



THE WAVERLEY

NOTTINGHAM HIGH INFANT AND JUNIOR SCHOOL NEWSLETTER

MARCH 2024

Issue No: 22



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**After School Club
Contact Numbers**

Infant School : 07500 887 982

Junior School : 07810 502 693

The Merle

Keep up to date with The Merle (Senior School Newsletter) [here](#)

Please see attached for :

- Infant School menu w/c 11.03.24
- Junior School menus are [here](#)



Due to other commitments, Mrs Kawalec has to make the following changes to after school **Music Theory Club** :

Monday 18th March - Theory club will finish at **4:40pm**

Monday 25th March - There will be **NO** Theory Club

Many thanks for your understanding.

Abbreviations used throughout:

EYFS = Reception classes IS = Infant School JS = Junior School IJS = Infant & Junior School

MRS SIMPSON'S NEWSLETTER

Dear parents,

World Book Day is always a day filled with joy at the Infant and Junior School and this year was no exception. To see our pupils and staff throw themselves wholeheartedly into costumes and themed props is always a real delight, and most importantly to engage in conversations with our children about their reading. Whilst we embrace World Book Day and the focus that it gives us, at Nottingham High Infant and Junior School we pride ourselves on being a Reading School every day of the year. Our littlest learners in reception enjoy stories every day with their dedicated staff, and get to choose their own books of choice to look at and enjoy together. By the time our children reach Year 6, they are confident readers with their own views on genre and character development. We embrace all forms of reading at the Infant and Junior School, offering age-appropriate magazines in our Junior Library such as National Geographic Kids, and audio books on our popular Yoto players for the children to enjoy together. In the warmer weather, our children are found relaxing out of doors with a reading book, and all year round the library is a calm and purposeful environment in which children sit and read together. I hope that you enjoy this World Book Day Special Edition of The Waverley, which contains lots of great recommendations for your child's next read.

Regular reading of stimulating and age-appropriate material supports our children in their academic development, in terms of comprehension and vocabulary range, but it is also an important wellbeing activity, helping children to slow down and immerse themselves in another world. I also firmly believe in the powers of reading to bring alive a different perspective, and help us to understand how other people's situations and views might be different to our own, but equally valid and important. This week I thoroughly enjoyed reading "Giraffes can't dance" to our Reception children and they showed true emotional intelligence to recognise how Gerald might have felt when the other animals laughed at him. At our Reading Cafés this week, it was such a pleasure to see children relaxing with books with their grown ups and enjoying some quiet time at the start of the day.

If any children would like to review a book for a future edition of The Waverley, they are welcome to talk to Mrs Allcock in the Junior School library or their Form Teacher at Lovell so that their review can be put forward. I am so very proud of our fabulous readers here at NHIS, and I hope that this special edition of The Waverley encourages them to try something new. As parents, maybe you too will get an idea for your next read within these pages!

With best wishes,



Mrs Simpson



MARCH SNAPSHOT

MON

11

- Y2 Agility Festival @ Nottingham Trent University
- U11 Cross Country away @ Twycross Primary from 2pm

TUE

12

- Y3 Taster
- Y6 Trip to St Peter's Church & Nottingham Contemporary
- U9 Cross Country away @ Twycross Primary from 2pm

WED

13

- Y3 Hindu Temple visit (am)
- Y5 WWII Beaumanor Hall Trip

THU

14

- EYFS White Post Farm visit

FRI

15

- Y6 Humanist talk
- Y6 Outreach Netball Festival @ Valley Road

18

- Y4 Outdoor Ed @ Walesby Forest
- After School Music Theory Club will finish at 4.40pm

19

20

- Notts Primary School Choir Festival in Player Hall

21

- Y3 Conkers Residential departs

22

- Y3 Conkers Residential returns
- Y6 Netball away @ Birkdale School

25

- Y3 Caroline Lawrence Author visit (pm)
- Y4 Outreach Football Festival @ Valley Road
- **NO AFTER SCHOOL MUSIC THEORY CLUB**

26

- Reports out to Parents
- Y1 'We Love London!' Production @ 9.15am & 2.15pm
- IJS Open Classrooms (pm)

27

- **End of Term**
- **IS @ 3.45pm &**
- **JS @ 3.55pm**

Support staff will be available during the holidays except on Good Friday & Bank Holiday Monday on: 0115 845 2235

If you would like to request an authorised absence for your child, please contact exeat@nottinghamhigh.co.uk which now addresses exeat requests across IJS and Senior School.

WEEK AHEAD - W/C 11TH MARCH

MONDAY

- RA Superhero Club, RJ Mindfulness & Yoga Club, 1P Collage Club (3.45 - 4.30pm)
- Y2 Agility Festival @ Nottingham Trent University
- Y2 Speech & Drama (3.45 - 4.30pm)
- U11 Cross Country away @ Twycross Primary from 2pm

TUESDAY

- Y1 & Y2 Choir (3.45 - 4.15pm)
- Y3 Taster morning
- Y6 trip to St. Peter's Church
- Swim Club - Y3 & Y4 - please bring a packed lunch for afterwards.
- U9 Cross Country away @ Twycross Primary from 2pm

WEDNESDAY

- RB Computing Club, 1S Weaving Club, 2M Construction Club, 2B Dance Club, 2W Art (Drawing & Crafts) Club (3.45 - 4.30pm)
- 2M Dance Club (3.45 - 4.25pm)
- Y3 Hindu Temple visit (am)
- Y5 WWII Beaumanor Hall trip

THURSDAY

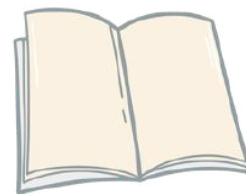
- EYFS White Post Farm visit
- 1S Little Wickets Cricket (3.45 - 4.25pm)
- DanceFit resumes @ 7.45am - if you can't come that early, please come along whenever you arrive, the more the merrier!

FRIDAY

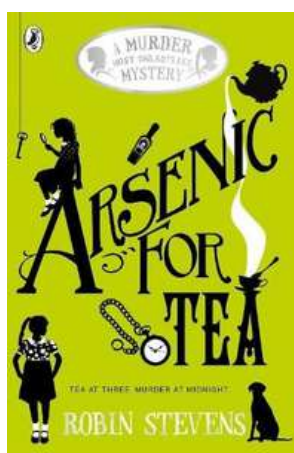
- Y6 Outreach Netball Festival @ Valley Road



REVIEW



'Arsenic for Tea' by Robin Stevens - reviewed by Adele S. (6C)



- Who would love this book? *8-12 year olds*
- Adele would give 4.5 /5 stars

A mystery book about two friends called Daisy and Hazel, they are best friends and detectives. During the Easter holidays at Daisy's family mansion, they were at a birthday party when a woman was pushed down the stairs. Daisy and Hazel try to find out who the murderer is.

