promotes: Curiosity, Excellence, Problem Solving, Resilience, Listening and Speaking

Mindfulness Club

Teacher: RC

Club Description: Mindfulness Club will help you to learn the skills to self-regulate, recognise and manage your feelings. During mindfulness Club, we will complete activities such as mindfulness colouring, journalling, and creating affirmation cards.

Year Groups: 7, 8, 9, 10, 11, 12, 13

Location: Flexible Space

When: Monday, 13.20-13.50, Lunchtime, Week A&B

Skills this Club Promotes: Individuality, Empathy

Missing Maps

Teacher: NKM

Club Description: Missing Maps is an open, collaborative project in which you can help to map areas where humanitarian organisations are trying to meet the needs of people who live at risk of disasters and crises.

We will meet as a group to target a particular area to map i.e. part of a refugee camp, and together we would aim to map the features of this map so that it can be sent to checkers and then subsequently used by a variety of organisations to further aid and communications in these areas.

Initially we will be limited by missing maps as to the scale and complexity of the areas we will be mapping but as we spend more time doing this we will be enabled to tackle higher level tasks.

This can be used as part of your volunteering for Duke of Edinburgh or simply to hone your GIS skills.

Year Groups: 7, 8, 9, 10, 11, 12, 13

Location: W07

When: Thursday, 13.15-13.50, Lunchtime, Week A&B

Skills this Club Promotes: Curiosity, Problem Solving, Teamwork

Netball Shooting

Teacher: HGB

Club Description: Netball shooting Club is a great opportunity for shooters in any years to practise. All years welcome.

Year Groups: 7, 8, 9, 10, 11, 12, 13

Location: Old Gym

When: Wednesday, 12.40-13.30, Lunchtime, Week A&B

Skills this Club Promotes: Respect, Excellence, Resilience, Wellbeing, Leadership, Teamwork

Netball Training (Years 9 & 10)

Teacher: PE Staff

Club Description: Netball training for the senior Girls

Year Groups: 9, 10

Location: Sports Hall

When: Tuesday, 16.00-18.00, Afterschool, Week A&B

Skills this Club Promotes: Respect, Excellence, Resilience, Wellbeing, Teamwork

Netball Training (Years 7 & 8)

Teacher: PE Staff

Club Description: Netball training for the senior Girls

Year Groups: 7, 8

Location: Sports Hall

When: Monday, 16.00-17.30, Afterschool, Week A&B

Skills this Club Promotes: Respect, Excellence, Resilience, Wellbeing, Teamwork



Netball Training (Years 11 – 13)

Teacher: PE Staff

Club Description: Netball training for the senior Girls

Year Groups: 11, 12, 13

Location: Sports Hall

When: Thursday, 16.00-18.00, Afterschool, Week A&B

Skills this Club Promotes: Respect, Excellence, Resilience, Wellbeing, Teamwork

Netball Strength & Fitness (Seniors)

Teacher: ADD

Club Description: Supervised year group gym based strength and fitness sessions - suitable for all. Individual and group training plans are provided upon request.

Year Groups: 11, 12, 13

Location: Fitness Suite

When: Tuesday, 16.00-18.00, Afterschool, Week A&B

Skills this Club Promotes: Respect, Individuality, Excellence, Resilience, Wellbeing, Leadership, Teamwork

Open Fitness Session - Girls (Year 8+)

Teacher: ADD

Club Description: Supervised year group gym based strength and fitness sessions - suitable for all. Individual and group training plans are provided upon request.

Year Groups: 8, 9, 10, 11, 12, 13

Location: Fitness Suite

When: Friday, 07.30-08.30, Before School, Week A&B

Skills this Club Promotes: Individuality, Excellence, Resilience, Wellbeing

Open Fitness Session (Sixth Form)

Teacher: ADD

Club Description: Supervised year group gym based strength and fitness sessions - suitable for all. Individual and group training plans are provided upon request.

