



THE WAVERLEY

NOTTINGHAM HIGH INFANT AND JUNIOR SCHOOL NEWSLETTER

MARCH 2024

Issue No: 25



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After School Club
Contact Numbers

Infant School : 07500 887 982

Junior School : 07810 502 693

Please see attached for :

- Infant School menu w/c 25.03.24
- Junior School menus are [here](#)

Abbreviations used throughout:

EYFS = Reception classes IS = Infant School JS = Junior School IJS = Infant & Junior School



MRS SIMPSON'S NEWSLETTER

Dear parents,

As the Spring Term comes to a close for the Easter Holidays, I reflect on all the wonderful things our IJS pupils have achieved this term. Whether it be mastering fronted adverbials, perfecting Grade 1 piano scales or making and developing new friendships this term, every child should be enormously proud of what they have achieved. As teachers, we often see the "new year" as commencing in September rather than January, for this is when the fresh exercise books are distributed and brand-new plans are made for the year ahead. The 1st January seems rather less significant in comparison. Nature, of course, adheres to its own timetable. The magnolia tree at the bottom of my garden declares the start of springtime with its magnificent blossom; a sight I look forward to each and every year. Spring, like September and January, also heralds the start of something new, and there is perhaps comfort in having multiple chances for a new start throughout the year.

For this final edition of the Waverley for the term I thought I would share some of the quirkier Easter Traditions which exist in countries around the world. Whether or not you and your family celebrate Easter, perhaps the essence of some of these traditions could make their way into the forthcoming holidays as opportunities for our children to pause and enjoy the newness of Spring.

In Australia, rather than chocolate eggs or bunnies, it is chocolate bilbies which are exchanged. The bilby is a rabbit - like animal native to Australia which is endangered. The exchange of chocolate bilbies serves to raise awareness of this species and what can be done to help its survival. Whilst it might be tricky to obtain a chocolate bilby in Nottingham this Easter time, many of our children know lots of facts about other endangered species and could reflect on their challenges as they enjoy some chocolate treats.

In some French towns, communities come together to make enormous omelettes in the town square which feed the whole population for much of the day. The idea here is that of coming together and serving one another. Some of our older Junior School pupils might be able to learn to make an omelette this Easter, and treat parents with a home-cooked breakfast in honour of this particular tradition!

Norwegians treat Easter as a crime novel holiday, enjoying mystery books and watching crime dramas together as a family. As a reading school, this is a clear tradition to attempt to uphold, and I know many of our avid readers will relish getting stuck into the mystery genre. My recommendations would include Bob and the Moon Tree Mystery by Simon Bartram for Lovell House pupils and Pages and Co: Tilly and the Bookwanderers by Anna James for Juniors.

Finally, a beautiful Easter tradition hailing from Bermuda is to fly a kite over Easter time, to nod to the concept of the ascension but also to foster a sense of togetherness. As I read about this tradition earlier this week, I realised that my own daughters have never yet flown a kite, so this is definitely on our family's list for this school holiday.

I wish you and your children a restful break and if they try out any of the traditions above, I would love for them to come and tell me all about it next term.

With warmest wishes,

Mrs Simpson



APRIL SNAPSHOT

MON

TUE

WED

THU

FRI

Support staff will be available during
the holidays except on Good Friday & Bank Holiday Monday on:
0115 845 2235



15 APRIL

- **STAFF
INSET
DAY**

16

- First day of
Summer term

17

18

19

- ESSA U10 & U11
Swimming
Regional Round @
Repton

22

- Y2 Outdoor
Education Day

23

24

25

- Y5 Space Centre
trip

26

JS INGRAM CUP WEEK

29

30

- Y2 Rebels of
Nottingham
(Robin Hood)
- Y4 Lincoln
Mosque &
Cathedral trip
- Y6 Think Tank trip

If you would like to request an authorised, planned
absence for your child, please contact
exeat@nottinghamhigh.co.uk which now addresses
exeat requests across IJS and Senior School.

WEEK AHEAD - W/C 15TH APRIL

Please note there will be **NO** Extra-Curricular Clubs at both Infant School & Junior School this week however After School Club will run as usual

MONDAY

- STAFF INSET DAY

TUESDAY

- 1st day of Summer term

WEDNESDAY

THURSDAY

FRIDAY

- Y4 Times Table check
- ESSA U10 & U11 Swimming Regional Round @ Repton



Dear Headteacher, parents or guardians,

This letter contains important health information

I am writing to inform you that the UK Health Security Agency (UKHSA East Midlands Health Protection team) has identified an increase in confirmed or suspected cases of whooping cough (pertussis) in school age children in the Nottingham and Nottinghamshire areas.