Our Reading Cafe events have been very popular again this week:



The Book Fair has returned to NHIJS!

This is your chance to buy some amazing new books to enjoy, and every purchase gives IJS extra points to invest in our own wonderful libraries!

The Book Fair will be open in the Junior School atrium on the following dates:

Thursday 7th March : 4 – 4:30pm

Friday 8th March : 8 – 8:30am & 4 – 4:30pm

Monday 11th March : 8 – 8:30am & 4 – 4:30pm

Tuesday 12th March : 8 – 8:30am & 4 – 4:30pm

Wednesday 13th March : 8 – 8:30am & 4 – 4:30pm

Thursday 14th March 8 – 8:30am

You will be able to make purchases with cash or online (QR codes will be provided at the Book Fair itself to take you to the online payment page on the day).

We look forward to seeing you there for oodles of reading fun!



Difficult Conversations: Top Tips for Tackling Tricky Themes in Children's Literature by Miss. Griffiths

Have you ever revisited any favourite books from your childhood? It can be a jarring experience! From outdated language to outright discrimination, some of the viewpoints presented can be difficult to stomach.

So what's the way forward? Do we ban Blyton and ditch Dahl? Do we jettison Jacques and reject Rowling? The simple answer is: no. Exploring outdated views in children's literature is a delicate but important conversation to be having with young people; it can lead to informative and enlightening discussions. Here are some top tips for approaching this when reading together at home:

Read together:

Pause and ask questions about characters, plot points, or illustrations to gauge your child's understanding and perspective.

Choose the right time and place:

Find a quiet and comfortable environment where you can have an open and honest conversation without interruptions.

Consider age appropriateness:

Tailor your conversation to your child's age and maturity level. Younger children will need simpler explanations, while older children can engage in more complex discussions.

Encourage questions:

Create an environment where children feel comfortable asking questions. Let them know that it's okay not to understand everything and that you're there to help. Be open to learning from your child as well. If they express different perspectives or insights, acknowledge their thoughts and feelings.

Teach critical thinking:

Encourage your child to think critically about what they read. Ask them how certain portrayals or messages make them feel and if they think those views align with their own values.

Introduce diverse perspectives:

Share books that present diverse perspectives and cultures. This helps children to develop empathy and an understanding that there are many different experiences and viewpoints. In school, we ensure that every child encounters books that are 'mirrors' (reflecting their own experiences) and 'windows' (giving them insight into the experiences of others.)

If you're looking to diversify your bookshelves at home, your local library will be well equipped to make recommendations. If you're ever looking to buy books, the team at Five Leaves bookstore (just off Long Row in central Nottingham) has a wealth of knowledge and can recommend some truly excellent children's literature.

Discuss how views change over time:

Explain that societal attitudes change, and what was considered acceptable in the past may not be acceptable today. Highlight positive examples of progress and inclusivity. Compare outdated views in literature to more contemporary works that reflect improved representations. Emphasise the importance of historical context and how societal attitudes have evolved, and discuss how these changes contribute to a more inclusive and equitable society.

Promote empathy:

Help your child to understand the impact of stereotypes on individuals and communities. Encourage empathy by asking them to consider how it would feel to be misrepresented or excluded based on stereotypes.

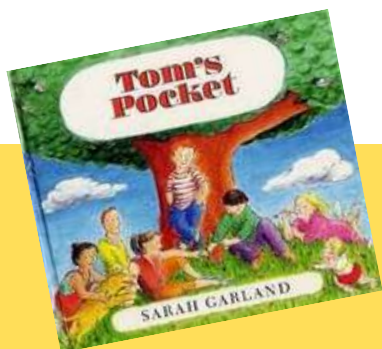
Reach out if you need us:

Mrs Dunn and I are always happy to answer any questions you have about reading with your child. Do feel free to reach out!

griffiths.m@nottinghamhigh.co.uk

dunn.e@nottinghamhigh.co.uk

RECOMMENDED BY IJS STAFF: CHILDREN'S BOOKS



"A wonderful story about a boy called Tom, who gives each of his friends a "treasure" from his pocket and shows them what to do with it." **Mrs Jackson**

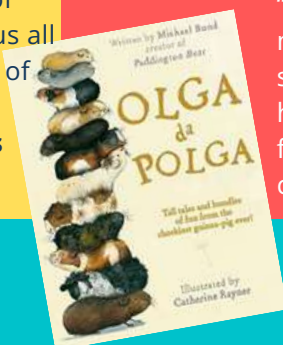


"A picture book full of amazing illustrations of Rome which reminds us all that even the smallest of creatures deserve the biggest kindness." **Mrs Farman.**

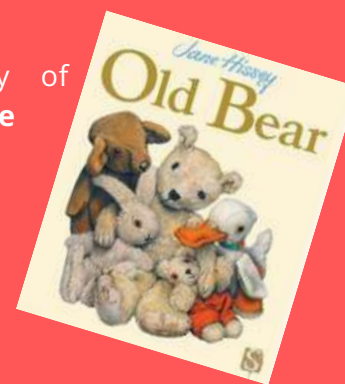


"A story about a giraffee who cannot dance! With crooked knees and thin legs, it is harder for a giraffe to dance than you might think! Gerald is finally able to dance to his own tune when he gets some encouraging words from an unlikely friend. A lovely book about including everyone and celebrating differences." **Miss Bailey**

"Lovely illustrations and a story of kindness between friends." **Mrs Pearce**



"A wonderful set of stories about my second favourite animal. These stories enable children to learn how to negotiate different friendships and challenges as a child." **Mrs Williams**



"A gorgeous story about a tiger, who loses his smile and finds it again whilst out exploring the world around him." **Miss Griffiths**

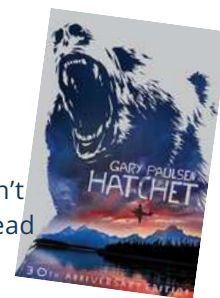


"I love the poem Chocolate Cake by Michael Rosen. My Y3 teacher read it to me and I was inspired to buy the collection of poems in this book." **Mrs Sethi**

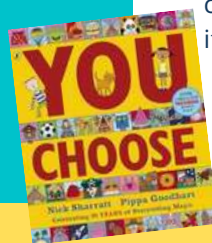


"A truly heartwarming story that is perfect for anyone seeking both adventure and emotion." **Mrs Dunn**