Year Groups: 12, 13

Location: Fitness Suite

When: Monday, 07.30-08.30, Before School, Week A&B

Skills this Club Promotes: Individuality, Excellence, Resilience, Wellbeing

Open Studio

Teacher: GLH

Club Description: An opportunity to create Art outside of the classroom.

Year Groups: 7, 8, 9, 10, 11, 12, 13

Location: Art 1

When: Monday, Tuesday, Thursday, Friday, 08.00-08.30, Before School, Week A&B

Skills this Club Promotes: Curiosity, Individuality, Excellence, Problem Solving, Creativity, Resilience

Orchestra (Years 7 – 13, Grade 5+ for Strings, Grade 6+ for Wind/Brass)

Teacher: ERS

Club Description: A chance to be involved in our first rate music programme

Year Groups: 7, 8, 9, 10, 11, 12, 13

Location: LLT

When: Tuesday, 08.30–09.10, Before School, Week A&B

Skills this Club Promotes: Individuality, Excellence, Creativity, Resilience, Wellbeing, Listening and Speaking, Teamwork

Origami Club

Teacher: TKS

Club Description: Learn the art of origami! Come along and find out the benefits of the peaceful art of paper folding.

Year Groups: 7, 8, 9

Location: E21

When: Wednesday, 12.40-13.20, Lunchtime, Week A&B

Skills this Club Promotes: Curiosity, Excellence, Problem Solving, Creativity, Wellbeing

Percussion (Years 7 – 13)

Teacher: AW

Club Description: A chance to be involved in our first rate music programme

Year Groups: 7, 8, 9, 10, 11, 12, 13

Location: Percussion Room

When: Monday, 13.20–13.50, Lunchtime, Week A&B

Skills this Club Promotes: Individuality, Excellence, Creativity, Resilience, Wellbeing, Listening and Speaking, Teamwork

Philosophy (Curiosity) Club (Years 8 & 9)

Teacher: LJB

Club Description: An opportunity to explore Epistemology through philosophical puzzles. We will discuss/explore concepts such as 'HOW do we know what we know?' Is time travel actually possible? What makes a game a game? Is Blue actually blue? How do we know what is true?

Year Groups: 8, 9

Location: M11

When: Wednesday, 12.40-13.20, Lunchtime, Week A&B

Skills this Club Promotes: Curiosity, Individuality, Problem Solving, Creativity, Leadership, Listening and Speaking

Photography

Teacher: SLH, GR

Club Description: Digital Photography skills, including how to use a DSLR camera and editing photos using Photoshop.

Year Groups: 8, 9, 10

Location: AR1

When: Monday, 13.15-13.50, Lunchtime, Week A&B

Skills this Club Promotes: Curiosity, Excellence, Creativity

Physical Wellbeing Drop-In

Teacher: BSS

Club Description: Open session to chat through any physical wellbeing topics you would like. These can range from discussions around nutrition, sleep, injury management, exercise, independent living, screen culture and more. There will always be a theme prepared for each session, but please arrive with any topic you would like to contribute to the conversation, or questions you have for Mr Samra.

Year Groups: 7, 8, 9, 10, 11, 12, 13

Location: Wellbeing Centre - Flexibility Space

When: Tuesday, 12.40-13.20, Lunchtime, Week A&B

Skills this Club Promotes: Individuality, Excellence, Problem Solving, Resilience, Wellbeing

Physics Drop In Help Session (All Years)

Teacher: NAM

Club Description: Lunchtime drop in session for 1-1 or small group help with anything physics related.

Year Groups: 7, 8, 9, 10, 11, 12, 13

Location: S02

When: Tuesday, 13.15-13.50, Lunchtime, Week A&B

Skills this Club Promotes: Excellence, Problem Solving, Resilience

Physics Help Session

Teacher: NAM

Club Description: For all physics related help. Primarily for Year 11 to 13, but all years are welcome

Year Groups: 7, 8, 9, 10, 11, 12, 13

Location: S02

When: Friday, 13.15-13.50, Lunchtime, Week A&B

Skills this Club Promotes: Excellence, Problem Solving

PLUS Group

Teacher: GCB

Club Description: Nottingham High School's very own LGBTQ+ group where we discuss issues relevant to the community, including films! Club open to all, including allies! It is also a good opportunity for some mindfulness activities!