Individual cases have been provided with advice, but we would like to take this opportunity to raise awareness regarding vaccination and symptoms of whooping cough to be aware of.

Symptoms

Whooping cough is caused by infection with pertussis bacteria. For most school-age patients, symptoms will resolve over a number of weeks, while for some, coughing can persist for a few months.

The symptoms of pertussis include:

- a cough lasting several weeks following initial cold-like symptoms
- prolonged bouts of coughing ('paroxysms')
- post-coughing retching or vomiting
- a 'whoop' sound on breathing in
- rib pain

Find more information about pertussis on the NHS website: <https://www.nhs.uk/conditions/whooping-cough/>

Untreated pertussis is no longer infectious after 21 days but with appropriate antibiotic treatment this reduces to 48 hours.

Advice for parents or guardians

If your child has any of the symptoms described above, we advise you seek medical advice from a GP and take along this letter.

Your GP may then arrange testing for whooping cough. Your GP can also prescribe antibiotics without waiting for test results. Antibiotics are not required if there has been more than 21 days of coughing. Whooping cough is no longer infectious from 48 hours of starting appropriate antibiotics, but your child should stay isolated at home until they have had 48 hours of antibiotic treatment.

Whooping cough is spread through respiratory droplets: coughing into tissues and washing hands with soap and water can reduce spread.

If your child missed any of their infant or pre-school vaccines, we recommend that you arrange catch-up vaccination through your GP practice as soon as possible. If your child is up to date with their pertussis vaccination, we do not advise any further boosters.

It is still possible for fully vaccinated children to develop whooping cough (although the illness is generally milder) so if your child develops symptoms they should be taken to the GP for advice.

At-risk groups

Whooping cough is of most concern in unimmunised infants when it can be life threatening. Vaccinations to prevent whooping cough are routinely given to infants, pre-school children, and pregnant women.

We recommend all pregnant women get their routine vaccination against pertussis ideally between weeks 20 and 32 of pregnancy (but can be given from 16 weeks and up until labour if needed) in order to protect their baby.

Those in risk groups or with regular contact with persons in a risk group should consider avoiding events where they may come into contact with those unwell with pertussis.

Yours sincerely

Dr Vanessa MacGregor
Consultant in Communicable Disease Control (CCDC)
UKHSA East Midlands Health Protection team

2024 NHIJS House Egg-stravaganza THE RESULTS



Overall Winner

Anoushka P-T. (5A) Hardy's



3G
Form
Winner

Sanjay K.



3M
Form
Winner

Benedict C.



4C
Form
Winner

Benjamin T.



4W
Form
Winner

Taran L.



5A
Form
Winner

Rose C.



5B
Form
Winner

Hamish J-R.



5D
Form
Winner

Hannah T.



6C
Form
Winner

Emily G.



6H
Form
Winner

Nicole C.



6S
Form
Winner

Aarav K.

Junior School House Egg-stravaganza!

A few more photos from the many entries received





Infant School Charity

This year Infant School have chosen to support Guide Dogs as our charity.

School Council have organised an optional competition to find the best poster to be displayed around school. One winner will be chosen from each year : EYFS, Y1 and Y2.

Mrs Tyrrell can supply paper with a dog border if required and can offer a few ideas but it will be your own child's ideas. The poster can be coloured, painted or a collage, entirely as you wish!

Hopefully we will have a representative from the charity come into school after Easter to talk to the children.

Entries need to be handed to Mrs Tyrrell by Friday 19th April.

Many thanks.

Mrs Tyrrell



After Easter, our Marketing team will be undertaking some general day to day filming of short video clips to capture life at Nottingham High School. This content, which spans all years from EYFS to Sixth Form, will be featured in admissions recruitment videos promoted on our website and social media accounts.

Once we have the filming dates confirmed, we will send an email to all parents with more details. If you would prefer that your child not be photographed during the filming, you can opt out by replying to the email, which will be sent by our Marketing team.