"A story about a boy trying to survive in the Canadian wilderness... just magic. I couldn't count how many times I have read it." **Mr Cordy**

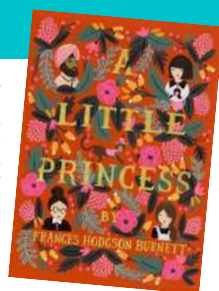


"Hours and hours of fun making and justifying decisions. Infinitely re-readable!" **Mr Abdy**



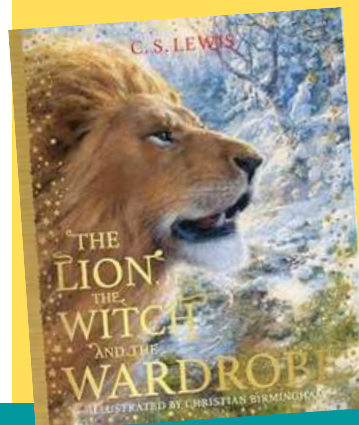
"A heart-warming story about being kind, being hungry and surviving difficult times."

Mrs Simpson



"I have happy memories of this being read by my Junior School teacher at the end of each day. A story about an unlikely friendship which shows that any barrier can be overcome."

Mrs Kawalec



"My name is Lucy and her character resonated with me because I am a younger sibling who would be overlooked! I loved the magic of it - I still check the backs of wardrobes. I loved Mr Tumms and the Beavers and was truly scared of the Snow Queen... I am still suspicious of Turkish Delight!" **Miss Thorpe**

"I felt like I was Lucy. I loved the idea of climbing through the back of a wardrobe into a fantasy, snowy land filled with unusual speaking characters. The description at the point in the story when she finds herself in Narnia is magical." **Mrs Whittamore**

RECOMMENDED BY IJS STAFF: GROWN UP BOOKS



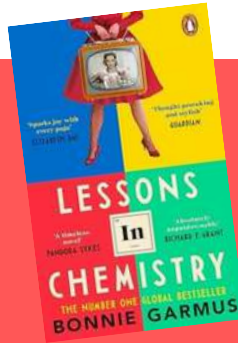
"Neil Gaiman places the Norse gods in a modern-day setting and pits them against new gods. Meanwhile, Shadow is trying to make sense of the unusual people and events that follow since he was released from prison."

Ms Stewart



"A humorous memoir of a junior doctor's experience of working in the NHS. A funny read with some heart-breaking parts."

Mrs Nolan-Oubadji.

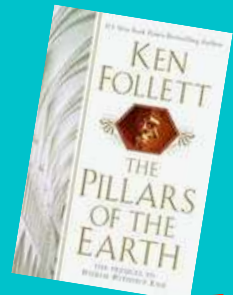
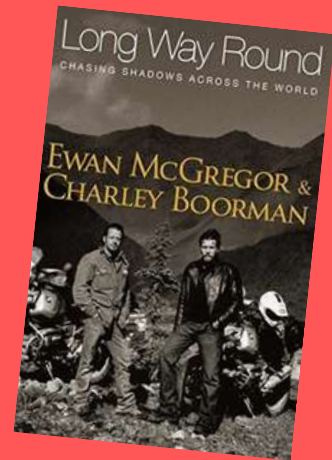


"Engaging story of a female PhD candidate navigating a world where academic success and personal fulfilment seem mutually exclusive. It challenges the stereotypical portrayal of women in science."

Mrs Pearce

"The two celebrities travel 20,000 miles around the world by motorbike. They have to rely on each other's good humour as the journey tests their relationship and their stamina to the limits. Highly entertaining!"

Mr Miller

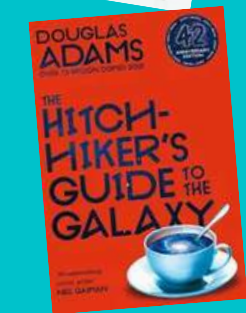


"This epic tale, spanning multiple generations, tells the story of the building of a fictional cathedral. It is riveting!"

Miss Griffiths

"This story follows Arthur Dent, the last surviving human after planet Earth is demolished to make way for a hyper-galactic bypass. You also get to discover the answer to the "Ultimate Question to Life, the Universe and Everything."

Mr Crossland

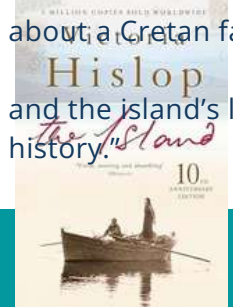


"A beautifully-written story which spans the lifetime of a man facing prejudice for being himself."

Mrs Simpson

"Such a heart-warming story about a Cretan family personally affected by leprosy, and the island's leper colony history."

Mrs Kawalec



"I read this as a younger adult and I was totally inspired by the resilience and determination of the main female character. A great historical fiction story based on prisoners of war in Malaya during WW2 and people settling down in Australia afterwards."

Mrs Whittamore

"A captivating story of self-discovery with themes of humour, loneliness, friendship and belonging."

Mrs Dunn

"A book about two siblings in Kerala that is so beautifully written that twenty years after reading it it has left a scar on my heart."

Mrs Hammond



"A relatively recent read for me. Sweeping story with characters who jump off the page and you feel their journey along with them."

Miss Thorpe



"An emotional rollercoaster around the treatment of a horse during WW1. it makes a great starting read of the Michael Morpurgo collection."