Year Groups: 8, 9, 10

Location: E03

When: Wednesday, 12.40-13.20, Lunchtime, Week B Only

Skills this Club Promotes: Respect, Individuality, Empathy, Resilience, Wellbeing, Listening and Speaking

Polyphony

Teacher: ODP, ML

Club Description: Sixth form Journalism website and podcast

<https://www.polyphony-notts.com/>

Year Groups: 7, 8, 9, 10, 11, 12, 13

Location: W27

When: Monday, 12.40-13.20, Lunchtime, Week A&B

Skills this Club Promotes: Curiosity, Excellence, Problem Solving, Creativity, Resilience, Leadership, Listening and Speaking, Teamwork

Pop Choir (Years 7 – 9)

Teacher: ERS

Club Description: A chance to be involved in our first rate music programme

Year Groups: 7, 8, 9

Location: LLT

When: Thursday, 08.30–09.10, Before School, Week A&B

Skills this Club Promotes: Individuality, Excellence, Creativity, Resilience, Wellbeing, Listening and Speaking, Teamwork

Pop Choir (Years 10 – 13)

Teacher: PW

Club Description: A chance to be involved in our first rate music programme

Year Groups: 10, 11, 12, 13

Location: SFSC

When: Thursday, 08.30–09.10, Before School, Week A&B

Skills this Club Promotes: Individuality, Excellence, Creativity, Resilience, Wellbeing, Listening and Speaking, Teamwork

Production Team

Teacher: TMW

Club Description: The Production Team are taught the necessary skills to aid both Drama Productions and Music Concerts. The skill base ranges from Lighting Design, Sound Design, Costume Design, Stage Management, Scenic Design and sourcing or making Props. The Production Team also participate in the three Activities Days, which consist of an extension on their skill base or backstage visits to professional theatres.

Year Groups: 9, 10, 11, 12, 13

Location: Founder Hall

When: Monday, 16.00-18.00, Afterschool, Week A&B

Skills this Club Promotes: Respect, Curiosity, Individuality, Excellence, Problem Solving, Creativity, Leadership, Listening and Speaking, Teamwork

Psychflix

Teacher: KLS

Club Description: Love watching films? Then why not come along to Psychflix after school on Thursdays. Great films with a Psychological twist.

Open to all students in all years.

Year Groups: 7, 8, 9, 10, 11, 12, 13

Location: TBC

When: Thursday, 16.00-17.00, Afterschool, Week A&B

Skills this Club Promotes: Respect, Curiosity, Individuality, Excellence, Empathy

Psychology Club (Years 7 – 10)

Teacher: KLS

Club Description: Psychology Club for years 7-9 Autumn term on Monday lunchtimes at 1.10 in W29.

Come along to discover some fun Psychological facts/ Psychology games such as how good is your memory, ever wondered if you have a Phobia and much more!

Year Groups: 7, 8, 9

Location: W29

When: Monday, 12.45-13.20, Lunchtime, Week A&B

Skills this Club Promotes: Curiosity, Creativity, Listening and Speaking, Teamwork

Psychology Support

Teacher: KLS

Club Description: Psychology support for all year 12 and 13 students When required. Targeted support where needed.

Year Groups: 12, 13

Location: W29

When: Tuesday, 13.15-13.50, Lunchtime, Week A&B

Skills this Club Promotes: Curiosity, Excellence, Problem Solving, Resilience, Wellbeing

Python Prodigies

Teacher: SLH

Club Description: Want to improve your Python programming? If you would like some further practice and support, come along at lunch time for some fun challenges and projects. One-to-one tuition available from our specially selected A Level students

Year Groups: 10, 11

Location: IT1

When: Friday, 13.15-13.50, Lunchtime, Week A&B

Skills this Club Promotes: Curiosity, Excellence, Problem Solving, Creativity, Resilience

Quiz Club

Teacher: NAN

Club Description: Quizzing opportunity for Year 9 and above by answering general knowledge questions in the style of University Challenge.