Chess Mega finals Saturday 18th May

at

Nottingham High School

Full details could be found at:

<https://www.delanceyukschoolschesschallenge.com/product/2024-nottingham-megafinal/>

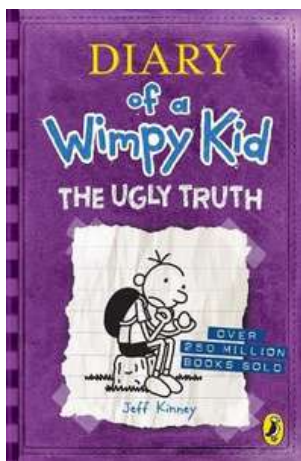
This is open to all but may be of particular interest to pupils who are in our chess clubs, including Y2's.



REVIEW

'Diary of a Wimpy Kid - the ugly truth' by Jeff Kinney

Reviewed by Grace J. (5A)

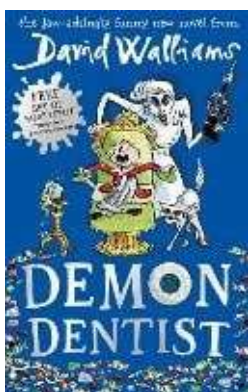


- **Who would love this book?** 8-14 year olds
- Grace would give 4/5 stars

Greg has a friend called Rowley and they're in middle school. They had this giant lock in and their phones got confiscated. Their parents tried to call and got no answer so they break in and take all the children home. Greg is looking for a new friend since he fell out with Rowley but everyone was annoying. They get into a safety patrol and their job is to walk children home but then Greg scares the children and blames it on Rowley

'Demon Dentist' by David Walliams

Reviewed by Aria B. (6C)



- **Who would love this book?** 8 - 12 years
- Aria would give 5/5 stars

Alfie was an eight year old boy who was an only child who lived with his very sick dad. He had been working in a coalmine for over 20 years. When the new dentist comes to Alfie's school, he meets Gabz - a very short girl who is a tomboy at heart - and they find out that the fishy Miss Root - the new dentist - was the tooth witch!



JS INGRAM CUP



This year we will be holding, our annual house music competition, the Ingram Cup, in the Summer term. I would like to encourage ALL pupils who learn a musical instrument, whether they learn in or out of school, to participate in this competition. Everyone who participates will earn valuable merits for their house, regardless of their level or ability.

During the 'Preliminary Heats', which will take place during the week beginning 22nd April, pupils will be adjudicated and ten pupils from each year will go through to the final, which will be held on Thursday 2nd May. Please encourage your child to talk to their teacher about what they might play for the Ingram Cup this year. I would stress that they should play something that they know well and that shows musicality rather than something that they are currently working on. Pupils who perform on anything other piano (including voice) need to provide named piano accompaniments/backing tracks to Mrs Kawalec as soon as possible and no later than Friday 19th April.

Prior to the heats, which will begin during the week beginning 22nd April 2024, sign-up sheets will be put up in the pupil entrances.

The final will take place on Friday 10th May. Pupils will be notified if they have been successful in gaining a place in the final by the end of the week beginning 22nd April 2024.

Please see further information by clicking on the link:

<https://nottinghamhigh.co.uk/wp-content/uploads/2024/02/Ingram-Cup-information-2024.pdf>

EASTER HOLIDAY CLUB

(Available Places Update)

£180.00 - Bookings via Wisepay
Tuesday 2nd to Friday 5th April



	EYFS	Y1	Y2	Y3	Y4	Y5	Y6
Places Available	1	5	0	6	1	4	7

INFANT AND JUNIOR SCHOOL OTHER ACHIEVEMENTS TO CELEBRATE



Dustin X. (RB) has achieved Distinction in his Grade 1 MTB Music Performance Violin Exam.



Harry S. (2W) has passed his latest taekwondo grading to blue tag (5th kup).



Edward L. (4C) & Alexander F. (4W) with their end of season trophies for rugby



Valentina Z. (2M) successfully passed her Modern Jazz Dance exam.



Aryaman G. (5A) has successfully obtained his brown and white belt grading in Jujitsu.



Zac K. (3G) was selected for the U9 Nottinghamshire County Tennis team and played in the National U9 County Cup v. Cambridgeshire, Leicestershire, Lincolnshire and Northamptonshire. They played some excellent tennis and came 2nd overall.