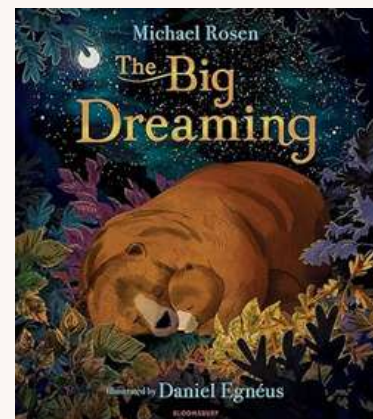
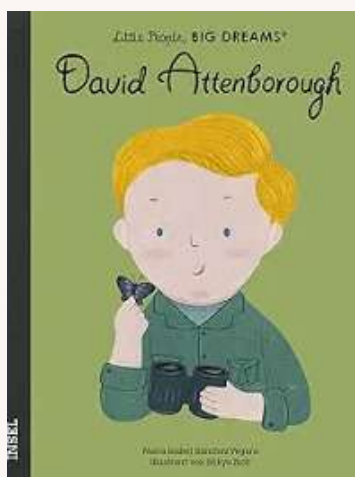
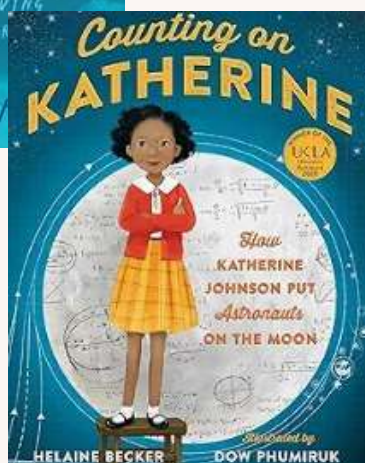
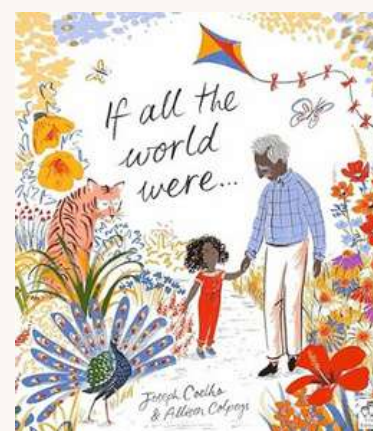
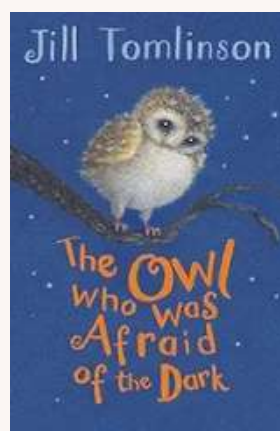
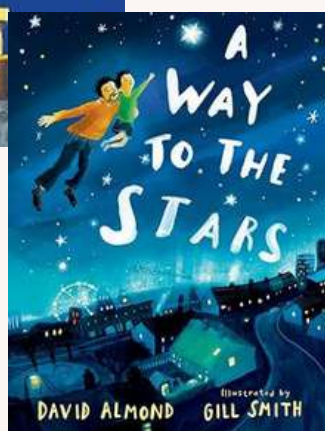
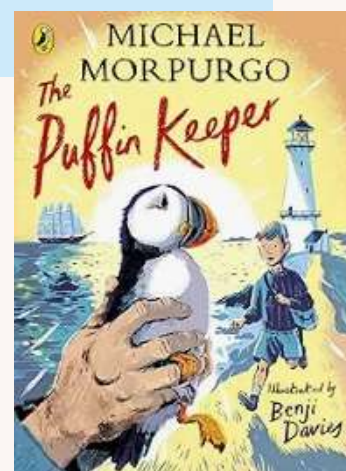
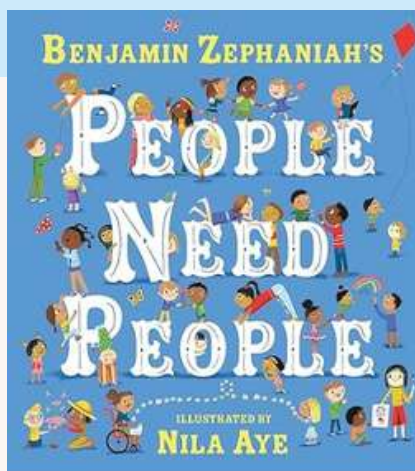
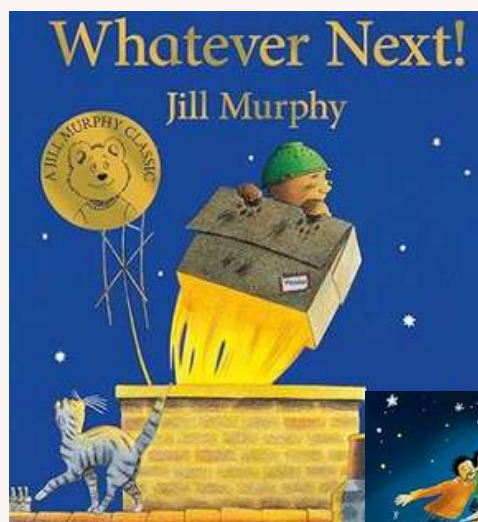
Mr Mercer



LOVELL HOUSE READING LIST



Our parents often ask for ideas of age-appropriate books which might suit our youngest learners. This list may provide some ideas for forthcoming birthdays or a way to spend your World Book Day Token! Ms Stewart (KS1 Phase Leader) recommends the following fabulous titles.

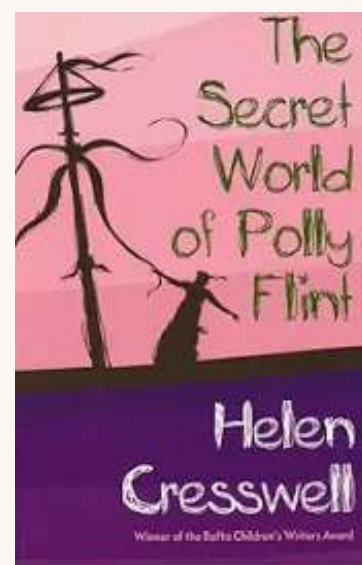
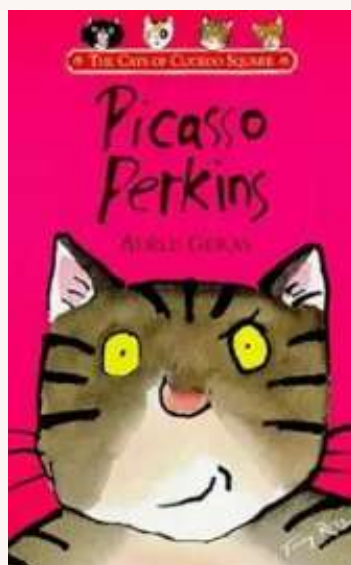
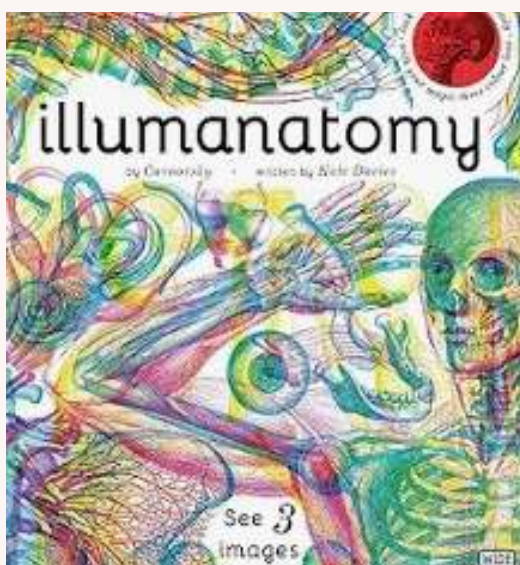
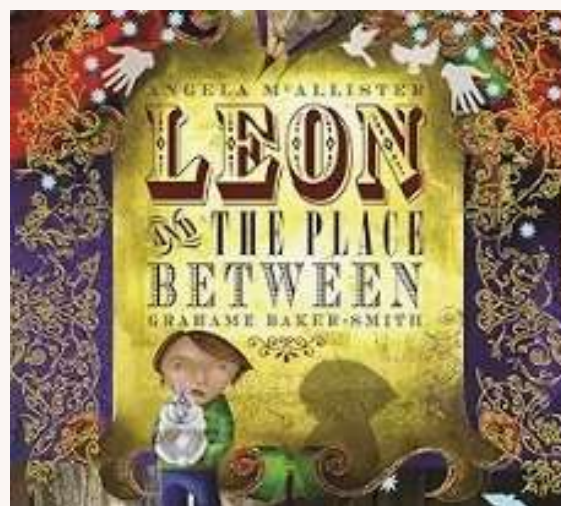
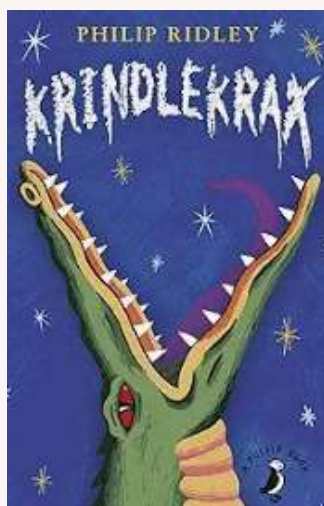