Year Groups: 9, 10, 11, 12, 13

Location: E13

When: Tuesday, 12.40-13.20, Lunchtime, Week A&B

Skills this Club Promotes: Curiosity, Individuality, Excellence, Resilience, Wellbeing, Leadership, Teamwork

Rock Band (Year 8)

Teacher: AW

Club Description: A chance to be involved in our first rate music programme

Year Groups: 8

Location: Percussion Room

When: Monday, 12.50 – 1.20pm, Lunchtime, Week A&B

Skills this Club Promotes: Individuality, Excellence, Creativity, Resilience, Wellbeing, Listening and Speaking, Teamwork

Rock Band (Year 9)

Teacher: PJW

Club Description: A chance to be involved in our first rate music programme

Year Groups: 9

Location: Junior Music Room

When: Friday, 1.20 – 1.50pm, Lunchtime, Week A&B

Skills this Club Promotes: Individuality, Excellence, Creativity, Resilience, Wellbeing, Listening and Speaking, Teamwork

Rock Band (Year 10)

Teacher: AG

Club Description: A chance to be involved in our first rate music programme

Year Groups: 10

Location: LLT

When: Tuesday, 1.20 – 1.50pm, Lunchtime, Week A&B

Skills this Club Promotes: Individuality, Excellence, Creativity, Resilience, Wellbeing, Listening and Speaking, Teamwork

RSC Chemistry Olympiad Tutorials

Teacher: KH

Club Description: The Royal Society of Chemistry run an annual Olympiad competition aimed at the very brightest A Level Chemistry students. Commencing in November, these tutorials will help guide preparation for the two hour exam paper to be sat in January.

Year Groups: 13

Location: S13

When: Monday, 12.40-13.20, Lunchtime, Week A&B

Skills this Club Promotes: Curiosity, Excellence, Problem Solving, Resilience, Wellbeing

RS Extra (Year 13)

Teacher: LJB

Club Description: Extra session for Y13 to discuss/ work through anything that you may want extra support on. Or a chance to discuss relevant wider reading for those looking to maximise their ultimate grade.

Year Groups: 13

Location: M11

When: Monday, 16.00-17.30, Afterschool, Week A&B

Skills this Club Promotes: Curiosity, Excellence, Resilience

String Quartets & Quintets (KS3)

Teacher: ERS, JM

Club Description: A chance to be involved in our first rate music programme

Year Groups: 7, 8, 9, 10, 11, 12, 13

Location: Mu8; Mu6; Mu13

When: Monday, 08.30–09.10, Before School, Week A&B

Skills this Club Promotes: Individuality, Excellence, Creativity, Resilience, Wellbeing, Listening and Speaking, Teamwork

Swim Club (Junior)

Teacher: HW

Club Description: An extra opportunity to use the school pool and develop your swimming technique

Year Groups: 7, 8, 9

Location: Swimming Pool

When: Tuesday, 12.40-13.30, Lunchtime, Week A&B

Skills this Club Promotes: Excellence, Resilience, Wellbeing

Swim (Improvers)

Teacher: BH

Club Description: An extra opportunity to use the school pool and develop your swimming technique

Year Groups: 7, 8, 9, 10

Location: Swimming Pool

When: Monday, 12.40-13.30, Lunchtime, Week A&B

Skills this Club Promotes: Excellence, Resilience, Wellbeing

Swim (Improvers)

Teacher: BH

Club Description: An extra opportunity to use the school pool and develop your swimming technique

Year Groups: 7, 8, 9, 10

Location: Swimming Pool

When: Friday, 12.40-13.30, Lunchtime, Week A&B

Skills this Club Promotes: Excellence, Resilience, Wellbeing

Scalextric 4 Schools Competition

Teacher: RPB

Club Description: Scalextric 4 schools is a national competition where students get the opportunity to design and build their own scalextric cars before racing them against other schools. Students will get to use 3D CAD software and use rapid prototyping processes to design and manufacture cars to race around a track. As well as this they will have the opportunity to build a race track, adding in detail like grandstands, pits lanes and landscape details.