Kartar J. (RB), Amrit J. (5D) and Simrit (4C) have been running a mile a day for 27 days to raise awareness and money for a Downs syndrome charity. Mum has said all three children have raised over £500 and have really been focusing on their 'healthy and happy' strand of the roadmap. Mum was so proud of them and said regardless of the weather we have had the children doing their daily mile.



Exciting News!

Dive into a thrilling October Half-Term adventure with Let's Leap!

From Monday 21st October to Friday 1st November 2024 (two weeks!), our camp at Nottingham High School is the place to be from 8:00 am to 6:00 pm.

Our lineup includes a fantastic mix of activities to suit every interest. Highlights include Animal Shows, the rush of Electric Segway Go-karting, the skill of Fencing, and the team spirit of Zorb Football.

We've also got Archery, Inflatable Obstacle Courses, Kin Ball, and for those looking for some friendly competition, Nerf Tag. Plus, our Arts & Crafts sessions are perfect for sparking creativity.

Let's Leap is more than just childcare; it's a space where kids can thrive, learn, and build confidence. Our activities are designed to keep them engaged, active, and smiling all week long. We offer flexible attendance options to fit your schedule, including single-day or full-week bookings, with standard and extended day choices, complemented by sibling and weekly discounts.

Please complete our short survey to show an interest in the camp:

<https://docs.google.com/forms/d/e/1FAIpQLScBc7xDn08zVA3gfpGYDMzx5NYt1-2a6PnaFl9na5-alQGucg/viewform>



GENERAL NEWS

Dear Parents/ Guardians,

We are excited to announce that this Easter, you can join us for an awesome Tech Camp. With lots of exciting activities from programming challenges, Robot Coding, Minecraft Engineering, DJ mixing and LEGO Engineering! 🤖

We are running on 8th – 12th April at Nottingham High School, NG7 4ED from 9 am to 4 pm each day.

Our aim is to inspire, engage and empower the next generation of creators, coders, and inventors. We have put together an action-packed Activity Schedule with something for every child to extend their learning in a fun and unique way using the latest and greatest tech. Activities include:

- 🤖 ROCKING ROBOTICS - Meet our robots and learn visual coding and programming skills that make them come to life!
- 🚀 INGENIOUS INVENTIONS- Create electronic wonders, while exploring the world of circuits and invention with so many possibilities to explore.
- 🎨 3D CREATIONS - Unlock your inner Tech Artist and create mesmerising three-dimensional creations, letting your imagination soar!
- 📷 MEDIA MADNESS - Enthusiastic directors, actors, and content creators will delve into the captivating realms of photography and filmmaking.
- ⭐ MINECRAFT ENGINEERING - As a Minecraft engineer, you can build incredible structures, create ingenious Redstone contraptions, and bring your wildest dreams to life.

All staff are DBS Checked and qualified to run the greatest sessions in the safest environment. For more information check out our flyer attach or visit our website below.

Our camps cater to ages 5-11. Spaces are limited, so don't miss out and book online today, simply visit: <https://www.nextthing.education/product/nottingham-high-school-easter-camp/>

We look forward to seeing you at camp! 🤖
Next Thing Education Camps Ltd.

NEXT THING EDUCATION CAMPS PRESENTS

Easter 2024

TECH HOLIDAY CAMP

NOTTINGHAM HIGH SCHOOL

Waverley Mt, Nottingham NG7 4ED
Ages 5 -11, 9 am -4 pm

www.nextthing.education

NEXT THING EDUCATION CAMPS PRESENTS

EASTER CAMPS 2024
NOTTINGHAM HIGH SCHOOL

Coding & Robots | Circuitry & Inventions | Creative Technology | STEM Engineering | Tech Fun

Movie Making | Video Game Design | Robot Coding | STEM Experiments | Engineering

LIMITED SPACES AVAILABLE
8th - 12th April 2024

"Wonderful Time"

"Our son had a wonderful time at Tech Camp, he was so proud of the song he made and mixed together himself and couldn't wait to play it for us when we collected him."

★★★★★

How to book

STEP 1
VISIT OUR WEBSITE OR SCAN THE QR CODE BELOW

STEP 2
FIND YOUR NEAREST CAMP

STEP 3
ES OFF IF YOU BOOK BY 15 MARCH WITH CODE BELOW

BOOK NOW AT
www.nextthing.education

T: 01442 873150 E: info@nextthing.education

Easter holiday fun for families!