JUNIOR SCHOOL READING LIST

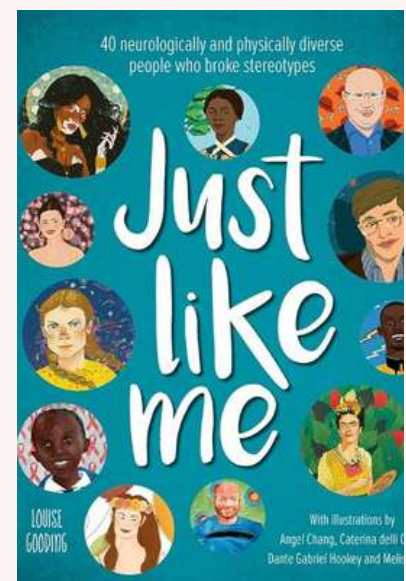
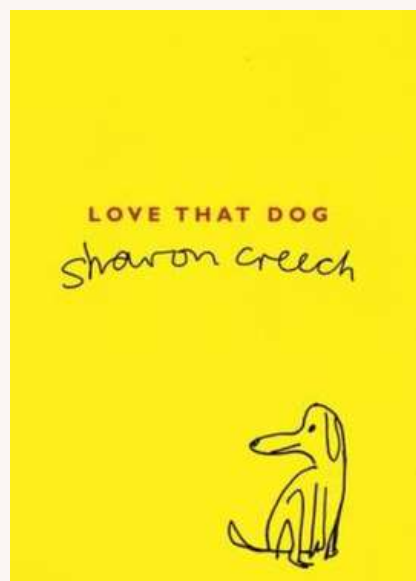
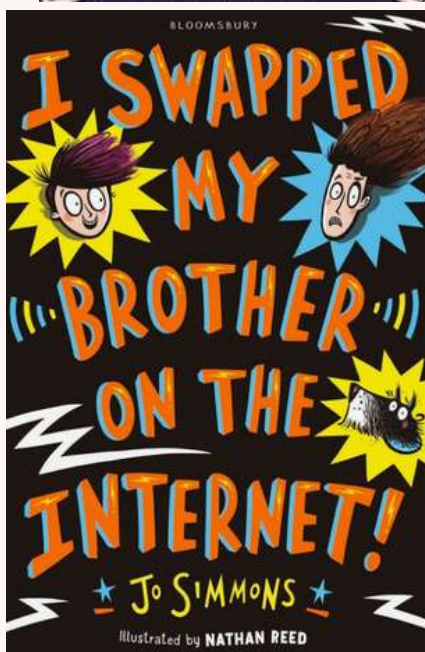
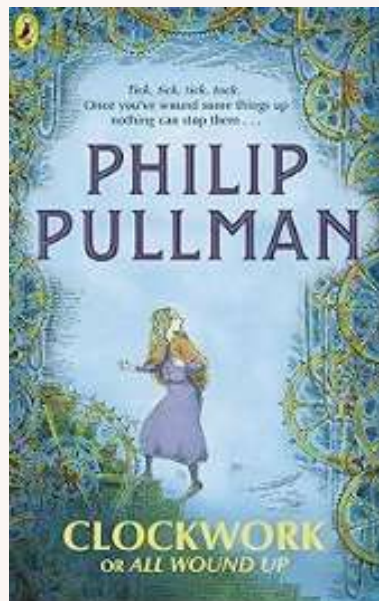
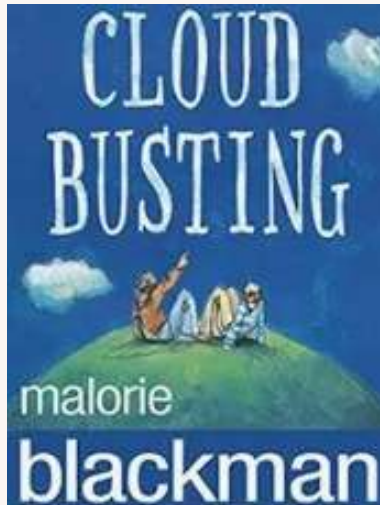
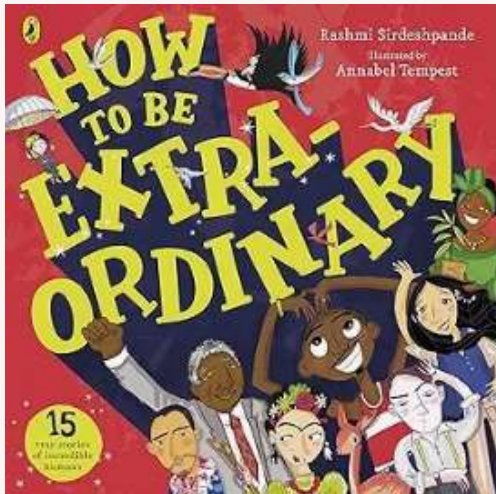


Our parents often ask for ideas of age-appropriate books which might suit our KS2 learners. This list may provide some ideas for forthcoming birthdays or a way to spend your World Book Day Token! Mrs Dunn (Reading Champion) has come up with the following fabulous titles for our Y3-6 pupils.