Year Groups: 7, 8, 9

Location: DT block

When: Thursday, 12.50-13.50, Lunchtime, Week A&B

Skills this Club Promotes: Excellence, Problem Solving, Creativity, Resilience, Leadership, Teamwork



Scenery Painting

Teacher: GH

Club Description: Take part in painting the set and scenery for the Junior and Senior School productions.

Year Groups: 11, 12, 13

Location: Founder Hall

When: Monday, 16.00-17.30, Afterschool, Week A&B

Skills this Club Promotes: Excellence, Creativity, Teamwork

Scouts

Teacher: DLB

Club Description: A program of informal education with an emphasis on practical outdoor activities, including camping, woodcraft, aquatics, hiking, backpacking, and sports.

Note: Access to scouts is limited. Further information will follow on how to join the movement later on in the term.

Year Groups: 7, 8, 9

Location: Scout Hut

When: Friday, 16.00-18.00, Afterschool, Week A&B

Skills this Club Promotes: Respect, Curiosity, Individuality, Excellence, Empathy, Problem Solving, Creativity, Resilience, Wellbeing, Leadership, Listening and Speaking, Teamwork

Scouts (Years 7 – 9)

Teacher: DLB, AK, HS

Club Description: A program of informal education with an emphasis on practical outdoor activities, including camping, woodcraft, aquatics, hiking, backpacking, and sports.

Note: Access to scouts is limited. Further information will follow on how to join the movement later on in the term.

Year Groups: 7, 8, 9

Location: Scouts Hut

When: Friday, 16.00-18.00, Afterschool, Week A&B

Skills this Club Promotes: Respect, Excellence, Empathy, Problem Solving, Creativity, Resilience, Wellbeing, Leadership, Listening and Speaking, Teamwork

Strings tbc (Years 9 – 13)

Teacher: ERS

Club Description: A chance to be involved in our first rate music programme

Year Groups: 9, 10, 11, 12, 13

Location: Mu8

When: Monday, 1.20 – 1.50pm, Lunchtime, Week A&B

Skills this Club Promotes: Individuality, Excellence, Creativity, Resilience, Wellbeing, Listening and Speaking, Teamwork

Strings tbc (Years 9 – 13)

Teacher: ERS

Club Description: A chance to be involved in our first rate music programme

Year Groups: 9, 10, 11, 12, 13

Location: Mu8

When: Tuesday, 1.20 – 1.50pm, Lunchtime, Week A&B

Skills this Club Promotes: Individuality, Excellence, Creativity, Resilience, Wellbeing, Listening and Speaking, Teamwork

Sinfonia (Years 7 – 9)

Teacher: JM

Club Description: A chance to be involved in our first rate music programme

Year Groups: 7, 8, 9

Location: LLT

When: Monday, 13.20–13.50, Lunchtime, Week A&B

Skills this Club Promotes: Individuality, Excellence, Creativity, Resilience, Wellbeing, Listening and Speaking, Teamwork

Sport - Girls

Teacher: ADD

Club Description: Supervised year group gym based strength and fitness sessions - suitable for all. Individual and group training plans are provided upon request.