Do you want to be a dog's best friend?

Join us for a free, fun family workshop to learn all about staying safe around dogs and keeping our four-pawed friends happy and healthy!



This workshop is for children aged 7-11 with an accompanying adult



Toton Library, NG9 6GA



Wednesday 3rd April 2024 11am—12 noon

The workshop includes dog themed activities, games and role play, and a story.

Book with library staff, or email alison.jacques@dogstrust.org.uk

Booking is essential.

*Please note the session does include a plush dog, but no real dogs will attend this event.

learnwithdogstrust.org.uk

A dog is for life®

©Dogs Trust 2023 Registered charity numbers: 227523 & SCO37843



Stapleford Library, NG9 8GA



Tuesday 2nd April 2024 11am—12 noon

The workshop includes dog themed activities, games and role play, and a story.

Book with library staff, or email alison.jacques@dogstrust.org.uk

Booking is essential.

*Please note the session does include a plush dog, but no real dogs will attend this event.

learnwithdogstrust.org.uk

A dog is for life®

©Dogs Trust 2023 Registered charity numbers: 227523 & SCO37843



PHYSIO SESSIONS

We're happy to announce the start of Physio sessions as part of the wider range of services the Centre offers to both students and parents.

Run by experienced physiotherapist Alex Lamb from Coach House Physio, sessions will take place between 1pm and 5pm on Wednesdays. Students will be able to attend sessions during lesson time or after school, with parental permission. Please note that parents must be able to attend these sessions in person alongside their child (including those over the age of 18).

Each 40-minute session, which will include assessment and treatment, costs £45. Mr Lamb also works with private health insurance providers.

Parents and staff are also welcome to use this service at the same rate of £45 per 40-minute session. If these sessions take place after 4pm, parents are welcome to keep children in our wrap-around care until the end of your appointment. All appointments can be booked in advance via this form. If you have any questions about this service, please contact the Wellbeing Centre Administrator, Dan Scott, at scott.d@nottinghamhigh.co.uk.

FIRST NIGHT FREE

Electric Jive



Every Thursday

Want a great night out?
More fun than the gym!

For more information

07730 269 969

BEGINNERS WELCOME

NO PARTNER REQUIRED!

EASY TO PICK UP

FOR ALL AGES 18-80

www.electricjive.co.uk

FIRST SESSION - THURSDAY 7TH MARCH

Player Hall - Nottingham High School - NG1 4HH

Little Wickets

"Championing Teamwork, Fair Play & Fun, Creating Team Players for Life"

EASTER HOLIDAY CAMP



Full Day

£35

Half Day

£20

3 Days

£95

Softball Cricket Camp for Boys & Girls Reception - Year 6

Our camp:

- ✓ Cricket skills and games
- ✓ Fair play & teamwork
- ✓ Spirit of Cricket
- ✓ Lots of FUN!!
- ✓ ECB Qualified Coaches
- ✓ Batting, Bowling & Fielding
- ✓ Make new friends
- ✓ Skill development

10% DISCOUNT FOR YOUNGER SIBLINGS & TWINS (BOOK VIA EMAIL)



Date

8th - 10th April



Time

8:30am - 3:30pm
(pick up by 4pm)



RUSHCLIFFE SPENCER ACADEMY, BOUNDARY ROAD, WEST BRIDGFORD, NG2 7BW



www.littlewickets.com



info@littlewickets.com



0115 671 0565

The Merle

Keep up to date with The Merle (Senior School Newsletter) [here](#)

M M R
MEASLES MUMPS RUBELLA

Measles is circulating, it is serious, very infectious and can cause complications.

Especially for those with a weakened immune system, babies under one year and pregnant women.

You need two doses of MMR vaccine to protect you, see your GP practice to make an appointment.

It is never too late to have your MMR.

immunisation
the safest way to protect your child



The UK Health Security Agency (UKHSA) has declared a national measles incident

Measles is an infection that spreads very easily and can cause serious problems in some people.

Cold-like symptoms

The first symptoms of measles include:

- a high temperature
- a runny or blocked nose
- sneezing
- a cough
- red, sore, watery eyes

More info here

<https://www.nhs.uk/conditions/measles/>

[National Measles Guidelines](#)

[MMR Vaccine Info](#)