Y3/4 reads



Y5/6 reads



Year 1 Production - We Love London!

Year 1 have begun their rehearsals for their production, **We Love London!**

The performances will take place on Tuesday 26th March at 9:15am and 2:15pm. Due to strict fire regulations, we can only offer a maximum of two tickets per family. **Tickets will be available from Mon 4th March 7.00pm**
<https://www.trybooking.com/uk/DFGC>

Limited parking will be available in the Senior School Yard on a first come first served basis.

We have organised for Open Classrooms to take place after each performance. The children will return to their classrooms and parents can join their child in 1P or 1S to celebrate their work.



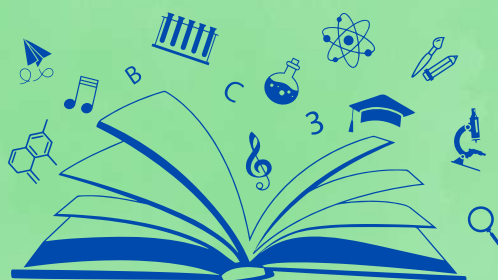
EYFS & Y2 - Y6 Open Classrooms Tuesday 26th March 3 - 3.45pm



Come along and look at your child's work - no bookings required for EYFS, Y2 - Y6.

There will be limited parking available in the Senior School yard from 3pm. Due to the timings of the school day, please ensure you either leave the car park by 3.45pm or delay your departure until 4.15pm.

Please see separate information above for Y1 Open Classrooms



Junior School House Egg-stravaganza!

What's the idea?

- Decorate an egg! You can use more than one egg if you like and it can be any design you choose.
- You can either use real eggs or polystyrene/cardboard eggs or even just decorate a picture of an egg.
- If you use a real egg, you will need to ask an adult at home to help you prepare the egg- there are ideas on GC for how to do this.
 - Bring your design into school on **Monday 25th March**.
- The competition will be judged on Tuesday 26th March with winners announced on the last day of term, **Wednesday 27th March**.
- There will be an award for everyone who takes part (merits) a class winner (prize) and an overall House winner.
 - Be CREATIVE!
 - Think outside the (egg) box.





JS INGRAM CUP



This year we will be holding, our annual house music competition, the Ingram Cup, in the Summer term. I would like to encourage ALL pupils who learn a musical instrument, whether they learn in or out of school, to participate in this competition. Everyone who participates will earn valuable merits for their house, regardless of their level or ability.

During the 'Preliminary Heats', which will take place during the week beginning 22nd April, pupils will be adjudicated and ten pupils from each year will go through to the final, which will be held on Thursday 2nd May. Please encourage your child to talk to their teacher about what they might play for the Ingram Cup this year. I would stress that they should play something that they know well and that shows musicality rather than something that they are currently working on. Pupils who perform on anything other piano (including voice) need to provide named piano accompaniments/backing tracks to Mrs Kawalec as soon as possible and no later than Friday 12th April.

Prior to the heats, which will begin during the week beginning 22nd April 2024, sign-up sheets will be put up in the pupil entrances.

The final will take place on Friday 10th May. Pupils will be notified if they have been successful in gaining a place in the final by the end of the week beginning 22nd April 2024.

Please see further information by clicking on the link:

<https://nottinghamhigh.co.uk/wp-content/uploads/2024/02/Ingram-Cup-information-2024.pdf>

EASTER HOLIDAY CLUB

(Available Places Update)

£180.00 - Bookings via Wisepay

Tuesday 2nd to Friday 5th April



	EYFS	Y1	Y2	Y3	Y4	Y5	Y6
Places Available	1	6	7	6	6	6	8

INFANT AND JUNIOR SCHOOL
INFANT SCHOOL STAR OF THE WEEK

RA

Oliver H. for his hard work on independently extending his writing.

RB

George HB. for using some brilliant adjectives to describe a mythical creature.

RJ

Lily McM. for her absolutely incredible independent writing of Handa's Surprise with super letter formation and application of her phonics.

1P

Clayton L. for using his imagination to think of a creature that could be in the Lovell House mystery egg.

1S

Gursher S. for imaginative ideas about our mystery egg during our English lessons.

2B

Eva L. for writing an amazing story based on our mysterious egg.

2M

Luminar C-R. for a well presented write up of the chocolate spoon investigation in Science

2W

Alice T. for her fantastic story about 'The Egg' using lots of description and ideas for World Book Day.

INFANT AND JUNIOR SCHOOL

INFANT SCHOOL SQUIRREL OF THE WEEK



Rupert W-R. (RA) for always being ready to start the day and completing his morning jobs.

Vince M-M. (RJ) for enthusiastically and diligently completing his Rainbow Challenges every week to a wonderful standard thriving when given a challenge.

Maryam G. (2M) for always persevering in Maths even when problems get tricky.



Arthur T. (RB) for bravely jumping into the swimming pool!

Oliver M. (1P) for making an effort to join in and answer questions during whole class teaching.

Samrajh G. (1S) for being a star pupil this week and striving to make the right choices during all parts of the school day.



Zayn M. (2W) for always being the first person to offer to help either his friends or in the classroom, thank you.



Aryan K. (2B) for proudly and confidently sharing his world book day character with his friends.

3M

Anaya B., Edward B., Harman L., Abi R. and Alex W. for outstanding efforts within lessons which has culminated into brilliant scores and improvements within our most recent test papers!

5D

Sofia S. and Hannah T. for excellent contributions to Maths lessons this week and resilience when tackling problems involving area and perimeter.

Danesh B. for a fascinating spotlight on ancient number systems which captivated his audience and taught us all something new.

6C

Safa M. for her brilliant work in preparation for our visitor from Humanist UK.

6S

Alex P. for his clever and insightful answers when discussing the evilness of animals, and for his excellent narrative around the yellow-spotted lizard.



Kitty A. (3G) for embracing the power of Marvellous Mistakes with positivity, enabling her to master some complex multiplication problems.

Khush M. and Amaal M. (3G) for excellent teamwork in Maths, learning from and with each other to make amazing progress.