Year Groups: 11, 12, 13

Location: Fitness Suite

When: Monday, 16.00-18.00, Afterschool, Week A&B

Skills this Club Promotes: Individuality, Excellence, Resilience, Wellbeing

STEAM Club

Teacher: RXA

Club Description: Work on a creative STEM project of your choosing; enter Teen Tech Awards, Big Bang competition or submit your work to the British Science Association for a CREST Award

Year Groups: 7, 8

Location: Science block

When: Thursday, 13.15-13.50, Lunchtime, Week A Only

Skills this Club Promotes: Curiosity, Individuality, Excellence, Problem Solving, Creativity, Resilience, Wellbeing, Listening and Speaking, Teamwork

Stress Buster Club

Teacher: RC

Club Description: Stress Buster Club will be a space to learn more about, and practice, methods and mechanisms of managing stress, whether that be related to work, exams or life changes.

Year Groups: 7, 8, 9, 10, 11, 12, 13

Location: Oasis room

When: Thursday, 13.20-13.50, Lunchtime, Week A&B

Skills this Club Promotes: Empathy, Creativity, Resilience, Wellbeing

Studio Production (Years 9 & 10)

Teacher: PR, TMW

Club Description: The Year 9 and Year 10 Studio Production this academic year (2023-2024) will be a musical that the Year 12 A Level Drama and Theatre students have written. The musical is set in a school and includes many great musical hits.

Year Groups: 9, 10

Location: Drama Studio

When: Monday, Friday, 12.40-13.50, Lunchtime, Week A&B

Skills this Club Promotes: Respect, Curiosity, Individuality, Excellence, Empathy, Problem Solving, Creativity, Resilience, Wellbeing, Leadership, Listening and Speaking, Teamwork

Studio Production Rehearsals

Teacher: PR

Club Description: Rehearsals for the Year 9&10 Studio Production.

Year Groups: 9, 10

Location: Drama Studio

When: Monday, Friday, 13.15-13.50, Lunchtime, Week A&B

Skills this Club Promotes: Respect, Curiosity, Individuality, Excellence, Creativity, Resilience, Leadership, Listening and Speaking, Teamwork

Swim Team (Years 7 & 8)

Teacher: SDW

Club Description: A great opportunity for the school Swim team to train together. Do you swim for a Club outside of school? If so come along and you could represent the school at the next Gala.

Year Groups: 7, 8

Location: Swimming Pool

When: Wednesday, 07.30-08.30, Before School, Week A&B

Skills this Club Promotes: Excellence, Resilience, Wellbeing

Swim Team (Years 9 – 13)

Teacher: BH

Club Description: A great opportunity for the school Swim team to train together. Do you swim for a Club outside of school? If so come along and you could represent the school at the next Gala.

Year Groups: 9, 10, 11, 12, 13

Location: Swimming Pool

When: Monday, 07.30-08.30, Before School, Week A&B

Skills this Club Promotes: Excellence, Resilience, Wellbeing

Table Tennis

Teacher: PAA

Club Description: Table Tennis Club is incredibly popular

Year Groups: 7

Location: Old Gym

When: Tuesday, 12.40-13.30, Lunchtime, Week A&B

Skills this Club Promotes: Respect, Excellence, Resilience, Wellbeing, Leadership, Teamwork

Table Tennis

Teacher: PAA

Club Description: Table Tennis Club is incredibly popular

Year Groups: 8

Location: Old Gym

When: Monday, 12.40-13.30, Lunchtime, Week A&B

Skills this Club Promotes: Respect, Excellence, Resilience, Wellbeing, Leadership, Teamwork

Theory Clinic

Teacher: SP

Club Description: A chance to be involved in our first rate music programme

Year Groups: 10, 11, 12, 13

Location: Mu8

When: Wednesday, 16.00–16.45, Afterschool, Week A&B

Skills this Club Promotes: Individuality, Excellence, Creativity, Resilience, Wellbeing, Listening and Speaking, Teamwork

VEX Robotics

Teacher: LCJ

Club Description: VEX Robotics is a robotics programme that builds skills in robot design and building, coding and problem solving through game-based activities. For more detail see: <https://www.vexrobotics.com/>