Ibrahim M. (3G) for working tenaciously in Maths to achieve some amazing 'Aha!' moments.

Henry A., Burhanuddin G., Grace J. and Aishani G. (5A) for persistence and resilience when making their model Anderson Shelter; it was challenging but they didn't give up.

Kareem H. (6C) for spending his own time making sure that his Crest Award Presentation is the best of his ability.

Aarav K. (6S) for always being the first to get to his English lesson and for always being ready to start work first.



Austin L. (3G) for using his skills to coach another child through some very tricky Maths problems.

Austin R. (6C) for always trying his best and being an excellent role model to others.

Aarav K. (6S) for choosing to write a fantasy story in his own time – a JRR Tolkien in the making.



Jaiya B. (3G) for always being a voice of calm reassurance in a busy classroom, supporting her friends with empathy.

Joshua O. and Kalyan R. (3G) for always taking the time to converse meaningfully with the adults around them, showing genuine interest and offering cheery greetings to the staff team.

Tarun L. & Tom C-H. (4C) for showing kindness and empathy toward a classmate who was feeling self-conscious this week.

Taran L. (4W) for looking after an injured person and cheering them up.

Sophie H. (5A) nominated by a form member for helping her when she fell over.

Sienna L. (5A) nominated by a form member for always being happy and cheering them up if they are upset

Milan A. and Cole H-R. (5A) nominated by a peer for supporting them and making sure that he is included in Games.



George Z. (5A) for supporting and helping other members of the class when they were making a complicated model of an Anderson Shelter.

Gurpreet L. (6H) for showing unending respect to all those around him, both adults and peers, and always setting a wonderful example to all

Thomas R. (6H) for being a fantastic role model to everyone, by throwing himself in to all aspects of school life and for being respectful and kind to all.

Samyuktha V., Mahira I., Matilda C., Emi D., Bertie H. and Max F. (6S) for showing unending respect to all those around him/her, both adults and peers, and always setting a wonderful example to all.



Rex C. (4W) for being so brave and resilient after a knock to the head.

INFANT AND JUNIOR SCHOOL

JUNIOR SCHOOL SHARPENER FOR SUCCESS AWARD

3G

Alice B. and Darcey T. for representing the school for the first time in a swimming fixture, for overcoming any nerves and swimming exceedingly well.

3M

Amy H. for representing the school for the first time in a swimming fixture, for overcoming any nerves and swimming exceedingly well.

4C

Tom C-H. for representing the school for the first time in a swimming fixture, for overcoming any nerves and swimming exceedingly well.

4W

Janice W. for her excellent progress in netball, demonstrating speed and skill in drills and games alike.

Benjamin R., Charlie G. and Ethan Zh. for representing the school for the first time in a swimming fixture, for overcoming any nerves and swimming exceedingly well.

5A

George Z. for being the second fastest breaststroke swimmer in the IAPS regional round and for excellent swimming and supporting the U9 team in the Ranby gala so effectively.

Y6

All of Y6 who have all completed their prototypes for their Bronze Crest Award. Some excellent designs – well done!

6C

Adele S., Erin S., Safa M., Emily G., Imogen N., Aria B. and Yi Yi Y to celebrate their excellent attitude, manners and behaviour when representing the school in a netball fixture against Ranby House.

Shrey S-B. for excellent swimming and supporting the U9 team in the Ranby gala so effectively.

6H

Max G. for being the fastest backstroke swimmer on the day in the IAPS regional round and for excellent swimming and supporting the U9 team in the Ranby gala so effectively.

Zoe Z., Shreya K., Silvana D. and Sydney Q. to celebrate their excellent attitude, manners and behaviour when representing the school in a netball fixture against Ranby House.

INFANT AND JUNIOR SCHOOL

OTHER ACHIEVEMENTS TO CELEBRATE



IAPS Swimming gala at Repton School

On Monday 4th March our U11 Boys and Girls Swimming teams travelled to Repton School to represent our school in the National IAPS swimming competition. This was just one of the 25 regional rounds of Independent Schools taking place up and down the country. Seven Independent Schools participated at Repton School, swimming against each other, but mainly against the stopwatch, as all of the swimmers' times are sent off and ranked into order nationally for all the Independent Schools in the country who enter this prestigious event. There was some fantastic swimming in the relays and in the 50m individual events against some very strong competition. Special mentions must go to Max G. for being the fastest U11 boy in the 50m backstroke in this round and George Z. who was the second fastest U10 boy for 50m breaststroke on the day. All of our swimmers were exceedingly well behaved, polite and well-mannered towards everyone they met and super supportive of each other in their races. Well done everyone - a great gala!

Swimming gala v. Ranby School

On Wednesday 6th March, the U9 and U11 Swimming A teams were delighted to be representing the school in a home fixture against Ranby House. The U9 team were especially excited as for many it was the first time they had represented the school at Swimming and we also had three Year 3s in the team! The races were really close with some fantastic swimming from everybody! It was a such a super supportive atmosphere and it was particularly pleasing to see the U11's looking after and supporting the U9's in their first gala.

Final Scores:

NHIJS Boys' teams combined score: 59
Ranby Boys' teams combined score: 46
NHIJS Girls' teams combined score: 58
Ranby Girls' teams combined score: 49

Overall scores: NHIJS: 117, Ranby School 95.

HONOUR POINT AWARDS

Gold Certificates for 15 points to:

- 6C: Emily G.
- 5A: Aniket M.
- 5D: Sofia S.
- 5B: Cole H-R., Enzo L., Miranda B.
- 4W: Maya A., Ameer M.
- 3M: Anaya B., Samuel G., Amy H.

Silver Certificates for 10 points to:

- 6C: Neil K., Erin S., Suren T., Safe M.
- 6H: Thomas R.
- 5A: Henry A., Aniket M.
- 5B: Hamish J-R.
- 5D: Harkiran M., Hannah T., Danesh B., Joshua S.
- 4W: Minh N., Gurveer K., Taran L.
- 3M: Edward B., Violet B., Benedict C., Abigail R., Sai G., Thomas S., Alex W.

Bronze Certificates for 5 points to:

- 6S: Jin Chen L.
- 6C: Sebastian C., Kareem H., Austin R., Aria B.
- 6H: Ibraheem A., Kiyaan B., Alice B., Zuhayr C., Max G., Avani K.
- 5A: Sienna L., Aryaman G., Rose C.
- 5D: Harkiran M.
- 4W: Sophie S., Amelia V., Taran L.
- 3M: Zane H.