Year Groups: 7, 8

Location: S01

When: Friday, 13.15-13.50, Lunchtime, Week A&B

Skills this Club Promotes: Curiosity, Excellence, Problem Solving, Resilience, Teamwork

VEX Robotics

Teacher: LCJ

Club Description: VEX Robotics is a robotics programme that builds skills in robot design and building, coding and problem solving through game-based activities. For more detail see: <https://www.vexrobotics.com/>

Year Groups: 7, 8

Location: S01

When: Wednesday, 16.00-17.30, Afterschool, Week A&B

Skills this Club Promotes: Curiosity, Excellence, Problem Solving, Resilience, Teamwork



Warhammer Club

Teacher: CMJ

Club Description: Come and learn to build, paint and game with Games Workshop miniatures ranging from vicious orruks through to futuristic robots. A creative and strategic hobby with epic moments and plenty to get stuck in with! Models, paints, glue and more included!

Year Groups: 7, 8, 9, 10, 11, 12, 13

Location: M21

When: Tuesday, 12.45-13.50, Lunchtime, Week A&B

Skills this Club Promotes: Curiosity, Individuality, Excellence, Problem Solving, Creativity, Teamwork

Water Polo Club

Teacher: KN

Club Description: A chance to play the fast paced game of Waterpolo.

Year Groups: 7, 8, 9, 10, 11, 12, 13

Location: Swimming Pool

When: Wednesday, 12.40-13.30, Lunchtime, Week A&B

Skills this Club Promotes: Excellence, Resilience, Wellbeing

Wellbeing Centre Book Club

Teacher: DXS

Club Description: A weekly space to talk about books and literature in the Wellbeing Centre. We'll be discussing a different set book, poem or other piece of literature dependent on the direction the group would like to go in!

Year Groups: 7, 8, 9, 10, 11, 12, 13

Location: Oasis Room, Wellbeing Centre

When: Tuesday, 12.40-13.20, Lunchtime, Week A&B

Skills this Club Promotes: Respect, Curiosity, Empathy, Creativity, Wellbeing

Writing for Wellbeing

Teacher: DXS

Club Description: In this activity, we'll be exploring how creative writing can be used to improve your wellbeing - whether that's through freewriting, writing journals or any other creative writing you'd like to try! The sessions are supervised by Mr Scott.

Year Groups: 7, 8, 9, 10, 11, 12, 13

Location: Wellbeing Centre Oasis Room

When: Tuesday, 13.20-13.50, Lunchtime, Week A&B

Skills this Club Promotes: Curiosity, Individuality, Empathy, Creativity, Resilience, Wellbeing

Yoga

Teacher: LH

Club Description: A chance to relax and find an oasis of inner peace. Breath and take time to connect with your Well-being.

Year Groups: 7, 8, 9, 10

Location: W17

When: Monday, 12.40-13.20, Lunchtime, Week A&B

Skills this Club Promotes: Respect, Individuality, Empathy, Resilience, Wellbeing

Yoga

Teacher: LH

Club Description: A chance to relax and find an oasis of inner peace. Breathe and take time to connect with your Well-being.

Year Groups: 11, 12, 13

Location: W17/Old Gym

When: Wednesday, 13.00-13.40, Lunchtime, Week A&B

Skills this Club Promotes: Respect, Individuality, Empathy, Resilience, Wellbeing

Young Enterprise

Teacher: VJW, REW

Club Description: The Company programme provides a real life learning opportunity that introduces young people to the realities of the world of work. Students set up and run their own company developing a whole range of employability skills such as leadership, teamwork, negotiation, resilience, listening, presentation and financial awareness skills. It is a National competition and can be used in the skills section for Gold D of E.

Year Groups:

Location: W25-W29

When: Tuesday, 16.00-17.30, Afterschool, Week A&B

Skills this Club Promotes: Respect, Curiosity, Individuality, Excellence, Empathy, Problem Solving, Creativity, Resilience, Wellbeing, Leadership, Listening and Speaking, Teamwork



Creating
opportunities for
today, providing
the skills of
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