Violet B. (3M) has achieved her bronze award at gymnastics.



Amelie V. (4W) was awarded the 'Star Cheerleader Trophy' at her weekly Cheer Dance Class



Nicholas H. (4W) was awarded 'Player of the week' – supporting his team (LERFC).



Nicole C. (6C) competed at the All England Dance qualifiers in Dudley. She won gold in her musical theatre solo and duet, a silver for her character trio and a bronze for her character solo.



GENERAL NEWS

Dear Parents/ Guardians,

We are excited to announce that this Easter, you can join us for an awesome Tech Camp. With lots of exciting activities from programming challenges, Robot Coding, Minecraft Engineering, DJ mixing and LEGO Engineering! 🤖

We are running on 8th – 12th April at Nottingham High School, NG7 4ED from 9 am to 4 pm each day.

Our aim is to inspire, engage and empower the next generation of creators, coders, and inventors. We have put together an action-packed Activity Schedule with something for every child to extend their learning in a fun and unique way using the latest and greatest tech. Activities include:

- 🤖 ROCKING ROBOTICS - Meet our robots and learn visual coding and programming skills that make them come to life!
- 🚀 GENIUS INVENTIONS- Create electronic wonders, while exploring the world of circuits and invention with so many possibilities to explore.
- 🎨 3D CREATIONS - Unlock your inner Tech Artist and create mesmerising three-dimensional creations, letting your imagination soar!
- 🎥 MEDIA MADNESS - Enthusiastic directors, actors, and content creators will delve into the captivating realms of photography and filmmaking.
- ⭐ MINECRAFT ENGINEERING -As a Minecraft engineer, you can build incredible structures, create ingenious Redstone contraptions, and bring your wildest dreams to life.

All staff are DBS Checked and qualified to run the greatest sessions in the safest environment. For more information check out our flyer attach or visit our website below.

Our camps cater to ages 5-11. Spaces are limited, so don't miss out and book online today, simply visit: <https://www.nextthing.education/product/nottingham-high-school-easter-camp/>

We look forward to seeing you at camp! 🤖🎮
Next Thing Education Camps Ltd.

NEXT THING EDUCATION CAMPS PRESENTS

Easter 2024

TECH HOLIDAY CAMP

NOTTINGHAM HIGH SCHOOL

Waverley Mt, Nottingham NG7 4ED
Ages 5 -11, 9 am -4 pm

www.nextthing.education

Ofsted Registered

Activities: Coding & Robots, Circuitry & Inventions, Creative Technology, STEM Engineering, Tech Fun

Movie Making | Video Game Design | Robot Coding | STEM Experiments | Engineering

LIMITED SPACES AVAILABLE
8th - 12th April 2024

"Wonderful Time"
"Our son had a wonderful time at Tech Camp, he was so proud of the song he made and mixed together himself and couldn't wait to play it for us when we collected him."
★★★★★

How to book

STEP 1
VISIT OUR WEBSITE OR SCAN THE QR CODE BELOW

STEP 2
FIND YOUR NEAREST CAMP

STEP 3
BOOK BY 15 MARCH WITH CODE BELOW
EASTERS

BOOK NOW AT
www.nextthing.education
T: 01442 873150 E: info@nextthing.education

GENERAL NEWS

Bandwise 2024

WORKSHOP AND PERFORMANCE DAY OPEN TO ALL YOUNG PLAYERS AGED 8 – 21

BIG YOUTH MUSIC EXPERIENCE





Playing workshop: Saturday 20th April
South Nottinghamshire Academy, Radcliffe on Trent
Concert: Sunday 28th April – Albert Hall, Nottingham



Music
for everyone

www.music-for-everyone.org
Registered Charity No. 1153412

Supported by:  Nottingham Trent University  Bookwise

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PHYSIO SESSIONS

We're happy to announce the start of Physio sessions as part of the wider range of services the Centre offers to both students and parents.

Run by experienced physiotherapist Alex Lamb from Coach House Physio, sessions will take place between 1pm and 5pm on Wednesdays. Students will be able to attend sessions during lesson time or after school, with parental permission. Please note that parents must be able to attend these sessions in person alongside their child (including those over the age of 18).

Each 40-minute session, which will include assessment and treatment, costs £45. Mr Lamb also works with private health insurance providers.

Parents and staff are also welcome to use this service at the same rate of £45 per 40-minute session. If these sessions take place after 4pm, parents are welcome to keep children in our wrap-around care until the end of your appointment. All appointments can be booked in advance via this form. If you have any questions about this service, please contact the Wellbeing Centre Administrator, Dan Scott, at scott.d@nottinghamhigh.co.uk.

FIRST NIGHT FREE

Electric Jive



Every Thursday

Want a great night out?
More fun than the gym!

For more information

07730 269 969

BEGINNERS WELCOME
NO PARTNER REQUIRED!
EASY TO PICK UP
FOR ALL AGES 18-80

www.electricjive.co.uk

FIRST SESSION - THURSDAY 7TH MARCH

Player Hall - Nottingham High School - NG1 4HH

AFTER-SCHOOL NETBALL TRAINING

IN THE MAIN SCHOOL SPORTS CENTRE



MONDAY

SESSION ENDS

YEARS 6 & 7
YEAR 8

5.15PM
6PM

TUESDAY

SESSION ENDS

YEARS 9 & 10

6PM

THURSDAY

SESSION ENDS

SENIORS

5.45PM

A FUN WORKSHOP AND CONCERT OPEN TO CHILDREN
AGED 5 - 14

Vocals

Singing workshop: Saturday 9 March
Nottingham Trent University, Clifton NG11 8NS
Concert: Sunday 10 March
Albert Hall, Nottingham NG1 5AA

AT THE MOVIES

www.music-for-everyone.org
Registered Charity No. 1153412

Supported by:



Music for everyone

MMR

MEASLES MUMPS RUBELLA

Measles is circulating, it is serious, very infectious and can cause complications.

Especially for those with a weakened immune system, babies under one year and pregnant women.

You need two doses of MMR vaccine to protect you, see your GP practice to make an appointment.

It is never too late to have your MMR.

immunisation
the safest way to protect your child



The UK Health Security Agency (UKHSA) has declared a national measles incident

Measles is an infection that spreads very easily and can cause serious problems in some people.

Cold-like symptoms

The first symptoms of measles include:

- a high temperature
- a runny or blocked nose
- sneezing
- a cough
- red, sore, watery eyes

More info here

<https://www.nhs.uk/conditions/measles/>

[National Measles Guidelines](#)

[MMR Vaccine Info](#)